



## Savoury Pancakes (min. 400g) served with a sauce of choice

1. Cheese, herbes de Provence (min. 300g) <i>Vege</i>	13,5 zł
2. Spinach, cheddar cheese, egg <i>Vege</i>	19 zł
3. Cottage cheese, fried onion, potatoes <i>Vege</i> / bacon lardons	17,5 zł/18,5
4. Ham, champignons, cheese	19,5 zł
5. Chicken, spinach, green onion, cream <i>NEW</i>	24 zł
6. Chicken shawarma, onion, cheese	23 zł
7. Mozzarella, camembert, tomato, arugula <i>Vege</i>	20,5 zł
8. Pork mince ( <i>bolognese</i> ), cheese	22,5 zł
9. Gyros – chicken, salad cheese, sweet corn, lettuce, tomato, onion	24,5 zł
10. Pork mince, cheese, herbes de Provence	23 zł
11. Kebab, cabbage, cucumber, onion, thousand island and garlic sauce	23,5 zł
12. Ham, salami, champignons, cheese, ketchup	21,5 zł
13. Chicken curry ( <i>spicy</i> ) – coconut milk, pineapple, pepper, jalapeno, onion	22,5 zł
14. Marinated chicken, mozzarella, dried tomatoes, green pesto	25 zł
15. Thai ( <i>spicy</i> ) – chicken, vegetables, rice, pineapple, cashews, sweet chilli sauce	21,5 zł
16. Marinated chicken, camembert, cranberry, arugula	23 zł
17. Pulled beef, cream cheese, jalapeno, onion	29 zł
18. Mexican ( <i>spicy</i> ) – chicken, beans, sweet corn, chilli, onion, red pepper	23 zł
19. Baked salmon, dried tomatoes, spinach leaves, mozzarella	29 zł
20. Burrito ( <i>spicy</i> ) – pork mince, salsa, beans, chilli, sweet corn, pepper, cheese, spicy tomato sauce, sour cream	24 zł
21. Chicken pesto, mozzarella, tomato	22,5 zł
22. Cheddar cheese, champignons, chives <i>NEW Vege</i>	19,5 zł
23. Chicken shawarma, shrimps, cheese, chilli, parsley ( <i>spicy</i> )	27,5 zł
24. A'la tortilla with pulled beef, vegetables, mayo sauce, cheddar cheese	29 zł
25. A'la tortilla with crispy chicken, vegetables, cheese, cesare sauce	25,5 zł



**Warm sauces (50ml): cheese, mild tomato, tomato**

**spicy**

**Cold sauces (50ml): garlic, thousand islands, jalapeno (spicy), yoghurt-dill, sweet chilli, tzatziki, BBQ**



Tel. 56-621-05-04



## Buckwheat-Flaxen Pancakes (min. 400g) cake based on buckweheat and linseed flour

1. Spinach, dried tomatoes, mozzarella <i>Vege</i>	21 zł
2. Baked salmon, cream cheese, garlic, spinach	29 zł
3. Pesto, tomato, mozzarella, fresh basil <i>NEW Vege</i>	22 zł

## Green Pancakes (min. 400g) without eggs on oat milk

1. Chickpea paste, spinach leaves, tomato, arugula <i>Vege</i>	21,5 zł
2. Vegetables in BBQ, cheddar cheese, chives, sauce <i>NEW Vege</i>	20,5 zł
3. Shrimps, zucchini, camembert, arugula	29 zł

## Oven-baked Pancakes (min. 400g) with cheese and sauce

1. Pancake lasagne, cheese, tomato & cheese sauce	23 zł
2. Pulled beef, sweet corn, chives, roasted panko, cheddar cheese, cheese sauce	29 zł
3. Strudel: spinach, Ricotta, tomato & cheese sauce <i>Vege</i>	22 zł



## Pancake Tagliatelle (min. 400g) ribbons with pancake dough

1. Carbonara with red onion and spinach leaves	24 zł
2. Chicken, spinach, green onion, cream <i>NEW</i>	26 zł
3. Grilled salmon with spinach and cream, dill	29,5 zł
4. Chicken curry, coconut milk, honey flakes, pomegranate, chives	24,5 zł
5. Zucchini, tomato, salad cheese, olives, chilli, red onion, spinach leaves, wine <i>NEW Vege</i>	24 zł
6. Pad Thai with shrimps and chilli ( <i>spicy</i> )	29,5 zł



