



Savoury Crepes (min. 400 g) serve with sauce

1. Cheese min. 300 g <i>Vege</i>	13 zł
2. Cottage cheese, potato, onion <i>Vege</i> / cracklings	17 zł
3. Cheese, spinach, egg	18,5 zł
4. Hummus; baked beetroots, sunflower seeds and spinach leaves <i>Vege</i>	19 zł
5. Tofu, mushroom, parsley, leek and bean sprouts <i>new Vege</i>	20 zł
6. Basil chicken, tomato, blue cheese, spinach leaves	22,5 zł
7. Burrito; minced meat, salsa, beans, chili, corn, pepper, cheese, spicy tomato sauce, sour cream	23,5 zł
8. Marinated chicken, blue cheese, cranberry, arugula	24 zł
9. Roasted salmon, spinach, cream cheese, onion	26,5 zł
10. Pulled pork, cheese, herbs	23 zł
11. Chicken kebab, cabbage, pickles cucumber, onion, garlic and thousand island sauce	21,5 zł
12. Chicken shoarma, cheese, onion	22 zł
13. Pulled beef, cheddar cheese, lettuce, mayonnaise sauce, onion	26,5 zł
14. Mushrooms, salami, ham, cheese, ketchup	20,5 zł
15. Marinated chicken, camembert, cranberry	22 zł
16. Mexican with chicken and vegetables (spicy)	22,5 zł
17. Chicken with chanterelles and onions in sour cream	26,5 zł
18. Pulled beef, cheddar cheese	26 zł
19. Mozzarella, tomatoes, olives, green pesto, arugula <i>Vege</i>	22 zł
20. Gyros, chicken, salad cheese, corn, tomato, onion, lettuce	22,5 zł
21. Rural; sausage, bacon, onion, cucumber, cheese	19,5 zł
22. Spanish; mozzarella, chorizo sausage, almonds, dried tomatoes, parsley	23 zł
23. Minced Meat (bolognese), cheese	20,5 zł
24. Chicken, red pesto, mozzarella, tomato	23 zł

Corn Crepes (min. 400g) crepes cake with corn flour, may contain trace amounts off gluten

1. Mozzarella, dried tomatoes, spinach leaves <i>Vege</i>	21 zł
2. Mexican with chicken and vegetables (spicy)	23 zł
3. Burrito; minced meat, salsa, beans, chili, corn, pepper, cheese, spicy tomato sauce, sour cream	24 zł

Potato Crepes (min. 400g) Crepes with potatoes

1. Cottage cheese, potato, onion <i>Vege</i> / cracklings	19 zł
2. Mexican with chicken and vegetables (spicy)	25 zł
3. Rural; sausage, bacon, onion, cucumber, cheese	21,5 zł

Baked Crepes with cheese (min. 400 g)

1. Lasagne bolognese, white sauce, tomato sauce	22,5 zł
2. Pulled pork, courgette, caramelized onion, cheese, tomato spicy and cheese sauce	23 zł
3. Pulled beef, cheddar, corn, pepper, roasted panko, cheese sauce <i>new</i>	27,5 zł
4. Mexican with chicken, olives, spicy tomato sauce	26 zł

Tortilla Crepes (min. 400 g) Lettuce, tomatoes, red onion, olive oil with basil pesto

1. Pulled pork, BBQ sauce, cheese	22 zł
2. Roasted salmon, caesar sauce, cheese	27 zł
3. Crispy chicken, caesar sauce, cheese	23,5 zł

Crepes' Tagliatelle (min. 400 g)

1. Carbonara with becon, spinach and red onion	22 zł
2. Tofu teriyaki, mushrooms, mushrooms, peppers, bean sprouts <i>new Vege</i>	25 zł
3. Chicken, curry, coconut milk, pomegranate, hot peper	24 zł
4. Spicy chicken. pepper, onion, arugula	23,5 zł
5. Grilled salmon with spinach and cream	28 zł
6. Shrimps teriyaki, mushrooms, mushrooms, peppers, bean sprouts <i>new</i>	29 zł
7. Chicken with chanterelles and onions in sour cream	27,5 zł

Soups (min. 300 ml)

1. Borscht (beetroots soup) min. 250 ml <i>Vege</i>	7 zł
2. Chicken soup with crepes' noodles and parsley	10,5 zł
3. Polish Żurek in bread bowl with eggs and sausage	15 zł
4. Spicy soup with salmon, vegetables and coriander	14 zł
5. Cream of porcini mushrooms with truffle oil in bread <i>Vege</i>	15,5 zł
6. Pumpkin cream <i>Vege</i>	12 zł

