



Savoury Crepes (min. 400g)

serve with sauce

1. Cheese min. <i>Vege</i> 350g	17 zł	14. Gyros - chicken, salad cheese, corn, tomato, onion, lettuce	31 zł
2. Cottage cheese, potato, onion <i>Vege</i> /bacon lardons	21/22 zł	15. Shrimps, camembert, zucchini, homemade pesto <i>new</i>	35,5 zł
3. Mushrooms, cheese, ham	23,5 zł	16. Mexican (<i>spicy</i>) – chicken, beans, sweet corn, chili, onion, red pepper	31 zł
4. Hummus, baked beetroots, sunflower seeds and spinach leaves <i>Vege</i>	24 zł	17. Chicken shawarma, shrimps, cheese, chili, parsley (<i>spicy</i>)	35,5 zł
5. Mozzarella, baked tomatoes, homemade pesto <i>Vege new</i>	23,5 zł	18. Mozzarella, tomatoes, olives, homemade pesto, arugula <i>Vege</i>	27 zł
6. Basil chicken, tomato, blue cheese, spinach leaves	29,5 zł	19. Shrimps, cheddar, tomatoes, chives	35,5 zł
7. Burrito (<i>spicy</i>) - minced meat, salsa, beans, chili, corn, pepper, cheese, spicy tomato sauce, sour cream	30,5 zł	20. Chicken, mango, ginger, peppers, coriander, chives (<i>spicy new</i>)	29 zł
8. Roasted salmon, blue cheese, cream cheese, dill	35,5 zł	21. Roasted salmon, spinach, cream cheese, onion	35,5 zł
9. Chicken, spinach, green onion, sour cream, chives	31,5 zł	22. Spanish - mozzarella, chorizo sausage, almonds, dried tomatoes, parsley	29 zł
10. Pulled pork, cheese, herbs	30 zł	23. Pulled beef, cheddar cheese, lettuce, mustard sauce, onion	35,5 zł
11. Chicken kebab - cabbage, pickles, onion, garlic and thousand island sauce	29,5 zł	24. Crispy shrimps, caesar sauce, cheese <i>new</i>	36 zł
12. Chicken shawarma, cheese, onion	28,5 zł	25. Crispy chicken, caesar sauce, cheese	30,5 zł
13. Minced meat (bolognese), cheese	26 zł		

Chickpeas Crepes (min. 400g)

crepes dough based on chickpeas flour and oat milk

1. Mozzarella, dried tomatoes, spinach leaves <i>Vege</i>	26 zł	1. Shrimps, camembert, zucchini, homemade pesto <i>new</i>	36 zł
2. Burrito (<i>spicy</i>) - minced meat, salsa, beans, chili, corn, pepper, cheese	32 zł	2. Hummus, baked beetroots, sunflower seeds and spinach leaves <i>Vege</i>	25,5 zł
3. Chicken, mango, ginger, peppers, coriander, chives (<i>spicy new</i>)	30,5 zł	3. Mozzarella, baked tomatoes, homemade pesto <i>Vege new</i>	25 zł

Green Crepes (min. 400g)

without eggs, with oat milk

Baked Crepes (min. 450g)

with sauce and cheese

1. Lasagne made of crepe with meat, tomato sauce	30 zł	1. Carbonara with bacon, spinach and red onion	29,5 zł
2. Spinach, salad cheese, cheddar, tomato sauce <i>Vege new</i>	27,5 zł	2. Pad Thai with shrimp and chili (<i>spicy</i>)	36 zł
3. Pulled beef, cheddar, corn, pepper, roasted panko, cheese sauce, chives	36 zł	3. Grilled salmon with spinach and cream	36,5 zł
4. Roasted salmon, blue cheese, cream cheese, dill, cheese sauce	35,5 zł	4. Chicken, spinach, green onion, sour cream, chives	31,5 zł
		5. Shrimps/Burrata, homemade pesto, baked tomatoes, corregio cheese <i>new</i>	36 zł
		6. Pad Thai with chicken and chili (<i>spicy</i>)	34 zł

Salads (min. 350g)

(served with bread and garlic (except position 1))