### Additional ingredients only for pancakes (min):

chives, onion, egg, sweet corn (50g) – 2 zł  
 champignons, tomato, salad (100g) – 2,5 zł  
 spinach leaves, arugula (10g), salami, ham (40g), mozzarella, cheese (80g) – 3 zł  
 blanched spinach (100g), jalapeno (20g) – 3 zł  
 dried tomatoes (30g), salad cheese, bacon lardons (80g) – 3,5 zł  
 camembert (90g), cheddar cheese (80g), primavera (100g) – 4 zł  
 extra sauce (50ml) – 1 zł extra bread (2 bread rolls) and garlic butter – 2 zł  
 takeaway box – 1,5 zł paper bag – 2,5 zł

## Soups (min. 300 ml)

1. Borsch ( <i>beetroot soup</i> ) 250ml <i>Vege</i>	8 zł
2. Chicken noodle soup	10,5 zł
3. Spicy with salmon	15 zł
4. Żurek with egg ( <i>trad. Polish sour rye soup</i> ) in bread	15 zł
5. Tomato cream / Cold soup ( <i>seasonally</i> )	12 zł



## Salads (min. 300g)

served with bread (2 rolls) and garlic butter

1. Greek salad: tomato, cucumber, olives, onion, salad cheese, pepper <i>Vege</i>	19,5zł
2. Caesar with grilled chicken	24,5 zł
3. Caprese with seeds and nuts <i>Vege</i>	18,5 zł
4. Caesar with chicken in crispy batter	25 zł
5. Lettuce with grilled salmon, honey-mustard sauce	29,5 zł
6. Baked potato with garlic cheese and vegetables <i>NEW Vege</i>	21,5 zł
7. Lettuce with chicken in crispy batter and vegetables	26,5 zł
8. Lettuce with shrimps in mango sauce and vegetables	29,5 zł



## Home-made Drinks

1. Lemonade with mint and lemon <i>still / sparkling</i> 0,4l	7 zł
2. Fresh orange or grapefruit juice 0,3l	12 zł
3. Fresh apple or carrot juice 0,3l	9 zł / 8,5 zł
4. Fruit milkshake 0,3l	9,5 zł
5. Iced coffee with ice-cream scoop 0,25l	11 zł

*Sweet Pancakes, Pancake Triangles, Pancakes, Pancakes with Pieces of Chocolate, Desserts, Cold Drinks, Hot Drinks, Beer, Wine, Martini*



**WE SERVE BREAKFAST FROM MONDAY TO SATURDAY  
IN HOURS 10:00 AM TO 12:00 PM  
excluding Sundays and holidays**

## Sweet Pancakes (min. 300g)

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|---|---------|
| 1. Banana, chocolate sauce, whipped cream   | 16,5 zł |
| 2. Gingerbread crunch, plum in liqueur, white chocolate, mascarpone, creamy sauce | 18,5 zł |
| 3. Raffaello, mascarpone, coconut shreds, almonds, white chocolate                | 22 zł   |
| 4. Ferrero, mascarpone, <b>Manekinella</b> , hazelnut, white chocolate            | 23 zł   |
| 5. <b>Manekinella</b> nut-chocolate, banana, whipped cream                        | 20 zł   |
| 6. Banana, strawberries, white chocolate  | 19 zł   |

**Sauces (50ml): cherry, raspberry, strawberry, chocolate, toffee, creamy**

**Additional ingredients only for Pancakes (min.):**

coconut shreds (10g), white chocolate (20g), whipped cream (30g), banana, jam (50g) – 2 zł  
almonds, hazelnut, peanuts (10g), raspberries, strawberries, cherries (50g), Nutella, **Manekinella** (80g), mascarpone (100g) – 3,5 zł  
extra sauce (50ml) – 1 zł



## Pancake Triangles

(min. 300g)

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|--|---------|
| 1. Icing sugar (min. 120g)   | 10 zł   |
| 2. Jam of your choice: cherry / strawberry, creamy sauce                     | 11,5zł  |
| 3. Cottage cheese, strawberries, chocolate sauce, whipped cream, icing sugar | 18 zł   |
| 4. Kinder Bueno, mascarpone, <b>Manekinella</b> , seasonal fruits            | 22,5 zł |
| 5. <b>Manekinella</b> / Nutella, whipped cream, icing sugar (min. 200g)      | 19,5 zł |
| 6. Seasonal fruits, white chocolate, raspberries <sup>NEW</sup>              | 20 zł   |

## Pancakes

(min. 400g)

- |  |         |
|--|---------|
| 1. Kinder Country, hazelnut, toffee sauce            | 18,5 zł |
| 2. Maxi King, mascarpone, peanuts, ice cream         | 21 zł   |
| 3. M&M's, <b>Manekinella</b> / Nutella, creamy sauce | 19 zł   |

## Pancakes with Pieces of Chocolate

(min. 400g)

