



## Savoury Crepes (min. 400g)

serve with sauce

1. Cheese min. <b>Vege</b> 350g	16 zł	14. Mushrooms, salami, ham, cheese, ketchup	26 zł
2. Cottage cheese, potato, onion <b>Vege</b> /bacon lardons	20/21 zł	15. Hawaiian – chicken, mozzarella, pineapple, tomato sauce, herbs <b>new</b>	31 zł
3. Mushrooms, cheese, ham	22,5 zł	16. Mexican ( <i>spicy</i> ) – chicken, beans, sweet corn, chili, onion, red pepper	30 zł
4. Hummus, baked beetroots, sunflower seeds and spinach leaves <b>Vege</b>	23 zł	17. Chicken shawarma, shrimps, cheese, chili, parsley ( <i>spicy</i> )	34 zł
5. Rustic - bacon, sausage, onion, pickles, cheese	24,5 zł	18. Mozzarella, tomatoes, olives, green pesto, arugula <b>Vege</b>	27 zł
6. Basil chicken, tomato, blue cheese, spinach leaves	28,5 zł	19. Shrimps, cheddar, tomatoes, chives	33,5 zł
7. Burrito ( <i>spicy</i> ) - minced meat, salsa, beans, chili, corn, pepper, cheese, spicy tomato sauce, sour cream	30,5 zł	20. Gyros - chicken, salad cheese, corn, tomato, onion, lettuce	30 zł
8. Roasted salmon, blue cheese, cream cheese, dill <b>new</b>	33,5 zł	21. Roasted salmon, spinach, cream cheese, onion	33,5 zł
9. Chicken, chanterelles, cream, onion, arugula	30,5 zł	22. Spanish - mozzarella, chorizo sausage, almonds, dried tomatoes, parsley	28 zł
10. Pulled pork, cheese, herbs	30 zł	23. Pulled beef, cheddar cheese, lettuce, mayonnaise sauce, onion	34 zł
11. Chicken kebab - cabbage, pickles, onion, garlic and thousand island sauce	29 zł	24. Pulled pork, caramelized onion, marinated pear, blue cheese <b>new</b>	34,5 zł
12. Chicken shawarma, cheese, onion	27,5 zł	25. Crispy chicken, caesar sauce, cheese	29,5 zł
13. Minced meat (bolognese), cheese	26 zł		

## Corn Crepes (min. 400g)

crepes dough based on corn flour

1. Mozzarella, dried tomatoes, spinach leaves <b>Vege</b>	26 zł	1. Cottage cheese, potato, onion <b>Vege</b> /bacon lardons	22/23 zł
2. Hawaiian – chicken, mozzarella, pineapple, tomato sauce, herbs <b>new</b>	32,5 zł	2. Chicken, chanterelles, cream, onion, arugula	33 zł
3. Burrito ( <i>spicy</i> ) - minced meat, salsa, beans, chili, corn, pepper, cheese	32 zł	3. Rustic - bacon, sausage, onion, pickles, cheese	26,5 zł

## Baked Crepes (min. 450g)

with sauce and cheese

1. Lasagne mede of crepe with meat, bechamel, tomato sauce	30 zł	1. Carbonara with bacon, spinach and red onion	28,5 zł
2. Pulled pork, courgette, caramelized onion, cheese, tomato spicy and cheese sauce	33,5 zł	2. Pad Thai with shrimp/chicken and chili	36/34 zł
3. Pulled beef, cheddar, corn, pepper, roasted panko, cheese sauce, chives	35,5 zł	3. Chicken, chanterelles, cream, onion, arugula	33,5 zł
4. Roasted salmon, blue cheese, cream cheese, dill, cheese sauce <b>new</b>	34,5 zł	4. Chicken, curry, coconut milk, pomegranate, hot pepper	33 zł
		5. Grilled salmon with spinach and cream	35,5 zł
		6. Peppers, chickpeas, garlic, carrots and sweet chili sauce <b>Vege</b>	28,5 zł

## Salads (min. 350g)

(served with bread and garlic (except position 1))

1. Baked potato with garlic cheese and vegetables <b>Vege</b>	25 zł	1. Borscht (beetroot soup) <b>Vege</b> min. 250ml	9 zł
2. Caesar with grilled chicken	30 zł	2. Chicken soup with crepes' noodles and parsley	13 zł
3. Salad with grilled salmon, honey – mustard sauce	35 zł	3. Polish Żurek in bread bowl with eggs and sausage	19,5 zł
4. Salad with shrimps in garlic butter with chili and parsley	36 zł	4. Cream of porcini mushrooms with truffle oil in bread <b>Vege</b>	21 zł
5. Caesar with crispy chicken	31 zł	5. Spicy soup with salmon, vegetables and coriander	19,5 zł
6. Salad with grilled halloumi cheese and chickpeas <b>new</b>	29,5 zł	6. Lentil cream ( <i>spicy</i> ) <b>new</b> / Pumpkin cream <b>Vege</b>	14,5 zł