1. Baked potato with garlic cheese and vegetables <i>Vege</i>	25 zł	1. Borscht (beetroot soup) <i>Vege</i> min. 250ml	9 zł
2. Caesar with grilled/crispy chicken	32 zł	2. Chicken soup with noodle crepes and parsley	13 zł
3. Salad with grilled salmon, honey – mustard sauce	36 zł	3. Polish Żurek in bread bowl with eggs and sausage	19,5 zł
4. Salad with grilled/crispy chicken and vegetables	32 zł	4. Tomato cream <i>Vege</i>	13,5 zł
5. Caesar with crispy shrimps <i>new</i>	36 zł	5. Spicy soup with salmon, vegetables and coriander	19,5 zł
6. Salad with burrata, cherry tomatoes, homemade pesto <i>new</i>	33 zł	6. Cold soup with eggs/cold soup with cucumber and avocado <i>new</i>	13/15,5 zł

Soups (min. 300ml)

Warm sauces (50g): light tomato, spicy tomato, cheese

Cold sauces (50g): habanero mayo (spicy), garlic, thousand island, dill and yoghurt, sweet and sour chili

Additional ingredients only for the crepes':

red onion, eggs, corn (30g), mushrooms (50g) – 4 zł

tomato, olives, spinach, spinach leaves, ham (50g) – 5 zł

jalapeno, dried tomatoes (20g), blue cheese, mozzarella, cheese (100g), arugula (50g) – 6 zł

possibility of baking – 5,5 zł dough swap – 3 zł extra sauce – 3 zł

takeaway box – 3 zł

paper bag – 3,5 zł



Dear Customers, the list of the allergens and ingredients you can find in our service

The menu card is valid from 25/04/2024

Suggestions and opinions should be directed to: www.manekin.pl/79/gdynia Tel. +48 603631466/58 620 41 03



Chocolate Crepes (min. 300g)

sweet dough with coca

1. Mascarpone, white chocolate, berry jam, sauce 23 zł
2. Milka chocolate, Oreo cookies, mascarpone, sauce 24,5 zł
3. Ferrero - mascarpone, Nutella, hazelnuts, white chocolate, sauce 26,5 zł
4. Seasonal fruits, white chocolate, mascarpone, sorbet, sauce 25,5 zł
5. White Michałki with raspberries, sauce 26,5 zł
6. Kinder Bueno - Nutella/Manekinella, mascarpone, fruits, sauce 27 zł
7. Meringue, mascarpone, seasonal fruits, sauce 25 zł

Sweet Crepes (min. 300g)

scoop of ice cream (50ml) or whipped cream (50ml) - 6 zł

1. Powdered sugar min. 120g 10 zł
2. Jam of your choice - strawberry or berry, sauce min. 250g 15 zł
3. Nutella/Manekinella, banana, whipped cream, sauce 20,5 zł
4. White cheese with a hint of vanilla, sauce 19 zł
5. Raffaello - mascarpone, coconut shreds, white chocolate, sauce 26 zł
6. Mascarpone, pistachio Manekinella, seasonal fruits **new** 30,5 zł
7. White cheese with a hint of vanilla, strawberry jam and whipped cream, sauce 24 zł

Pancakes (min. 400g)

scoop of ice cream (50ml) or whipped cream (50ml) - 6 zł

1. Nutella/Manekinella, M&M's with hazelnuts, creamy sauce 26,5 zł
2. Pistachio Manekinella, seasonal fruits, creamy sauce **new** 30,5 zł
3. Kinder Bueno - Nutella/Manekinella, mascarpone, fruits, sauce 27,5 zł

Pancakes with chocolate (min. 400g)

with pieces of milk chocolate

1. Nut Manekinella, creamy sauce, peanuts in caramel, ice cream 27 zł
2. Maxi King, mascarpone, peanuts, ice cream 28 zł
3. Seasonal fruits, mascarpone, strawberry sorbet 27,5 zł

Sauces (50g): cherry, strawberry, chocolate, toffee, creamy, mango

Additional ingredients:

extra sauce - 3 zł banana (80g), hazelnuts (15g) - 4 zł mascarpone (100g) - 5,5 zł cherries, berries (80g), whipped cream (50g) - 6 zł
scoop of ice cream (50g) - 6 zł Manekinella or Nutella (60g) - 5 zł Manekinella nutty-chocolate (jar 200g.) - 16 zł Manekinella Pistachio - 25 zł

