



Savoury Crepes (min. 400g)

serve with sauce

1. Cheese min. 350g <i>Vege</i>	15 zł	14. Mushrooms, salami, ham, cheese, ketchup	23,5 zł
2. Cottage cheese, potato, onion <i>Vege</i> /bacon lardons	18/19 zł	15. Chicken shawarma, shrimps, cheese, chili, parsley (<i>spicy</i>)	30,5 zł
3. Mushrooms, cheese, ham	20,5 zł	16. Mexican (<i>spicy</i>) – chicken, beans, sweet corn, chili, onion, red peper	26,5 zł
4. Hummus, baked beetroots, sunflower seeds and spinach leaves <i>Vege</i>	21 zł	17. Bacon, plum, onion and pepper <i>new</i>	24,5 zł
5. Cheese, spinach, egg	20,5 zł	18. Chicken, chanterelles, cream, onion, arugula	28 zł
6. Basil chicken, tomato, blue cheese, spinach leaves	24,5 zł	19. Mozzarella, tomatoes, olives, green pesto, arugula <i>Vege</i>	25 zł
7. Burrito (<i>spicy</i>) - minced meat, salsa, beans, chili, corn, pepper, cheese, spicy tomato sauce, sour cream	27 zł	20. Gyros - chicken, salad cheese, corn, tomato, onion, lettuce, dill sauce	26,5 zł
8. Creapes stuffed – cabbage, minced meat, rice <i>new</i>	26 zł	21. Roasted salmon, spinach, cream cheese, onion	31,5 zł
9. Rustic - bacon, sausage, onion, pickles, cucumber, cheese	22,5 zł	22. Spanish - mozzarella, chorizo sausage, almonds, dried tomatoes, parsley	25 zł
10. Pulled pork, cheese, herbs	26 zł	23. Pulled beef, cheddar cheese, lettuce, mayonnaise sauce, onion	30,5 zł
11. Chicken kebab - cabbage, pickles cucumber, onion, garlic and thousand island sauce	25,5 zł	24. Sweet and sour pork, vegetables, ginger, chili <i>new</i>	25 zł
12. Chicken shawarma, cheese, onion	25 zł		
13. Minced meat (bolognese), cheese	23,5 zł		



Corn Crepes (min. 400g)

crepes dough based on corn flour

1. Mozzarella, dried tomatoes, spinach leaves <i>Vege</i>	24 zł	1. Rustic - bacon, sausage, onion, pickles cucumber, cheese	24,5 zł
2. Sweet and sour pork, vegetables, ginger, chili <i>new</i>	26 zł	2. Creapes stuffed cabbage – minced meat, rice <i>new</i>	28 zł
3. Burrito (<i>spicy</i>) - minced meat, salsa, beans, chili, corn, pepper cheese	27,5 zł	3. Cottage cheese, potato, onion <i>Vege</i> /bacon lardons	20/21 zł



Potato Crepes (min. 400g)

potato – based crepes batter

1. Mozzarella, dried tomatoes, spinach leaves <i>Vege</i>	24 zł	1. Rustic - bacon, sausage, onion, pickles cucumber, cheese	24,5 zł
2. Sweet and sour pork, vegetables, ginger, chili <i>new</i>	26 zł	2. Creapes stuffed cabbage – minced meat, rice <i>new</i>	28 zł
3. Burrito (<i>spicy</i>) - minced meat, salsa, beans, chili, corn, pepper cheese	27,5 zł	3. Cottage cheese, potato, onion <i>Vege</i> /bacon lardons	20/21 zł

Baked Crepes (min. 450g)

with sauce and cheese

1. Lasagne bolognese, white sauce, tomato sauce	26,5 zł	1. Pulled pork, BBQ sauce, cheese	25 zł
2. Pulled pork, courgette, caramelized onion, cheese, tomato spicy and cheese sauce	27 zł	2. Roasted salmon, caesar sauce, cheese	29,5 zł
3. Pulled beef, cheddar, corn, pepper, roasted panko, cheese sauce, chives	31,5 zł	3. Crispy chicken, caesar sauce, cheese	26,5 zł
4. Creapes stuffed cabbage – minced meat, rice, tomato sauce <i>new</i>	28 zł	4. Pulled beef, BBQ sauce, cheese	29 zł



Tortilla Crepes (min. 400g)

iceberg lettuce, tomatoes, red onion, vinaigrette sauce

1. Lasagne bolognese, white sauce, tomato sauce	26,5 zł	1. Pulled pork, BBQ sauce, cheese	25 zł
2. Pulled pork, courgette, caramelized onion, cheese, tomato spicy and cheese sauce	27 zł	2. Roasted salmon, caesar sauce, cheese	29,5 zł
3. Pulled beef, cheddar, corn, pepper, roasted panko, cheese sauce, chives	31,5 zł	3. Crispy chicken, caesar sauce, cheese	26,5 zł
4. Creapes stuffed cabbage – minced meat, rice, tomato sauce <i>new</i>	28 zł	4. Pulled beef, BBQ sauce, cheese	29 zł

Crepes' Tagliatelle (min. 400g)

