



Savoury Crepes (min. 400 g) serve with sauce

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| 1. Cheese min. 300 g <i>Vege</i> | 12 zł |
| 2. Cottage cheese, potato, onion <i>Vege</i> / cracklings | 16 zł |
| 3. Cheese, spinach, egg | 17,5 zł |
| 4. Hummus; baked beetroots, sunflower seeds and spinach leaves <i>Vege</i> | 18 zł |
| 5. Mozzarella, salami, tomatoes, olives | 18,5 zł |
| 6. Basil chicken, tomato, blue cheese, spinach leaves | 21,5 zł |
| 7. Burrito; minced meat, salsa, beans, chili, corn, pepper, cheese, spicy tomato sauce, sour cream | 22,5 zł |
| 8. Marinated chicken, blue cheese, cranberry, arugula | 22 zł |
| 9. Roasted salmon, spinach, cream cheese, onion | 25,5 zł |
| 10. Pulled pork, cheese, herbs | 22 zł |
| 11. Chicken kebab, cabbage, pickles cucumber, onion, garlic and thousand island sauce | 20,5 zł |
| 12. Chicken, curry, coconut milk, pineapple, onion, pepper | 20 zł |
| 13. Chicken shoarma, cheese, onion | 21 zł |
| 14. Pulled beef, cheddar cheese, lettuce, mayonnaise sauce, onion <i>new</i> | 25,5 zł |
| 15. Mushrooms, salami, ham, cheese, ketchup | 19,5 zł |
| 16. Marinated chicken, camembert, cranberry | 21 zł |
| 17. Mexican with chicken and vegetables (spicy) | 21,5 zł |
| 18. Chicken Tikka Masala | 22 zł |
| 19. Pulled beef, cheddar cheese <i>new</i> | 25 zł |
| 20. Mozzarella, tomatoes, olives, green pesto, arugula <i>Vege</i> | 21 zł |
| 21. Gyros, chicken, salad cheese, corn, tomato, onion, lettuce | 21,5 zł |
| 22. Pulled beef, cream cheese, jalapeno, onion <i>new</i> | 25,5 zł |
| 23. Spanish; mozzarella, chorizo sausage, almonds, dried tomatoes, parsley | 22 zł |
| 24. Minced Meat (bolognese), cheese | 19,5 zł |
| 25. Chicken, red pesto, mozzarella, tomato | 22 zł |

Corn Crepes (min. 400g) crepes cake with corn flour, may contain trace amounts off gluten

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| 1. Mozzarella, dried tomatoes, spinach leaves <i>Vege</i> | 20 zł |
| 2. Mexican with chicken and vegetables (spicy) | 22 zł |
| 3. Burrito; minced meat, salsa, beans, chili, corn, pepper, cheese, spicy tomato sauce, sour cream | 23 zł |

Green Crepes (min. 400g) without milk and eggs, with oat milk

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| 1. Hummus, baked beetroots, sunflower seeds and spinach leaves <i>Vege</i> | 19 zł |
| 2. Shrimps, zucchini, camembert, arugula | 26 zł |
| 3. Mozzarella, tomatoes, olives, green pesto, arugula <i>Vege</i> | 22 zł |

Baked Crepes with cheese (min. 400 g)

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| 1. Lasagne bolognese, white sauce, tomato sauce | 21,5 zł |
| 2. Pulled pork, courgette, caramelized onion, cheese, tomato spicy and cheese sauce | 22 zł |
| 3. Shrimps with zucchini and leek, white sauce | 26 zł |
| 4. Mexican with chicken, olives, spicy tomato sauce | 24 zł |

Tortilla Crepes (min. 400 g) Lettuce, tomatoes, red onion, olive oil with basil pesto

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| 1. Pulled pork, BBQ sauce, cheese | 21 zł |
| 2. Roasted salmon, caesar sauce, cheese | 26 zł |
| 3. Crispy chicken, caesar sauce, cheese | 22,5 zł |

Crepes' Tagliatelle (min. 400 g)

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| 1. Carbonara with becon, spinach and red onion | 20 zł |
| 2. Pad Thai with shrimps and chili | 27 zł |
| 3. Chicken, curry, coconut milk, pomegranate, hot peper | 23 zł |
| 4. Spicy chicken. pepper, onion, arugula | 21,5 zł |
| 5. Grilled salmon with spinach and cream | 27 zł |
| 6. Dried tomatoes, red onion, piri – piri, arugula <i>Vege</i> | 22 zł |
| 7. Pad Thai with chicken and chili | 24 zł |

Soups (min. 300 ml)

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|---|--------|
| 1. Borscht (beetroots soup) min. 250 ml <i>Vege</i> | 6 zł |
| 2. Chicken soup with crepes' noodles and parsley | 9,5 zł |
| 3. Polish Żurek in bread bowl with eggs and sausage | 14 zł |
| 4. Spicy soup with salmon, vegetables and coriander | 13 zł |
| 5. Tomato cream / Cold soup <i>Vege</i> | 11 zł |

Salads (min. 300 g) Served with 2 rolls and garlic butter

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| 1. Greek (tomato ,cucumber, pepper, onion, olives, salad cheese) <i>Vege</i> | 19 zł |
| 2. Cesare with grilled chicken | 21 zł |
| 3. Cesare with chicken in crunchy coating | 22,5 zł |
| 4. Salad with grilled salomon, honey – mustard sauce | 27 zł |
| 5. Salads with shrimps, chili and mango sauce | 26,5 zł |
| 6. Salads with crispy chicken and vegetables, garlic sauce | 23 zł |
| 7. Salads with grilled chicken and vegetables <i>new</i> | 22,5 zł |

