



## Dry Pancakes (min. 400 g)

*we serve with a choice of sauce*

1. Cheese min. 350 g <i>Vege</i>	15,5 zł	14. Mexican (spicy)	27 zł
2. White cheese, onion, potatoe, sauce <i>Vege</i> / crackling	19,5 zł/21 zł	15. Chicken shoarma, spinach	25 zł
3. Spinach, cheese, fried egg <i>Vege</i>	21,5 zł	16. Pulled beef, cream cheese, jalapenos, onion	33,5 zł
4. Mushrooms with cheese and ham	21,5 zł	17. Baked salmon, feta cheese, spinach, olives	33,5 zł
5. Dried tomatoes, mozzarella, spinach <i>Vege</i>	23,5 zł	18. Chicken, dried tomatoes, mozzarella, red pesto	29,5 zł
6. Chicken, mozzarella, pineapple, onion, tomatoe, herbs	25,5 zł	19. Four kinds of cheese <i>Vege</i>	28,5 zł
7. Burrito (pulled pork, beans, corn, cheese, tomato salsa) <i>new</i>	30,5 zł	20. Chicken, camembert, cranberry	29,5 zł
8. Mushrooms, salami pepperoni, ham, cheese, ketchup	25,5 zł	21. Mozzarella, roasted tomato, basil pesto, arugula <i>Vege new</i>	25 zł
9. Chicken shoarma, cheese	26 zł	22. Chicken red curry, coconut milk, chives	26,5 zł
10. Pulled pork, cheese, herbs	27,5 zł	23. Pulled beef, mayonnaise, iceberg lettuce, cheddar, onion	33,5 zł
11. Kebab, onion, cabbage, sauces	27 zł	24. Chicken, basil pesto, arugula, cheddar	29,5 zł
12. Kebab red curry, onion, cabbage, sauces	27 zł	25. Baked salmon, cream cheese, onion, dill	33,5 zł
13. Mozzarella, tomato, olives, salami pepperoni	25,5 zł	26. Chicken, zucchini, garlic, onion, dill, cream <i>new</i>	27 zł

## Baked Pancakes (min. 450g)

*with cheese*

1. Pancake lasagne with white and tomato sauce	27,5 zł
2. Salmon with spinach and cheese sauce <i>new</i>	32,5 zł
3. Ricotta with spinach in tomato sauce <i>Vege</i>	28 zł
4. Pulled pork, corn, chives and cheddar	31,5 zł

## Pancakes Tortillas (min. 400 g)

*iceberg lettuce, tomatoes, red onion, olive oil with basil pesto*

1. Crispy chicken, cesare sauce, cheese	30,5 zł
2. Pulled pork, BBQ sauce, cheese	31,5 zł
3. Crispy shrimps, cesare sauce, cheese	35 zł
4. Baked salmon, cesare sauce, cheese	34 zł

## Buckwheat Pancakes (min. 450 g)

*batter with buckwheat flour, may contain traces of gluten*

1. Spinach, cheese, fried egg <i>Vege</i>	23 zł
2. Dried tomatoes, mozzarella, spinach <i>Vege</i>	24,5 zł
3. Baked salmon, cream cheese, onion, dill	34,5 zł
4. Chicken, zucchini, garlic, onion, dill, cream <i>new</i>	28,5 zł
5. Pulled pork, cheese, herbs	28,5 zł

## Tagliatelle Pancakes (min. 400 g)

*pancake ribbons*

1. Carbonara with bacon, spinach and red onion	26,5 zł
2. Burrata, basil pesto, roasted tomato, grana padano cheese	31,5 zł
3. Grilled salmon, spinach, cream	36 zł
4. Chicken, zucchini, garlic, onion, dill, cream <i>new</i>	29,5 zł
5. Shrimps, basil pesto, roasted tomato, grana padano cheese	36,5 zł

## Salads (min. 300 g)

*Serve with bread and garlic butter*

1. Baked potato with garlic cream cheese and vegetables	25,5 zł
2. Cesare salad with roasted chicken	28,5 zł
3. Cesare salad with crispy chicken	29,5 zł
4. Salads with shrimps, vegetables and mango sauce	36,5 zł
5. Salads with grilled salmon, honey mustard sauce	36 zł
6. Cesare salad with crispy shrimps	36,5 zł
7. Crispy chicken with vegetables	30,5 zł
8. Burrata, spinach, cherry tomatoes, grapes, hazelnuts <i>new</i>	29,5 zł