1. Carbonara with becon, spinach and red onion	25 zł	1. Homemade lemonade with citrus 0,4l	9,5 zł
2. Pad Thai with shrimps and chili	32,5 zł	2. Hot homemade lemoniade with raspberry 0,4l	13,5 zł
3. Chicken, mushrooms, red onion, arugula and corregio (<i>spicy</i>) <i>new</i>	28,5 zł	3. Ginger and citric lemoniade 0,4l <i>new</i>	12,5 zł
4. Chicken, curry, coconut milk, pomegranate, hot peper	29 zł	4. Fruit coctail 0,25l	9,5 zł
5. Grilled salmon with spinach and cream	32,5 zł	5. Fresh juice of apples or carrots 0,25l	10 zł
6. Pad Thai with chicken and chili	28 zł	6. Fresh juice of grapefruit or orange 0,25l	13 zł
7. Chicken, chanterelles, cream, onion, arugula	31 zł	7. Hot chocolate with whipped cream 150 ml	13,5 zł



Warm sauces (50g): tomato light, tomato spicy, cheese, bechamel

Cold sauces (50g): jalapeno (spicy), garlic, thousand island, dill and yoghurt, sweet and sour chili

Additional ingredients only for the crepes':

Red onion, eggs, corn (30g), mushrooms (50g) – 3 zł

Salami (15g), tomato, olives, spinach, spinach leaves, ham (50g) – 4 zł

Jalapeno, dried tomatoes (20g), blue cheese, mozzarella, cheese (100g), arugula (50g.) – 5 zł

possibility of baking – 4 zł dough swap – 2 zł extra sauce – 2,5 zł

takeaway cardboard – 2,5 zł

paper bag – 3 zł



Dear Customers, the list of the allergens and ingredients you can find in our service

The menu card is valid from 27/12/2022

Suggestions and opinions should be directed to: www.manekin.pl/79/gdynia Tel. +48 58 554 32 59

Chocolate Crepes (min. 300g)

sweet crepe batter with cocoa

- | | |
|---|---------|
| 1. Mascarpone, white chocolate, berries, sauce | 22 zł |
| 2. Milka chocolate, Oreo cookies, mascarpone, sauce | 23,5 zł |
| 3. Ferrero - mascarpone, Nutella/Manekinella, hazelnuts, chocolate, sauce | 25 zł |
| 4. Gingerbread crunch, plum in liqueur, white chocolate, mascarpone, creamy sauce | 23,5 zł |
| 5. Toffifee - mascarpone, Manekinella, hazelnuts, toffee sauce | 24,5 zł |
| 6. Kinder Bueno - Nutella/Manekinella, mascarpone, cherries, sauce | 24 zł |
| 7. Cherries, chocolate sauce and white chocolate new | 23 zł |

Pancakes (min. 400g)

scoop of ice cream (50ml) or whipped cream (50ml) – 5,5 zł

- | | |
|---|---------|
| 1. Nutella/Manekinella, M&M's with hazelnuts, creamy sauce | 23,5 zł |
| 2. Kinder Bueno Nutella/Manekinella, mascarpone, cherries, sauce | 26,5 zł |
| 3. Gingerbread crunch, plum in liqueur, creamy sauce, cherries new | 24 zł |

Sweet Crepes (min. 300g)

scoop of ice cream (50ml) or whipped cream (50ml) – 5,5 zł

- | | |
|--|---------|
| 1. Powdered sugar min. 120g | 10 zł |
| 2. Candied fruits - strawberry or berries, min. 250g, sauce | 13,5 zł |
| 3. Nutella/Manekinella, banana, sauce | 19,5 zł |
| 4. Raffaello - mascarpone, coconut shreds, white chocolate, sauce | 24 zł |
| 5. White cheese with a hint of vanilla, sauce | 19 zł |
| 6. Manekinella hazelnuts-chocolate, sauce min. 200g | 18 zł |
| 7. White cheese with a hit of vanilla, strawberries and whipped cream, sauce | 22 zł |

Pancakes with chocolate (min. 400g)

with pieces of milk chocolate

- | | |
|---|---------|
| 4. Cherries, white chocolate, cream sauce | 20,5 zł |
| 5. Maxi King, mascarpone, peanuts, ice cream | 26,5 zł |
| 6. Oreo cookies, berries, chocolate and white sauce | 23,5 zł |

Sauces (50g): cherry, strawberries, chocolate, caramel, creamy

Additional ingredients:

Extra sauce – 2,5 zł banana (80g),
hazelnuts (15g) – 3,5 zł

Cherries, berries (80g), whipped cream (50g) – 5,5 zł

Scoop of ice cream (50g) – 5,5 zł Manekinella or Nutella (60g) – 4,5 zł
Manekinella nutty-chocolate (jar 200g.) – 15 zł Manekinella Pistachio – 25 zł



100 % natural
does not contain hardened fats
nut – cocoa or pistachio

Salads (min. 350g)

served with bread and garlic butter

- | | |
|--|---------|
| 1. Baked potato with garlic cheese and vegetables <i>Vege</i> | 23,5 zł |
| 2. Salad with goat cheese, beetroot and raspberries new | 29,5 zł |
| 3. Salad with grilled salmon, honey – mustard sauce | 32 zł |
| 4. Cesare with chicken grilled | 25,5 zł |
| 5. Salad with shrimps in garlic butter with chili and parsley | 32 zł |
| 6. Cesare with chicken in crunchy coating | 26 zł |

