



## Savoury Pancakes (min. 400g) served with a sauce of choice

1. Cheese, herbes de Provence (min. 300g) <i>Vege</i>	12 zł
2. Spinach, cheddar cheese, egg <i>Vege</i>	17,5 zł
3. Cottage cheese, fried onion, potatoes <i>Vege</i> / bacon lardons	16 zł / 17 zł
4. Ham, champignons, cheese	18 zł
5. Zucchini, blue cheese, arugula, sunflower <i>Vege</i>	19 zł
6. Chicken shawarma, onion, cheese	21,5 zł
7. Mozzarella, camembert, tomato, arugula <i>Vege</i>	19 zł
8. Pork mince ( <i>bolognese</i> ), cheese	21 zł
9. Gyros – chicken, salad cheese, corn, lettuce, tomato, onion	23 zł
10. Pork mince, cheese, herbes de Provence	21,5 zł
11. Kebab, cabbage, cucumber, onion, thousand island and garlic sauce	22 zł
12. Ham, salami, champignons, cheese, ketchup	20 zł
13. Chicken curry ( <i>spicy</i> ) – coconut milk, pineapple, pepper, jalapeno, onion	21 zł
14. Mexican ( <i>spicy</i> ) – chicken, beans, sweet corn, chilli, onion, red pepper	21,5 zł
15. Marinated chicken, camembert, cranberry, arugula	21,5 zł
16. Pulled pork, cream cheese, jalapeno, onion	25,5 zł
17. Basil chicken, blue cheese, tomato, spinach leaves	22 zł
18. Baked salmon, dried tomatoes, mozzarella, spinach leaves	28,5 zł
19. Burrito ( <i>spicy</i> ) – pork mince, salsa, beans, chilli, sweet corn, pepper, cheese, spicy tomato sauce, sour cream	22,5 zł
20. Chicken shawarma, shrimps, cheese, chilli, parsley ( <i>spicy</i> )	26,5 zł
21. Marinated chicken, mozzarella, dried tomatoes, green pesto	23,5 zł
22. Pulled pork, blue cheese, celery, BBQ	25,5 zł
23. Chicken, spinach, green onion, chives, cream <b>NEW</b>	22,5 zł
24. A'la tortilla with crispy chicken, vegetables, cheese, cesare sauce	24 zł
25. A'la tortilla with pulled pork, vegetables, mayo sauce, cheddar cheese	25,5 zł

**Warm sauces (50ml): cheese, mild tomato, spicy tomato**

**Cold sauces (50ml): garlic, thousand islands, jalapeno (spicy), yoghurt-dill, tzatziki**



Tel. 56-652-28-85



## Buckwheat-Flaxen Pancakes (min. 400g) cake based on buckweheat and linseed flour

1. Spinach leaves, dried tomatoes, mozzarella <i>Vege</i>	19,5 zł
2. Baked salmon, cream cheese, garlic, spinach	29 zł
3. Pickled beets, chickpea paste, sunflower, spinach leaves <i>Vege</i>	20 zł

## Green Pancakes (min. 400g) without eggs on oat milk

1. Chickpea paste, spinach leaves, tomato, arugula <i>Vege (spicy)</i>	20 zł
2. Basil chicken, blue cheese, tomato, spinach leaves	24 zł
3. Shrimps, zucchini, camembert, arugula	27,5 zł

## Oven-baked Pancakes (min. 400g) with cheese and sauce

1. Pancake lasagne, cheese, tomato & cheese sauce	21,5 zł
2. Pulled pork, corn, chives, roasted panko, cheddar cheese, cheese sauce	25,5 zł
3. Strudel: spinach, Ricotta, tomato & cheese sauce <i>Vege</i>	20 zł

## Pancake Tagliatelle (min. 400g) ribbons with pancake dough

1. Chicken, spinach, green onion, cream <b>NEW</b>	24,5 zł
2. Chicken curry, coconut milk, honey flakes, pomegranate, chives	24 zł
3. Carbonara with red onion and spinach leaves	23 zł
4. Grilled salmon with spinach and cream, dill	29,5 zł
5. Pad Thai with shrimps and chilli ( <i>spicy</i> )	29,5 zł
6. Zucchini, tomato, salad cheese, olives, chilli, red onion, spinach leaves, wine <i>Vege</i>	22,5 zł

