



Savory Crêpes min. 400 g

Served with chosen sauce

1. Hard cheese (350 g) <i>Vege</i>	17,5 zł	13. Chickpea paste, tomatoes, spinach, argula <i>Vege new</i>	22 zł
2. Cottage cheese, potatoes, onion <i>Vege</i> / pork rinds	18,5 zł / 20 zł	14. Chicken shoarma, hard cheese, onion	28 zł
3. Olives, tomatoes, mozzarella, homemade pesto, argula <i>Vege</i> (350g)	22 zł	15. Mexican – chicken and vegetables (spicy)	24,5 zł
4. Chicken, mango, ginger, peppers. Coriander (spicy) <i>new</i>	20,5 zł	16. Cream cheese, roasted salmon, spinach, onion, dill	35 zł
5. Mushrooms, hard cheese, ham, salami, ketchup	25 zł	17. Cod, spinach, camembert, homemade pasta <i>new</i>	27,5 zł
6. Roast chicken, blue cheese, mushrooms, BBQ sauce	26,5 zł	18. Pulled beef, cream cheese, spinach	
7. Chicken with mustard, hard cheese, pickles, onion, chives	25 zł	currant jam	34,5 zł
8. Chicken, boiled spinach, hard cheese, onion	26 zł	19. Roast chicken, homemade pesto, mozzarella, tomatoes	28 zł
9. Burrito – ground meat, salsa, beans, chilli, corn, paprica		20. Pulled beef, mayo sauce, lettuce, cheddar, onion	35 zł
hard cheese, spicy sauce, sour cream (spicy)	28,5 zł	21. Roast salmon, boiled spinach, camembert	35,5 zł
10. Pulled pork, hard cheese, herbs	27,5 zł	22. Chicken, spinach, green onion, cream	31 zł
11. Kebab - chicken, cabbage, cucumber, onion, sauces	26,5 zł	23. Quattro cheese – hard cheese, camembert, blue cheese, cheddar	28,5 zł
12. Mozzarella, salami, jalapeno (spicy) <i>new</i>	24 zł	24. Cod, spinach, blue cheese, dried tomatoes	28 zł

Chickpeas Crêpes min. 400 g

Pancake batter based on chickpeas flour and coconut milk

1. Chickpea paste, tomatoes, spinach, argula <i>Vege new</i>	23 zł	1. Olives, tomatoes, mozzarella, homemade pasta, argula <i>Vege</i>	23 zł
2. Cheddar, mushrooms, chives <i>Vege</i>	23,5 zł	2. Cod, spinach, blue cheese, dried tomatoes	29 zł
3. Cream cheese, roasted salmon, spinach		3. Chicken, spinach, green onion, cream	32 zł
onion, dill	35,5 zł	4. Roast chicken, homemade pesto, mozzarella, tomatoes	28,5 zł
4. Beetroot, chickpea paste, sunflower, argula <i>Vege new</i>	25 zł		

Green Crêpes min. 400 g

Pancakes batter based on oat milk and herbs, without eggs and regular flaveor

Tortilla Crêpes min. 400 g

Lettuce, tomatoes, red onion, vinegrette

1. Crispy chicken, cesare sauce, vegetables, hard cheese	28 zł	1. Lasagne bolognese	28,5 zł
2. Roasted salmon, cesare sauce, vegetables, hard cheese	35,5 zł	2. Mexican – chicken and vegetables, olives (spicy)	25,5 zł
3. Pulled pork, vegetables, hard cheese, BBQ	29 zł	3. Pulled beef, cheddar, corn, cheese sauce	35,5 zł
4. Gyros – chicken, salad cheese, corn, tomatoes, lettuce	28 zł	4. Cod roasted on a spinach with cheese sauce	27 zł

Baked Crêpes min. 400 g

With sauces and cheese

Tagliatelle min. 400 g

pancake fettucini

1. Taste of Tuscany – dried tomatoes, red onion		4. Sun-dried tomatoes pesto, chicken, arugula, corregio cheese	27,5 zł
piri-piri, argula, creamy (spicy) <i>Vege</i>	23,5 zł	5. Chicken, yellow curry, pomegarante, coconut milk, chives (spicy)	27,5 zł
2. Grilled salmon with spinach and cream	35,5 zł	6. Pad Thai with shrimps and chilli	34 zł
3. Chicken, spinach, green onion, cream	30 zł	7. Carbonara with red onion and spinach leaves	27 zł

Salads min. 350 g

We served selected salads with bread and garlic butter

1. Salads with grilled vegetables and homemade pasta <i>Vege new</i>	23 zł	1. Beetroot soup (200 ml) <i>Vege</i>	9,5 zł
2. Ceasar salad with grilled chicken	26,5 zł	2. Chicken soup with pancake fettucini	12 zł
3. Mixed salads with grilled salmon, honey-mustard sauce	35,5 zł	3. Sour rye soup with egg and white sausage served in bread	18,5 zł
4. Mixed salads with shrimps fried in garlic butter with chilli	33 zł	4. Soup with cream served cold <i>Vege</i>	13,5 zł
5. Manekin bowl with baked salmon and egg <i>new</i>	31,5 zł	5. Zucchini soup with homemade pasta <i>Vege new</i>	13,5 zł
6. Crispy chicken with vegetables	27,5 zł		