Salads (min. 300 g)

Served with 2 rolls and garlic butter

1. Salad with tofu in sesame, vegetables, bean sprouts <i>new Vege</i>	23,5 zł
2. Cesare with grilled chicken	22 zł
3. Cesare with chicken in crunchy coating	23,5 zł
4. Salad with grilled salmon, honey – mustard sauce	28 zł
5. Salad with shrimps in garlic butter with chilli and parsley	29 zł

Warm sauces (50g): tomato light, tomato spicy, cheese, bechamel sauce
Cold sauces (50g): jalapeno (spicy), garlic, thousand island, dill and yoghurt, sweet and sour chilli

Breakfast everyday 11:00 to 13:00 am



Additional ingredients only for the crepes':

Red onion, eggs, corn (30g); mushrooms (50g) – 3 zł
Salami (15g); tomato, olives, spinach, spinach leaves, ham (50g) – 4 zł
Jalapeno, dried tomatoes (20g); blue cheese, mozzarella, camembert (50g); cheese (100g) – 4 zł
possibility of baking – 4 zł extra sauce – 1,5 zł
takeaway cardboard – 1,5 zł ecological bag – 3 zł paper bag – 2,5 zł

Sweet Crepes, Crepes Thiangles, Pancakes, Pancakes with chocolate, Desserts, Cold drinks, Hot drinks, Beers, Wines, Martini





Sweet Crepes (min. 300 g)

scoop of ice cream (80 ml) - 5,5 zł whipped cream (20 ml) - 3 zł

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| 1. Sweets white „Michałki”, raspberry, sauce | 17,5 zł |
| 2. Milka chocolate, Oreo cookies, mascarpone, sauce | 19,5 zł |
| 3. Ferrero; marcarpone, Nutella / Manekinella, hazelnuts, chocolate, sauce | 21 zł |
| 4. Manekinella hazelnuts-chocolate, sauce min. 180 g | 15 zł |
| 5. Raffaello; mascarpone, coconut shreds, white chocolate, sauce | 20 zł |
| 6. Toffifee, mascarpone, Manekinella, hazelnuts, toffee sauce <i>new</i> | 21,5 zł |

Pancakes (min. 400g)

scoop of ice cream (80 ml) - 5,5 zł whipped cream (20 ml) - 3 zł

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| 1. Nutella / Manekinella , M&M's with hazelnuts, creamy sauce | 19,5 zł |
| 2. Oreo, cherry sause, cream and chocolate sauce | 18 zł |
| 3. Kinder Bueno; Nutella / Manekinella, mascarpone, fruit, sauce | 21 zł |

Sauces (30g): cherry, strawberries, chocolate, caramel, creamy

Additional ingredients:

Extra sauce - 1,5 zł banana (50g), coconut shreds (10g), hazelnuts (20g) - 2,5 zł

Raspberries, cherries (80g); whipped cream (20g) - 3 zł

Scoop of ice cream (80g) - 5,5 zł Manekinella or Nutella (60g) - 4 zł; MANEKINELLA (jar 200 g.) - 13 zł

Crepes Triangles (min. 300 g)

scoop of ice cream (80 ml) - 5,5 zł whipped cream (20 ml) - 3 zł

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| 1. Powdered sugar min. 120 g | 7 zł |
| 2. Candied fruits: strawberry or cherry, min. 180g, sauce | 9,5 zł |
| 3. Nutella / Manekinella, banana, sauce | 16 zł |
| 4. Kinder Bueno; Nutella/Manekinella, mascarpone, fruits, sauce | 20,5 zł |
| 5. White cheese with a hint of vanilla, sauce | 16 zł |
| 6. Mascarpone, white chocolate, berries, sauce <i>new</i> | 19 zł |

Pancakes with chocolate (min. 400g)

with pieces of milk chocolate

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| 4. Cherries, white chocolate, creamy sauce | 17,5 zł |
| 5. Maxi King, mascarpone, peanuts, ice cream, | 21 zł |
| 6. Berries, white chocolate, cream sauce <i>new</i> | 19,5 zł |



Desserts



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| 1. Apple pie with ice cream and whipped cream min. 350 g | 13,5 zł |
| 2. Chocolate - nut Praline with cherries min. 200g | 14 zł |
| 3. Ice cream (3 scoops) with nuts and raisins min. 350 g | 15 zł |
| 4. Maxi King tart min. 200 g | 14 zł |