## Warm sauces (50g): tomato light, tomato spicy, cheese

## Cold sauces (50g): jalapeno (spicy), garlic, thousand island, dill and yoghurt, sweet and sour chili

Additional ingredients only for the crepes':

red onion, eggs, corn (30g), mushrooms (50g) – 4 zł

salami (15g), tomato, olives, spinach, spinach leaves, ham (50g) – 5 zł

jalapeno, dried tomatoes (20g), blue cheese, mozzarella, cheese (100g), arugula (50g) – 6 zł

possibility of baking – 5,5 zł      dough swap – 3 zł      extra sauce – 3 zł

takeaway cardboard – 3 zł

paper bag – 3,5 zł



Dear Customers, the list of the allergens and ingredients you can find in our service

The menu card is valid from 27/12/2023

Suggestions and opinions should be directed to: [www.manekin.pl/79/gdynia](http://www.manekin.pl/79/gdynia) Tel. +48 58 620 41 03



## Chocolate Crepes (min. 300g)

sweet dough with coca

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|---|---------|
| 1. Mascarpone, white chocolate, berry jam, sauce                                  | 22 zł   |
| 2. Milka chocolate, Oreo cookies, mascarpone, sauce                               | 23,5 zł |
| 3. Ferrero - mascarpone, Nutella, hazelnuts, white chocolate, sauce               | 25,5 zł |
| 4. Gingerbread crunch, plum in liqueur, white chocolate, mascarpone, creamy sauce | 24 zł   |
| 5. White Michałki with raspberries, sauce   | 25,5 zł |
| 6. Kinder Bueno - Nutella/Manekinella, mascarpone, cherries, sauce                | 26 zł   |
| 7. Cherries, chocolate sauce and white chocolate                                  | 23,5 zł |

## Sweet Crepes (min. 300g)

scoop of ice cream (50ml) or whipped cream (50ml) – 6 zł

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|--|---------|
| 1. Powdered sugar min. 120g  | 10 zł   |
| 2. Jam of your choice - strawberry or berry, sauce min. 250g                   | 14 zł   |
| 3. Nutella/Manekinella, banana, whipped cream, sauce                           | 19,5 zł |
| 4. Nut Manekinella, strawberry jam, cream sauce, peanuts in caramel <b>new</b> | 24,5 zł |
| 5. White cheese with a hint of vanilla, sauce                                  | 19 zł   |
| 6. Raffaello - mascarpone, coconut shreds, white chocolate, sauce              | 24 zł   |
| 7. White cheese with a hint of vanilla, strawberries and whipped cream, SAUCE  | 22 zł   |

## Pancakes (min. 400g)

scoop of ice cream (50ml) or whipped cream (50ml) – 6 zł

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|--|---------|
| 1. Nutella/Manekinella, M&M's with hazelnuts, creamy sauce       | 25,5 zł |
| 2. Kinder Bueno Nutella/Manekinella, mascarpone, cherries, sauce | 26,5 zł |
| 3. Gingerbread crunch, plum in liquer, creamy sauce, berries     | 25,5 zł |

## Pancakes with chocolate (min. 400g)

with pieces of milk chocolate

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|--|---------|
| 1. Nut Manekinella, creamy sauce, peanuts in caramel, ice cream <b>new</b> | 26 zł   |
| 2. Maxi King, mascarpone, peanuts, ice cream                               | 27 zł   |
| 3. Oreo cookies, jam berry, chocolate and creamy sauce                     | 25,5 zł |

### Sauces (50g): cherry, strawberry, chocolate, caramel, creamy

#### Additional ingredients:

extra sauce – 3 zł

banana (80g), hazelnuts (15g) – 4 zł mascarpone (100g) – 5,5 zł

cherries, berries (80g), whipped cream (50g) – 6 zł

scoop of ice cream (50g) – 6 zł Manekinella or Nutella (60g) – 5 zł

Manekinella nutty-chocolate (jar 200g.) – 16 zł Manekinella Pistachio – 25 zł



**100 % natural**  
does not contain hardened fats  
nut – cocoa or pistachio

PRAWDZIWE  
LÖDY

## Home-made Desserts

PRAWDZIWE  
LÖDY

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|---|---------|
| 1. Apple pie with ice cream and whipped cream min. 350g   | 18,5 zł |
| 2. Chocolate cake with Mankinella and ice cream min. 200g | 19 zł   |
| 3. Cookie ice cream (3 scoops) min. 350g                  | 24 zł   |
| 4. Maxi King Tart min. 200g                               | 18 zł   |
| 5. Meringue with pistachio cream and nuts min. 150g       | 19 zł   |