Soup min. 300 ml

Hot sauces (50g): spicy tomato sauce, mild tomato sauce, cheesy sauce

Cold sauces (50g): jalapeno sauce, garlic sauce, thousand island dressing, honey-mustard sauce, dill-yoghurt sauce

Additional ingredients for savory pancakes :

ham (80g), jalapeno (30g), extra bread, onion(30g), egg, papric (30g), pickles (30g) corn (50) – 3 zł
mushrooms(80g), pork rinds (50g), tomatoes (80g), spinach (30g), arugula (20g), salami (25g), cabbage (50g), boiled spinach (100g) – 3,5 zł
hard cheese, mozzarella (120g), cheddar(80g), blue cheese (40g), camembert (80g), cheddar(80g), w dried tomatoes (20g), primavera (30g) – 5 zł
baked pancakes – 4 zł cake change – 4 zł additional sauce – 2,5 zł packaging – 3 zł eco bag – 3 zł

Chocolate Crêpes min. 300 g

sweet crêpes with cocoa

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|----------------------------------------------------------------|---------|
| 1. Sugar powder 120g | 13 zł |
| 2. Jam: cherry, strawberry 150 g | 17 zł |
| 3. Apples, cinnamon, sauce 200 g | 14 zł |
| 4. Maringue, mascarpone, seasonal fruit | 26 zł |
| 5. Ferrero (Manekinella, mascarpone, hazelnuts), sauce | 26,5 zł |
| 6. Kinder Bueno, Manekinella, mascarpone, seasonal fruits | 26 zł |
| 7. Sweet cottage cheese with pistachion Manekinella <i>new</i> | 22,5 zł |
| 8. Milka, Oreo, mascarpone | 22,5 zł |

Sauces: raspberry, chocolate, toffee, creamy, mango

Additional ingredients: banana (80g), coconut shreds (10g), flaked almond (10g), hazelnuts (15g), peanuts (15g) biscuits (40g) – 2.5 zł
raspberries (80g), strawberries (80g), seasonal fruit, white chocolate (30g), Manekinella (80g) – 5 zł



100 % natural ingredients
does not contain
hydrogenated fats

Manekinella 200 g

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|-------------------|-------|
| Nut and chocolate | 17 zł |
| Pistachion | 25 zł |

Sweet Crêpes min. 300 g

portion of icee creams or whipped cream (50 ml)-5 zł

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|----------------------------------------------------------------------------|---------|
| 1. Sweet cottage cheese with mango | 22 zł |
| 2. Banan, Manekinella, whipped cream | 21 zł |
| 3. Mascarpone, white chocolate, strawberry, stawberry sorbet | 23,5 zł |
| 4. Raffaello (mascarpone, white chocolate, coconut shreds, almonds), sauce | 24,5 zł |
| 5. Biscuits, mascarpone, Manekinella, cherries or strawberries | 25,5 zł |
| 6. Banan, raspberry, white chocolate | 25 zł |
| 7. Mascarpone, pistachion Manekinella, seasonal fruits <i>new</i> | 25,5 zł |

Pancakes min. 400 g

portion of icee creams or whipped cream (50 ml)-5 zł

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|-----------------------------------------------------|---------|
| 1. Raspberries, white chocolate, creamy sauce | 26,5 zł |
| 2. Maxi King, mascarpone, peanuts, ice cream, sauce | 27 zł |
| 3. M&M's, Manekinella, creamy sauce | 21,5 zł |

Chocolate Pancakes min. 400 g

with milk chocolate drops

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|---------------------------------------------------------------------|---------|
| 1. Banana, Manekinella, white chocolate, ice cream, sauce | 23 zł |
| 2. Pistachion Manekinella, seasonal fruits, creamy sauce <i>new</i> | 28,5 zł |
| 3. Kinder Bueno, manekinella, mascarpone, seasonal fruits, sauce | 26 zł |

PRAWDZIWE
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Our Desserts

PRAWDZIWE
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|------------------------------------------------------------|---------|
| 1. Apple pie with ice cream and wheap cream 350 g | 18 zł |
| 2. Maringue with pistachio cream and seasonal fruits 150 g | 21,5 zł |
| 3. Prawdziwe lody with seasonal fruits 250 g | 26 zł |
| 4. Ferrero tart 200 g | 17 zł |
| 5. Mango - passionfruit tart <i>new</i> 200 g | 16 zł |

Our beverages

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|---------------------------------------------------------------|---------|
| 1. Lemonade with lemon and mint sparkling/ still 0,45 l | 10,5 zł |
| 2. Smoothie with mango or strawberry <i>new</i> 0,45 l | 12,5 zł |
| 3. Fresh apple, parsley and spinach juice 0,3 l | 11 zł |
| 4. Fresh grapefruit or orange juice 0,3 l | 12 zł |
| 5. Fresh apple juice 0,3 l | 10,5 zł |
| 6. Iced coffee with vanilla ice cream and whipped cream 0,4 l | 15,5 zł |