### Additional ingredients only for pancakes (min):

onion, egg, sweet corn (50g) – 2 zł  
 celery (10g), champignons, tomato, salad (100g) – 2,5 zł  
 spinach leaves, arugula (10g), salami, ham (40g), mozzarella, cheese (80g) – 3 zł  
 blanched spinach (100g), jalapeno (20g) – 3 zł  
 dried tomatoes (30g), salad cheese, bacon lardons (80g) – 3,5 zł  
 blue cheese (70g), camembert (60g), cheddar cheese (80g), primavera (100g) – 4 zł  
 extra sauce (50ml) – 1 zł      extra bread (2 bread rolls) and garlic butter – 2 zł  
 takeaway box – 1,5 zł      paper bag – 2,5 zł

## Soups (min. 300 ml)

1. Borsch ( <i>beetroot soup</i> ) 250ml <i>Vege</i>	7 zł
2. Chicken noodle soup	9,5 zł
3. Spicy with salmon	14,5 zł
4. Żurek with egg ( <i>trad. Polish sour rye soup</i> ) in bread	14 zł
5. Tomato cream / Cold soup ( <i>seasonally</i> ) <i>Vege</i>	10,5 zł

## Salads (min. 300g)

served with bread (2 rolls) and garlic butter

1. Greek salad: tomato, cucumber, olives, onion, salad cheese, pepper <i>Vege</i>	18 zł
2. Caesar with grilled chicken	23 zł
3. Caesar with chicken in crispy batter	23,5 zł
4. Lettuce with grilled salmon, honey-mustard sauce	29,5 zł
5. Lettuce with shrimps in mango sauce and vegetables	29,5 zł
6. Grilled Halloumi cheese with vegetables and hummus <i>Vege</i>	24,5 zł
7. Baked potato with garlic cheese and vegetables <b>NEW</b> <i>Vege</i>	20 zł
8. Lettuce with chicken in crispy batter and vegetables	24,5 zł

## Home-made Drinks

1. Lemonade with mint and lemon <i>still / sparkling</i> 0,4l	6,5 zł
2. Fresh orange or grapefruit juice 0,3l	11 zł
3. Fresh apple or carrot juice 0,3l	8,5 zł / 8 zł
4. Fruit milkshake 0,3l	8,5 zł
5. Iced coffee with ice-cream scoop 0,25l	10 zł

Sweet Pancakes, Pancake Triangles,  
Pancakes, Pancakes with Pieces of Chocolate,  
Desserts, Cold Drinks, Hot Drinks,  
Beer, Wine, Martini



WE SERVE BREAKFAST EVERYDAY,  
FROM 10 AM to 12 PM

## Sweet Pancakes (min. 300g) served with a sauce of choice

- |   |         |
|---|---------|
| 1. Banana, chocolate sauce, whipped cream   | 15 zł   |
| 2. Gingerbread crunch, plum in liqueur, white chocolate, mascarpone, creamy sauce | 17 zł   |
| 3. Raffaello, mascarpone, coconut shreds, almonds, white chocolate                | 20,5 zł |
| 4. Ferrero, mascarpone, <b>Manekinella</b> , hazelnut, white chocolate            | 21,5 zł |
| 5. <b>Manekinella</b> nut-chocolate, banana, whipped cream                        | 19 zł   |
| 6. Banana, strawberries, white chocolate  | 18 zł   |

**Sauces (50ml): cherry, raspberry, strawberry, chocolate, toffee, cream**

### Additional ingredients only for Pancakes (min.):

coconut shreds (10g), white chocolate (20g), whipped cream (30g), banana, jam (50g) – 2 zł  
almonds, hazelnut (10g), raspberries, strawberries, cherries (50g), Nutella, **Manekinella** (80g) – 3,5 zł  
extra sauce (50ml) – 1 zł  
one scoop of ice-cream (80g) – 4,5 zł



## Pancake Triangles (min. 300g)

- |  |         |
|--|---------|
| 1. Icing sugar (min. 120g)   | 9,5 zł  |
| 2. Jam of your choice: cherry / strawberry, creamy sauce                     | 10,5 zł |
| 3. Cottage cheese, strawberries, chocolate sauce, whipped cream, icing sugar | 16,5 zł |
| 4. Kinder Bueno, mascarpone, <b>Manekinella</b> , seasonal fruits            | 21 zł   |
| 5. <b>Manekinella</b> / Nutella, whipped cream, icing sugar (min. 200g)      | 18 zł   |
| 6. Seasonal fruits, white chocolate, raspberries <sup>NEW</sup>              | 18,5 zł |

## Pancakes (min. 400g)

- |  |         |
|--|---------|
| 1. Kinder Country, hazelnut, toffee sauce            | 17,5 zł |
| 2. Maxi King, mascarpone, peanuts, ice cream         | 20 zł   |
| 3. M&M's, <b>Manekinella</b> / Nutella, creamy sauce | 17,5 zł |