Our Drinks

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|---|---------|---------|
| 1. Homemade lemonade with citrus 0,3l / Carafe 1l | 7,5 zł | / 21 zł |
| 2. Hot homemade lemoniade with raspberry and orange or apple-ginger | 9,5 zł | |
| 3. Fruit coctail 0,25l | 8,5 zł | |
| 4. Fresh juice of apples or carrots 0,25l | 8 zł | |
| 5. Fresh juice of grapefruit or orange 0,25l | 11,5 zł | |
| 6. Hot chocolate with whipped cream 150 ml | 10 zł | |

House Wine

Italy - dry; white (Trebiano-Cataratto); red (Sangiovese - Merlot)

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| 1. Glass 125 ml | 9,5 zł |
| 2. Carafe small 250 ml / Carafe big 500 ml | 17 zł / 28 zł |
| 3. Bottle 750 ml | 36 zł |

Mulled wine

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| 1. White, mulled with vanilla and orange | 12,5 zł |
| 2. Old Toruń mulled wine | 11,5 zł |

Wine selection Manekin

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| 1. Losar, Spain, semi - sweet 125ml / bottle 750ml | 10 zł | / 46 zł |
| 2. Santa Messa, Italy sweet 125ml / bottle 1000 ml | 10,5 zł | / 65 zł |
| 3. Luciente, Spain semi - dry 125ml / bottle 750ml | 10 zł | / 46 zł |
| 4. Primitivo Diade, dry 125ml / bottle 750ml | 10,5 zł | / 70 zł |



Martini

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| 1. Martini Fiero & Tonic (200 ml) | 17,5 zł |
| 2. Martini Bianco & Tonic (200 ml) | 17,5 zł |
| 3. Martini Rosso & Tonic (200 ml) | 17,5 zł |



Cold Drinks



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|---|--------|--------|
| 1. Water sparkling / still 0,3l / 0,5l | 4 zł | / 5 zł |
| 2. Bottled water Krystaliczne Źródło sparkling / still 0,3l | 5 zł | |
| 3. Pepsi, Pepsi max, 7-up Free, Mirinda, Tonic 0,3l / 0,5l | 6,5 zł | / 8 zł |
| 4. Pepsi Lime, Mountain Dew 0,5l | 9 zł | |
| 5. Orange, apple, grapefruit, black currant juice 0,3l | 6 zł | |
| 6. Lipton Ice Tea (lemon, peach, green) 0,3l | 7 zł | |
| 7. Aloes 0,3l | 8 zł | |
| 8. Rockstar ENERGY DRINK 0,25l | 7,5 zł | |



Hot Drinks



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| 1. Tea with lemon 300 ml | 6 zł |
| 2. Tea with a jam 30 ml / honey 30 ml | 7 zł / 8 zł |
| 3. Espresso / Espresso macchiato 40ml | 5 zł / 6 zł |
| 4. Cafe 150 ml / Cafe o'le 150 ml | 6 zł / 6,5 zł |
| 5. Cappuccino * 200 ml | 8,5 zł |
| 6. Latte macchiato * 200 ml | 11 zł |
| 7. Cocoa / Milk 300 ml | 5 zł |

* syropus: vanilla, nut, caramel, cinnamon, gingerbread

* lactose - free milk + 1 zł; soy milk + 2 zł



Draft Beer



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| 1. Perła Export 0,3l / 0,5l | 6,5 zł / 7,5 zł |
| 2. Pitcher Pearl Export 1,5l | 21 zł |
| 3. Zwierzyniec 0,3l / 0,5l | 8 zł / 9,5 zł |
| 4. Mojito beer 0,5l/ grapefruit beer 0,5l | 11 zł |
| 5. Mulled beer with raspberries / with honey and lemon | 10,5 zł |

Bottled beer

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| 1. Perła Export 0,5l | 9 zł |
| 2. Perła Chmielowa 0,5l | 9 zł |
| 3. Honey beer of Perła 0,5l | 10 zł |
| 4. Perła Kozłak 0,33l | 9,5 zł |
| 5. Zwierzyniec 0,33l | 8,5 zł |
| 6. Perła Porter 0,33l | 9,5 zł |
| 7. Alcohol free beer 0,5l | 10 zł |
| 8. Bytów Regional flavoured beer / Wheat beer 0,5l | 12 zł |

Dear Customers, the list of the allergens and ingredients you can find in our service 25/10/2021
Suggestions and opinions should be directed to: www.manekin.pl/79/gdynia phone: +48 58 620 41 03