Hot beverages

BRAZIL GUAXUPE

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|---------------------------------------------------------------------|-----------------|
| 1. Tea with lemon 200 ml (green, earl grey, fruity, jasmine, black) | 7,5 zł |
| 2. Tea with a bomb 240 ml | 14,5 zł |
| 3. Espresso 40 ml, Espresso macchiato 50 ml | 8 zł/8,5 zł |
| 4. Coffee 150 ml, Coffee with milk 180 ml | 10 zł |
| 5. Cappuccino 250 ml, Latte macchiato 300 ml | 10,5 zł/11,5 zł |
| 6. Milk/Cocoa 250 ml | 7 zł |
| 7. Affogatto espresso with vanilla ice cream | 13 zł |

Additional ingridiens: syrup (20 ml)- 2 zł, Manekinówka (40ml)- 7 zł
Milk (50 ml)- 3 zł, replacing regular milk with lactose-free or oat milk -3 zł



Cold beverages



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|--------------------------------------------------|-------------|
| 1. Sparkling water / regular water 0,3 l/0,45 l | 6 zł/ 7 zł |
| 2. Krystaliczne Źródło sparkling/regular 0,3 l | 7 zł |
| 3. Pepsi, Pepsi max, 7-up, Mirinda, 0,3 l/0,45 l | 10 zł/11 zł |
| 4. Tonic Schweppes, Mountain Dew 0,5 l | 10 zł |
| 5. Orange, apple, grapefruit, blackcurrant 0,3 l | 8 zł |
| 6. Lipton Ice Tea 0,3 l | 9 zł |
| 7. Rockstar 0,25 l, Aloes 0,3 l | 10,5 zł |



Keg beer



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|-----------------------------------------------------------|-------------------------|
| 1. Perła Export 0,3 l/0,5 l/ 1,5 l | 10,5 zł/11,5 zł/23,5 zł |
| 2. Zwierzyniec Witbier 0,3 l/0,5 l/1,5 l | 11,5 zł/12,5 zł/28 zł |
| 3. Grapefruit beer 0,5 l/ alcohol-free 0,5 l | 15 zł |
| 4. Mango beer 0,5 l/ alcohol-free 0,5 l | 15 zł |
| 5. Perła Export with Manekin bomb 0,5 l Manekinówka 40 ml | 17 zł |



Bottled beer



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|---------------------------------------------------|---------|
| 1. Perła Chmielowa, Perła Miodowa 0,5 l | 11,5 zł |
| 2. Zwierzyniec, Perła Porter, Perła Koźlak 0,33 l | 11,5 zł |
| 3. Low alcohol beer 0,5 l | 11 zł |

Manekinówka

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|------------------------------------------|--------------|
| 1. Manekinówka Lemon 18% 100 ml/700 ml | 19 zł/115 zł |
| 2. Manekinówka Cherry 18% 100 ml/ 700 ml | 19 zł/115 zł |
| 3. Manekinówka Quince 18% 100 ml/ 700 ml | 19 zł/115 zł |

House wine

Italy – dry: white (Trebiano-Cataratto); red(Sangiovese-Merlot)

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|--------------------------------------------|-----------------|
| 1. White or red 125 ml /500 ml | 11,5 zł/31,5 zł |
| 2. White or red 750 ml | 48 zł |
| 3. White wine with elderberry syrup 200 ml | 15,5 zł |

Wine - Manekin selection

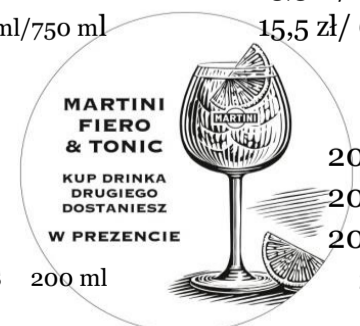
White or red

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|------------------------------------------------------------|----------------|
| 1. Losar, Spain, semisweet 125 ml/750 ml | 12 zł/ 53 zł |
| 2. Khora Primitivo red, Italy, dry 125 ml/750 ml | 16,5 zł/ 72 zł |
| 3. La Petite Gargotte, France, semi dry 125 ml/750 ml | 15,5 zł/ 60 zł |
| 4. La Petite Gargotte pink, France, semi dry 125 ml/750 ml | 15,5 zł/ 60 zł |



Martini

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|---------------------------------------------------------|---------|
| 1. Martini Fiero & Tonic 200 ml | 20,5 zł |
| 2. Martini Bianco & Tonic 200 ml | 20,5 zł |
| 3. Martini Rosso & Tonic 200 ml | 20,5 zł |
| 4. Prosecco sorbet with lemonade and raspberries 200 ml | 21 zł |



The list of allergens is available directly at the premises.



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