PRAWDZIWE
LÖDY

Homemade Desserts

1. Apple pie with ice cream and whipped cream min. 350g 18,5 zł
2. Mango-passionfruit tart, seasonal fruits min. 200g **new** 17 zł
3. Ice cream (3 scoops) with seasonal fruits and whipped cream min 350g 24 zł
4. Ferrero Tart min. 200g 19,5 zł
5. Meringue with pistachio cream and seasonal fruits min. 150g 19 zł

PRAWDZIWE
LÖDY

Homemade Drinks

1. Homemade lemonade with citrus/with fruit 0,45l 12/13 zł
2. Fresh smoothie with sorbet 0,3l 14,5 zł
3. Fresh juice of apples or carrots/mix 0,25l 13 zł
4. Fresh juice of grapefruit or orange/mix 0,25l 15,5 zł
5. Iced coffee with whipped cream and syrup to choose from 0,4l 15 zł



Hot Drinks

BRAZIL GUAXUPE

1. Tea with lemon black, earl grey, mint, green 300ml 8 zł
2. Tea with lemon 300ml with Bomb (Manekinówka 40ml) 14,5 zł
3. Cappuccino * 200ml 11 zł
4. Espresso/Espresso macchiato 40ml 8,5/9 zł
5. Black coffe/White coffee 150ml 9/9,5 zł
6. Latte macchiato /Flat White * 200ml 14/15 zł
7. Cocoa/Milk 300ml 7,5 zł

- syrups: vanilla, nut, caramel, chocolate, salted caramel
- lactose - free milk + 2 zł; plant milk + 2,5 zł; additional syrups + 2 zł



Cold Drinks



1. Water sparkling/still 0,3l/0,5l 6/7 zł
2. Water Krystaliczne Źródło sparkling/still bottle 0,3l 8 zł
3. Pepsi, Pepsi max, 7up Free, Mirinda Free 0,3l/0,45l 10,5/11,5 zł
4. Mountain Dew, Tonic 0,5l 12,5 zł
5. Orange, apple, grapefruit juice 0,3l 9 zł
6. Lipton Ice Tea Green 0,3l/0,45l 10,5/11,5 zł
7. Aloe 0,3l 11 zł
8. Rockstar ENERGY DRINK 0,25l 11,5 zł

Nitro Cold Brew

cold macerated coffe

1. Nitro Cold Brew with tonic 250ml 12,5 zł
2. Nitro Cold Brew with milk 250ml 12,5 zł
1. Nitro Cold Brew with Amaretto syrup 250ml 12,5 zł
2. Nitro Cold Brew with orange juice 250ml 12,5 zł



Draft Beer

BROWAR
100%
ZWIERZYNIĘC

1. Perła Export 0,3l/0,5l/1,5l 11,5/12,5/29 zł
2. Zwierzyniec Witbier 0,3l/0,5l 12/14 zł
3. Perła non-alcoholic 0,3l/0,5l 11,5/12,5 zł
4. Mojito beer/alcohol free 0,5l 14 zł
5. Perła Export 0,5l with Bomb (Manekinówka 40ml) 19,5 zł
6. Grapefruit or passion fruit beer/alcohol free 0,5l 14 zł

Bottled beer

1. Bytów Regional flavoured beer/Wheat beer 0,5l 15 zł
2. Perła Export/Chmielowa/Honey beer 0,5l 14 zł
3. Perła Porter 0,33l 11 zł

Manekinówka

1. Manekinówka Lemon 18% 100ml 19,5 zł
2. Manekinówka Cherry 18% 100ml 19,5 zł
3. Manekinówka Quince 18% 100ml 19,5 zł
4. Manekinówka Bomb 18% 40ml 8,5 zł



Manekin house wine

Italy - dry; white (Trebiano-Cataratto); red (Sangiovese - Merlot)

1. Glass 125ml 11 zł
2. Carafe 250ml 19 zł
3. Bottle 750ml 57 zł
4. White wine with aloe vera and lime 200ml 19 zł

Wine selection Manekin

glass 125ml / bottle 750ml

1. Losar Spain, semi - sweet 12/59 zł
2. La Petite Gargotte French, half-dry, white, pink, red 14,5/76 zł



Martini

1. Martini Fiero & Tonic/7-up free 200ml 22,5 zł
2. Martini Bianco/Rosso & Tonic/ 7-up free 200ml 22,5 zł
3. Prosecco 125ml/750ml 19/73 zł
4. Prosecco sorbet with lemonade and raspberries 200ml 23,5 zł