## Soups (min. 300 ml)

*Serve the crispy roller with garlic sauce*

1. Beetroot soup (250ml) <i>Vege</i>	9 zł
2. Chicken broth with pancake noodles and carrot	13,5 zł
3. Zucchini cream soup/Tomato cream soup, sour cream	14,5 zł
4. Cold borsch with egg <i>Vege</i>	14,5 zł
5. Sour rye cream with white sausage and egg	19,5 zł
6. Spicy soup with salmon, vegetables and coriander	20,5 zł
7. Beetroot soup, crispy roller with cabbage, mushrooms, onion <i>Vege</i>	27,5 zł
8. Beetroot soup, crispy roller with pulled pork, cheese, herbs	30,5 zł

**Warm sauce (50g): tomatoes (light or spicy), cheese sauce**

**Cold sauce (50g): habanero mayo (spicy), garlic, thousand, yogurt-dill, honey-mustard, sweet-sour**

### Additional ingredients for dry pancakes:

corn(50g), salami(25g), ham(80g), spinach(100g), jalapenos(30g), additional salad(80g) – 4 zł  
arugula(20g), olives(50g), mushrooms(80g), crackling(50g), spinach leaves(30g), tomato(80g), fried egg(50g) – 4,5 zł  
cheese(120g), camembert(90g), blue cheese(50g), mozzarella(120g), cheddar(50g), dried tomatoes(50g) – 5 zł  
possible bake – 4,5 zł      additional sauce – 2,5 zł      wrap – 2 zł      bag – 3 zł



Suggestions and opinions should be directed to [www.manekin.pl/opole/plac-wolnosc](http://www.manekin.pl/opole/plac-wolnosc). Thank you.

**We invite you for breakfast every day from 9.00 to 11.00.**



## Sweet Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 6 zł

1. Caster sugar min. 120g 11,5 zł
2. Strawberry or blueberry jam, sour cream min. 250g 15,5 zł
3. White cheese with vanilla 16,5 zł
4. White cheese with vanilla and raspberries 18,5 zł
5. Manekinella nutty-chocolate or Nutella, sauce 20,5 zł/19,5 zł
6. Manekinella nutty-chocolate, banana, whipped cream, sauce 23,5 zł
7. Forest fruits (raspberry, blueberry, strawberry), sauce 22 zł
8. Nutella, banana, whipped cream, sauce 22,5 zł
9. Raffaello, sour cream 26 zł  
(white chocolate, almonds, mascarpone, coconut)

## Chocolate Pancakes (min. 300 g)

sweet pancake batter with cocoa

1. Mascarpone, seasonal fruits, white chocolate, strawberry sorbet, sour cream 26 zł
2. Ricotta, white chocolate, raspberry, chocolate ice cream, pomegranate, sour cream 25,5 zł
3. Kinder Bueno, mascarpone, Manekinella nutty-chocolate, seasonal fruits, sauce 26,5 zł
4. Ricotta, blueberries, white chocolate, biscuits, sauce *new* 25,5 zł
5. Oreo, Milka chocolate, mascarpone, sauce 24 zł
6. Ferrero, chocolate sauce 27 zł  
(white chocolate, Nutella, mascarpone, hazelnuts)

**Sauces(30g): raspberry, cherry, chocolate, strawberry, toffee, mango, sour cream, blueberry**

### Additional ingredients for sweet pancakes:

mint (10g), banana (80g), coconut shrimps (10g), almonds (15g), hazelnuts (15g), peanuts (15g), biscuits (40g)

blueberry(80g), cranberry(80g), raspberry(80g), strawberry(80g), cherries (80g), forest fruits (80g), white chocolate (50g), white cheese(100g) – 4,5 zł  
additional sauce – 2,5 zł **Manekinella or Nutella (60g) – 5,5 zł**

## American Pancakes (min. 300g)

serving of ice cream(50g) or whipped cream(50g) – 6 zł

1. Raspberry, chocolate sauce and sour cream 22,5 zł
2. Nutella, chocolate M&M's and sour cream 26,5 zł
3. Maxi King, mascarpone, peanuts, ice cream 28,5 zł

## American chocolate Pancakes (min. 300g)

with milk chocolate pieces

1. Mascarpone, seasonal fruit, white chocolate, strawberry sorbet 27,5 zł
2. Manekinella, cherries, white chocolate, chocolate ice cream 26,5 zł
3. Kinder Bueno, mascarpone, forest fruits, sour cream 28,5 zł