## Home-made Drinks

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|---|---------|
| 1. Homemade lemonade with citrus 0,45l                          | 11 zł   |
| 2. Hot homemade lemoniade with raspberry/apple with ginger 0,4l | 15 zł   |
| 3. Fruit cocktail 0,25l   | 11,5 zł |
| 4. Fresh juice of apples or carrots 0,25l                       | 12 zł   |
| 5. Fresh juice of grapefruit or orange 0,25l                    | 14,5 zł |



## Hot Drinks

BRAZIL GUAXUPE



## Cold Drinks



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|---|----------|
| 1. Tea with lemon black, earl grey, mint, green 300ml           | 8 zł     |
| 2. Tea 300ml with a jam 30ml/honey 30ml                         | 9/10 zł  |
| 3. Tea with lemon 300ml with Bomb (Manekinówka 40ml) <b>new</b> | 14,5 zł  |
| 4. Cappuccino * 200ml   | 11 zł    |
| 5. Espresso/Espresso macchiato 40ml                             | 8,5/9 zł |
| 6. Cafe/Cafe o'le 150ml   | 9/9,5 zł |
| 7. Latte macchiato /Flat White * 200ml                          | 14/15 zł |
| 8. Cocoa/Milk 300ml   | 7,5 zł   |

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|--|--------------|
| 1. Water sparkling/still 0,3l/0,5l                       | 6/7 zł       |
| 2. Water Krystaliczne Źródło sparkling/still bottle 0,3l | 8 zł         |
| 3. Pepsi, Pepsi max, 7up Free, Mirinda Free 0,3l/0,45l   | 10,5/11,5 zł |
| 4. Mountain Dew, Tonic 0,5l                              | 12,5 zł      |
| 5. Orange, apple, grapefruit 0,3l                        | 9 zł         |
| 6. Lipton Ice Tea – lemon, peach, green tea 0,3l         | 10 zł        |
| 7. Aloes 0,3l  | 11 zł        |
| 8. Rockstar ENERGY DRINK 0,25l                           | 11,5 zł      |

- syrups: vanilla, nut, caramel, chocolate, cookie, salted caramel
- lactose – free milk + 2 zł; plant milk + 2,5 zł; additional syrups + 2 zł



## Draft Beer

BROWAR  
1800  
ZWIERZYNIĘC

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|--|--------------|
| 1. Perła Export 0,3l/0,5l                                    | 11,5/12,5 zł |
| 2. Zwierzyniec Witbier 0,3l/0,5l                             | 12/14 zł     |
| 3. Perła non-alcoholic 0,3l/0,5l                             | 11,5/12,5 zł |
| 4. Pitcher Perła Export 1,5l                                 | 29 zł        |
| 5. Mojito beer/alcohol free 0,5l                             | 14 zł        |
| 6. Perła Export 0,5l with Bomb (Manekinówka 40ml) <b>new</b> | 19,5 zł      |
| 7. Mulled beer with raspberries 0,5l                         | 14,5 zł      |

### Bottled beer

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|--|-------|
| 1. Bytów Regional flavoured beer/Wheat beer 0,5l | 15 zł |
| 2. Perła Export/Chmielowa/Honey beer 0,5l        | 14 zł |
| 3. Perła Porter/Perła Koźlak/Zwierzyniec 0,33l   | 11 zł |

## Manekin house wine

Italy – dry; white (Trebbiano-Cataratto); red (Sangiovese – Merlot)

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|---|-------|
| 1. Glass 125ml                              | 11 zł |
| 2. Carafe 250ml                             | 19 zł |
| 3. Bottle 750ml                             | 50 zł |
| 4. White wine with aloe vera and lime 200ml | 19 zł |

## Wine selection Manekin

glass 125ml / bottle 750ml

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|--|------------|
| 1. Losar Spain, semi - sweet                             | 12/59 zł   |
| 2. La Petite Gargotte French, half-dry, white, pink, red | 14,5/76 zł |
| 3. Primitivo Khora Antica Italian, dry                   | 15,5/83 zł |
| 4. Mulled wine with cloves 200ml                         | 15 zł      |

## Manekinówka

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|---|---------|
| 1. Manekinówka Lemon 18% 100ml          | 18,5 zł |
| 2. Manekinówka Cherry 18% 100ml         | 18,5 zł |
| 3. Manekinówka Quince 18% 100ml         | 18,5 zł |
| 4. Manekinówka Shot 18% 40ml <b>new</b> | 7,5 zł  |



MARTINI

## Martini

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|------------------------------------|----------|
| 1. Martini Fiero & Tonic/7up 200ml | 21,5 zł  |
| 2. Martini Bianco & Tonic 200ml    | 21,5 zł  |
| 3. Martini Rosso & Tonic 200ml     | 21,5 zł  |
| 4. Prosecco 125ml / 750ml          | 19/73 zł |