- |   |       |
|---|-------|
| 1. Oreo, cherries, creamy sauce                   | 18 zł |
| 2. <b>Manekinella</b> , hazelnut, creamy sauce    | 19 zł |
| 3. Seasonal fruits, white chocolate, creamy sauce | 19 zł |

PRAWDZIVE  
ŁODY

## Desserts

PRAWDZIVE  
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- |   |         |
|---|---------|
| 1. Apple pie with whipped cream and ice cream 400g                | 14,5 zł |
| 2. Creamy oreo with fruits min. 250g                              | 14,5 zł |
| 3. Chocolate cake with <b>Manekinella</b> and ice cream min. 200g | 13,5 zł |
| 4. Ice cream (3 scoops) with fruits / dried fruits min.300g       | 17 zł   |



## Cold Drinks



- |   |                 |
|---|-----------------|
| 1. Water (still / sparkling) 0,3l / 0,5l                | 4,5 zł / 5,5 zł |
| 2. Krystaliczne Źródło (still / sparkling) bot.0,3l     | 5,5 zł          |
| 3. Pepsi, Max, 7-up, Mirinda, Lipton Lemon 0,3l / 0,45l | 6,5 zł / 7,5 zł |
| 4. Tonic, Lipton Peach, Lipton Green bot.0,2l           | 7 zł            |
| 5. Orange, apple, grapefruit, blackcurrant 0,3l         | 6 zł            |
| 6. Aloes 0,3l / Rockstar (energy drink) 0,25l           | 7,5 zł / 8 zł   |



## Hot Drinks



- |  |               |
|--|---------------|
| 1. Tea with lemon black, earl grey, green, fruit, mint 250ml | 6 zł          |
| 2. Espresso 40ml / Espresso macchiato 50ml                   | 6 zł / 6,5 zł |
| 3. Espresso affogato (with ice-cream scoop) 40ml             | 8 zł          |
| 4. Coffee 150ml / Coffee with milk 200ml                     | 6,5 zł / 7 zł |
| 5. Cappuccino * 200ml  | 7 zł          |
| 6. Latte macchiato * 300ml                                   | 8,5 zł        |
| 7. Milk 250ml  | 4,5 zł        |
| 8. COCOA 250ml   | 5 zł          |

\* coffee flavours: amaretto, cinnamon, vanilla, chocolate, caramel



## Draught Beer



- |                                |               |
|--------------------------------|---------------|
| 1. Perła Export 0,3l / 0,5l    | 6 zł / 7,5 zł |
| 2. Zwierzyniec 0,3l / 0,5l     | 6,5 zł / 8 zł |
| 3. Beer Mojito 0,3l / 0,5l     | 8 zł / 9,5 zł |
| 4. Grapefruit beer 0,3l / 0,5l | 8 zł / 9,5 zł |

## Bottle beers

- |                                    |        |
|------------------------------------|--------|
| 1. Perła Hoppy 0,5l                | 9 zł   |
| 2. Perła Export 0,5l               | 9 zł   |
| 3. Perła Honey / Perła Strong 0,5l | 9,5 zł |
| 4. Wheat Okocim 0,5l               | 9,5 zł |
| 5. Zwierzyniec 0,33l               | 8 zł   |
| 6. Perła Porter 0,33l              | 8,5 zł |
| 7. Perła Koźlak 0,33l              | 8,5 zł |
| 8. Alcohol-free beer 0,5l          | 8 zł   |

The menu card's valid from 27.05.2022

The list of allergens, the food product is available at the cash desk

## House Wine

white or red dry Italy

- |                      |        |
|----------------------|--------|
| Manekin glass 125ml  | 8,5 zł |
| Manekin carafe 250ml | 16 zł  |
| Manekin bottle 750ml | 43 zł  |

## Selections wine

white or red

- |   |                 |
|---|-----------------|
| 1. Luciente Spanish semi dry 125ml / bottle | 10 zł / 51 zł   |
| 2. Losar Spanish semi sweet 125ml / bottle  | 10,5 zł / 53 zł |
| 3. Santa Messa Italian sweet 125ml / bottle | 11,5 zł / 68 zł |
| 4. Balbo Argentina dry 125ml / bottle       | 12,5 zł / 61 zł |



## Martini



- |  |         |
|--|---------|
| 1. Martini Fiero & Tonic / 7-up / lemonade 200ml       | 16,5 zł |
| 2. Martini Bianco & Tonic 200ml                        | 16,5 zł |
| 2. Martini Rosso & Tonic 200ml                         | 16,5 zł |
| 3. Sorbet prosecco with lemonade and raspberries 200ml | 16,5 zł |

Opinions and proposal send on [www.manekin.pl/torun/rynek-staromiejski](http://www.manekin.pl/torun/rynek-staromiejski)