PRAWDZIWE  
LÖDY

## Our Desserts

1. Apple-pie with scoop of vanilla ice cream min. 350 g 18,5 zł
2. Maxi King tart min. 200 g 16,5 zł
3. Meringue with pistachio cream and fruit min. 150g 18,5 zł
4. Mango-passion fruit tart min. 200g *new* 16,5 zł
5. Vanilla ice cream with hot raspberries min. 250 g 17,5 zł
6. Ice cream with seasonal fruits or nuts min. 300g 21,5 zł

PRAWDZIWE  
LÖDY

## Our Drinks

1. Lemonade with lemon and mint 0,3l 8 zł
2. Lemonade with lemon and mint 0,5l 9,5 zł
3. Yogurt, fruit cocktail 0,2l 9,5 zł
4. Fresh carrot or apple juice 0,2l 10,5 zł
5. Fresh orange or grapefruit juice 0,2l 13,5 zł
6. Ice coffee with whipped cream and vanilla ice cream 0,4l 15,5 zł



## Warm Drink

1. Tea with lemon 250 ml 7,5 zł
2. Espresso 40 ml, Espresso macchiato 50 ml 8 zł
3. Espresso affogato 40 ml (with vanilla ice cream) 10,5 zł
4. Cafe 150 ml 8,5 zł
5. Cafe o'le 150 ml 9 zł
6. Cappuccino \* 150 ml 10,5 zł
7. Cafe latte 200 ml, Latte macchiato \* 200 ml 12,5 zł
8. Milk 200 ml, Cocoa 200 ml 7 zł / 7,5 zł

\* syrup flavors: chocolate cookie, caramel, french vanilla, roasted hazelnuts

BRAZIL GUAXUPE



## Cold Drink



1. Sparkling water/Still water 0,3l/0,5l 5,5 zł / 6,5 zł
2. Krystaliczne Źródło sparkling/still 0,3l 7 zł
3. Pepsi, Pepsi max, 7-up free, Mirinda free, 0,3l/0,45l 8 zł / 9,5 zł
4. Lipton Ice Tea lemon 0,3l/0,45l 8 zł / 9,5 zł
5. Pepsi max Mango, Tonic Schweppes 0,5l 11,5 zł
6. Orange, grapefruit, apple, black currant, tomato 0,3l 7,5 zł
7. Aloe 0,3l/0,5l 9,5 zł / 12 zł
8. Mountain Dew 0,5l 12,5 zł
9. Rockstar Pepsi ENERGY DRINK 0,25l 12,5 zł



## Beer barrel

1. Perła Export 0,3l/0,5l/1,5l 9 zł/11 zł/31 zł
2. Zwierzyniec Witbier 0,3l/0,5l 11 zł/12 zł/34 zł
3. Bomb beer 0,5l (Manekinówka 40 ml) 19,5 zł
4. Mojito Beer 0,5l 13,5 zł
5. Banana beer or grapefruit beer 0,5l 13,5 zł

### botteled

1. Perła Export, Perła Hop, Perła Honey 0,5l 13 zł
2. Perła Koźlak, Perła Porter, Zwierzyniec 0,33l 12 zł
3. Alcohol Free Beer 0,5l 13 zł
4. Non-alcoholic banana or grapefruit beer 0,5l 14 zł

## Manekinówka

1. Manekin Bomb 18% (40 ml) 9,5 zł
2. Manekinówka Lemon 18% (100 ml) 19,5 zł
3. Manekinówka Cherry 18% (100 ml) 19,5 zł
4. Manekinówka Quince 18% (100 ml) 19,5 zł



## House Wine

Italy – dry: white (Trebiano-Cataratto); red (Sangiovese-Merlot)

1. Glass 125ml 10,5 zł
2. Carafe 250ml 19,5 zł
3. Bottle 750ml 52 zł

## Wine selection Manekin

glass 125ml or bottle 750ml/1000ml

1. Santa Messa, Italy, sweet, white or red 12,5 zł/89 zł
2. Losar, Spain, semi sweet, white or red 12 zł/62 zł
3. Primitivo Rocca Antica, Italy, dry, red 16 zł/86 zł
4. Le Petite Gargotte, semi dry – white, rose, red 15 zł/79 zł



## Martini

1. Martini Fiero & Tonic (200 ml) 21,5 zł
2. Martini Bianco & Tonic (200 ml) 21,5 zł
3. Martini Rosso & Tonic (200 ml) 21,5 zł
4. Frozen prosecco with lemonade and raspberries (200 ml) 21,5 zł