Soups (min. 300ml)

- | | |
|---|---------|
| 1. Borscht (beetroots soup) min. 250ml <i>Vege</i> | 8,5 zł |
| 2. Chicken soup with crepes' noodles and parsley | 12,5 zł |
| 3. Polish Żurek in bread bowl with eggs and sausage | 17,5 zł |
| 4. Spicy soup with salmon, vegetables and coriander | 17 zł |
| 5. Cream of porcini mushrooms with truffle oil in bread <i>Vege</i> | 19,5 zł |
| 6. Pumpkin cream <i>Vege</i> | 12,5 zł |

Our Desserts

- | | |
|---|---------|
| 1. Apple pie with ice cream and whipped cream min. 350g | 17 zł |
| 2. Chocolate cake with Mankinella and ice cream min. 200g | 17,5 zł |
| 3. Cookie ice cream (3 scoops) min. 350g new | 23 zł |
| 4. Maxi King tart min. 200g | 17,5 zł |
| 5. Meringue with pistachio cream and fruit min. 150g new | 16,5 zł |

PRAWDZIWE
LODY

PRAWDZIWE
LODY



Cold Drinks



Hot Drinks

BRAZIL GUAXUPE

- | | |
|--|------------|
| 1. Water sparkling/still 0,3l/0,5l | 5/6 zł |
| 2. Water Krystaliczne Źródło sparkling/still bottle 0,3l | 7 zł |
| 3. Pepsi, Pepsi max, 7-up Free, Mirinda 0,3l/0,45l | 8,5/9,5 zł |
| 4. Pepsi Lime Mint, Mountain Dew, Tonic 0,5l | 11,5 zł |
| 5. Orange, apple, grapefruit, black currant juice 0,3l | 7,5 zł |
| 6. Lipton Ice Tea – lemon, peach, green tea 0,3l | 9 zł |
| 7. Aloes 0,3l | 10 zł |
| 8. Rockstar ENERGY DRINK 0,25l | 9,5 zł |

- | | |
|---|----------|
| 1. Tea with lemon 300ml | 7 zł |
| 2. Tea with a jam 30ml/honey 30ml | 8/9 zł |
| 3. Espresso/Espresso macchiato 40ml | 7/7,5 zł |
| 4. Cafe 150ml/Cafe o'le 150ml | 7,5/8 zł |
| 5. Cappuccino * 200ml | 9,5 zł |
| 6. Latte macchiato * 200ml | 13 zł |
| 7. Cocoa/Milk 300ml | 7 zł |
| 8. Pumpkin Spice Latte 400ml new | 16,5 zł |

* syropus: vanilla, nut, caramel, chocolate * lactose – free milk + 2 zł; * soy milk + 2,5 zł

PERŁA

Draft Beer

ZWIERYNIEC

- | | |
|--|----------|
| 1. Perła Export 0,3l /0,5l | 9/10 zł |
| 2. Zwierzyniec Witbier 0,3l/0,5l | 10/11 zł |
| 3. Pitcher Perła Export 1,5l | 25 zł |
| 4. Mojito beer 0,5l/alkohol free 0,5l | 12 zł |
| 5. Mulled beer with honey and lemon 0,5l | 13 zł |
| 6. Mulled beer with raspberries 0,5l | 13,5 zł |

Bottled beer

- | | |
|--|---------|
| 1. Alcohol free beer 0,5l | 11 zł |
| 2. Bytów Regional flavoured beer/Wheat beer 0,5l | 13 zł |
| 3. Perła Export/Chmielowa 0,5l | 11 zł |
| 4. Honey beer of Perła 0,5l | 12 zł |
| 5. Zwierzyniec 0,33l | 9,5 zł |
| 6. Perła Porter/Perła Kozłak 0,33l | 10,5 zł |

Manekin house wine

Italy – dry; white (Trebiano-Cataratto); red (Sangiovese - Merlot)

- | | |
|------------------------------------|----------|
| 1. Glass 125ml | 10,5 zł |
| 2. Carafe small 250ml/Bottle 750ml | 18/47 zł |

Wine selection Manekin

glass 125ml / bottle 750ml

- | | |
|--|----------|
| 1. Losar, Spain, semi - sweet | 11/54 zł |
| 2. La Petite Gargotte, half-dry, white, pink, red | 13/70 zł |
| 3. Primitivo Rocca Antica, dry | 14/77 zł |
| 4. Mulled white wine with vanilla and orange 200ml | 16 zł |
| 5. Mulled wine with cloves 200ml | 14 zł |

Martini

MARTINI

- | | |
|---|---------|
| 1. Martini Fiero & Tonic/7up (200ml) | 19,5 zł |
| 2. Martini Bianco/Rosso & Tonic (200ml) | 19,5 zł |
| 4. Prosecco 125ml | 17 zł |
| 5. Prosecco 750ml | 69 zł |