## Pancakes with Pieces of Chocolate (min. 400g)

- |   |         |
|---|---------|
| 1. Oreo, cherries, creamy sauce                   | 16,5 zł |
| 2. <b>Manekinella</b> , hazelnut, creamy sauce    | 17,5 zł |
| 3. Seasonal fruits, white chocolate, creamy sauce | 17,5 zł |



## Desserts



- |   |         |
|---|---------|
| 1. Apple pie with whipped cream and ice cream 350g                | 13 zł   |
| 2. Creamy oreo with fruits min. 250g                              | 13,5 zł |
| 3. Ice cream (3 scoops) with fruits / dried fruits min.350g       | 16 zł   |
| 4. Chocolate cake with <b>Manekinella</b> and ice cream min. 250g | 13 zł   |



## Cold Drinks



- |   |                 |
|---|-----------------|
| 1. Water (still / sparkling) 0,3l / 0,5l                | 4 zł / 5 zł     |
| 2. Krystaliczne Źródło (still / sparkling) bot.0,3l     | 5 zł            |
| 3. Pepsi, Max, 7-up, Mirinda, Lipton Lemon 0,3l / 0,45l | 6 zł / 7 zł     |
| 4. Tonic, Lipton Peach, Lipton Green bot.0,2l           | 6,5 zł          |
| 5. Orange, apple, grapefruit, blackcurrant 0,3l         | 5,5 zł          |
| 6. Aloes 0,3l / Rockstar (energy drink) 0,25l           | 6,5 zł / 7,5 zł |



## Hot Drinks



- |  |               |
|--|---------------|
| 1. Tea with lemon black, earl grey, green, fruit, mint 250ml | 5 zł          |
| 2. Espresso 40ml / Espresso macchiato 50ml                   | 5,5 zł / 6 zł |
| 3. Espresso affogato (with ice-cream scoop) 40ml             | 7,5 zł        |
| 4. Coffee 150ml / Coffee with milk 200ml                     | 5,5 zł / 6 zł |
| 5. Cappuccino * 200ml  | 7 zł          |
| 6. Latte macchiato * 300ml                                   | 8 zł          |
| 7. Milk 250ml  | 4 zł          |
| 8. COCOA 250ml   | 4,5 zł        |

\* coffee flavours: amaretto, cinnamon, vanilla, chocolate, caramel



## Draught Beer



- |                                |               |
|--------------------------------|---------------|
| 1. Perła Export 0,3l / 0,5l    | 5,5 zł / 7 zł |
| 2. Zwierzyniec 0,3l / 0,5l     | 6 zł / 7,5 zł |
| 3. Perła Export pitcher 1,5l   | 19 zł         |
| 4. Beer Mojito 0,3l / 0,5l     | 7,5 zł / 9 zł |
| 5. Grapefruit beer 0,3l / 0,5l | 7,5 zł / 9 zł |

## Bottle beers

- |                                    |        |
|------------------------------------|--------|
| 1. Perła Hoppy 0,5l                | 8 zł   |
| 2. Perła Export 0,5l               | 8 zł   |
| 3. Perła Honey / Perła Strong 0,5l | 8,5 zł |
| 4. Wheat Okocim 0,5l               | 9 zł   |
| 5. Zwierzyniec 0,33l               | 7,5 zł |
| 6. Perła Porter 0,33l              | 8 zł   |
| 7. Perła Kozlak 0,33l              | 8 zł   |
| 8. Alcohol-free beer 0,5l          | 7 zł   |

The menu card's valid from 27.05.2022

The list of allergens, the food product is available at the cash desk

## House Wine

white or red dry Italy

- |                      |        |
|----------------------|--------|
| Manekin glass 125ml  | 8,5 zł |
| Manekin carafe 250ml | 15 zł  |
| Manekin bottle 750ml | 40 zł  |

## Selections wine

white or red

- |  |               |
|--|---------------|
| 1. Luciente Spanish semi dry 125 ml / bottle | 9 zł/44 zł    |
| 2. Losar Spanish semi sweet 125 ml / bottle  | 9,5 zł/46 zł  |
| 3. Santa Messa Italian sweet 125 ml / bottle | 10,5 zł/52 zł |
| 4. Balbo Argentina dry 125 ml / bottle       | 10,5 zł/54 zł |



## Martini

- |  |         |
|--|---------|
| 1. Martini Fiero & Tonic / 7-up / lemonade 200ml       | 15,5 zł |
| 2. Martini Bianco & Tonic 200ml                        | 15,5 zł |
| 3. Martini Rosso & Tonic 200ml                         | 15,5 zł |
| 4. Sorbet prosecco with lemonade and raspberries 200ml | 15,5 zł |



Opinions and proposal send on [www.manekin.pl/torunwysoka](http://www.manekin.pl/torunwysoka)