Warm sauces (50g): tomato light, tomato spicy, cheese
Cold sauces (50g): jalapeno (spicy), garlic, thousand island, dill and yoghurt, sweet and sour chilli

Breakfast everyday 10.00 to 12.00 am



Additional ingredients only for the crepes':

Red onion, eggs, corn (30g); mushrooms (50g) – 3 zł
 Salami (15g); tomato, olives, spinach, spinach leaves, ham (50g) – 4 zł
 Jalapeno, dried tomatoes (20g); blue cheese, mozzarella, camembert (50g); cheese (100g) – 4 zł
 possibility of baking – 4 zł extra sauce – 1,5 zł
 takeaway cardboard – 1,5 zł ecological bag – 3 zł paper bag -2,5 zł

Sweet Crepes, Crepes Thiangles, Pancakes, Pancakes with chocolate, Desserts, Cold drinks, Hot drinks, Beers, Wines, Martini



Sweet Crepes (min. 300 g)

scoop of ice cream (80 ml) - 5,5 zł whipped cream (20 ml) - 3 zł

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| 1. Banana, fruits, white chocolate, sauce | 15,5 zł |
| 2. Sweets white „Michalki”, raspberry, sauce | 16,5 zł |
| 3. Milka chocolate, Oreo cookies, mascarpone, sauce | 18,5 zł |
| 4. Ferrero; marcarpone, Nutella / Manekinella, hazelnuts, chocolate, SAUCE | 20 zł |
| 5. Manekinella hazelnuts-chocolate, sauce min. 180 g | 14 zł |
| 6. Raffaello; mascarpone, coconut shreds, white chocolate, sauce | 19 zł |

Pancakes (min. 400g)

scoop of ice cream (80 ml) - 5,5 zł whipped cream (20 ml) - 3 zł

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| 1. Nutella / Manekinella , M&M's with hazelnuts, creamy sauce | 18,5 zł |
| 2. Seasonal fruit, white chocolate, cream sauce | 17 zł |
| 3. Kinder Bueno (Nutella / Manekinella, mascarpone, fruit), sauce | 19,5 zł |

Sauces (30g): cherry, strawberries, mango, chocolate, caramel, creamy

Additional ingredients:

Extra sauce - 1,5 zł banana (50g), coconut shreds (10g), hazelnuts (20g) - 2,5 zł

Raspberries, cherries (80g); whipped cream (20g) - 3 zł

Scoop of ice cream (80g) - 5,5 zł Manekinella or Nutella (60g) - 4 zł; MANEKINELLA (jar 200 g.) - 13 zł



Crepes Triangles (min. 300 g)

scoop of ice cream (80 ml) - 5,5 zł whipped cream (20 ml) - 3 zł

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| 1. Powdered sugar min. 120 g | 6 zł |
| 2. Candied fruits: strawberry or cherry, min. 180g, sauce | 8,5 zł |
| 3. Kinder Bueno; Nutella/Manekinella, mascarpone, fruits, sauce | 19,5 zł |
| 4. Nutella / Manekinella, banana, sauce | 15 zł |
| 5. Seasonal fruit, white chocolate, mascarpone, sherbet, raspberry, SAUCE | 20 zł |
| 6. White cheese with a hint of vanilla, sauce | 15 zł |

Pancakes with chocolate (min. 400g)

with pieces of milk chocolate

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| 4. Raspberry, white chocolate, creamy sauce | 16,5 zł |
| 5. Maxi King, mascarpone, peanuts, ice cream, | 20 zł |
| 6. Banana Nutella / Manekinella, creamy sauce, vanilla ice cream | 18,5 zł |



Desserts



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|---|---------|
| 1. Apple pie with ice cream and whipped cream min. 350 g | 12,5 zł |
| 2. Cream biscuit Oreo with fruit min. 200g | 13 zł |
| 3. Ice cream (3 scoops) with fruit and whipped cream min. 350 g | 14 zł |
| 4. Maxi King tart min. 200 g | 12 zł |

Our Drinks

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| 1. Homemade lemonade with citrus 0,3l / Carafe 1l | 7,5 zł | / 21 zł |
| 2. Homemade lemonade with fruit 0,3l / Carafe 1l | 8,5 zł | / 23 zł |
| 3. Fruit cocktail 0,25l | 8,5 zł | |
| 4. Fresh juice of apples or carrots 0,25l | 8 zł | |
| 5. Fresh juice of grapefruit or orange 0,25l | 11,5 zł | |
| 6. Iced coffee with ice cream and whipped cream 0,4l | 12 zł | |

House Wine

Italy - dry; white (Trebbiano-Cataratto); red (Sangiovese - Merlot)

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| 1. Glass 125 ml | 9,5 zł |
| 2. Carafe small 250 ml / Carafe big 500 ml | 17 zł / 28 zł |
| 3. Bottle 750 ml | 36 zł |

Wine selection Manekin

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| 1. Losar, Spain, semi - sweet 125ml / bottle 750ml | 10 zł | / 46 zł |
| 2. Santa Messa, Italy sweet 125ml / bottle 1000 ml | 10,5 zł | / 65 zł |
| 3. Luciente, Spain semi - dry 125ml / bottle 750ml | 10 zł | / 46 zł |
| 4. Primitivo Diade, dry 125ml / bottle 750ml | 10,5 zł | / 70 zł |



Martini

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| 1. Martini Fiero & Tonic (200 ml) | 17,5 zł |
| 2. Martini Bianco & Tonic (200 ml) | 17,5 zł |
| 3. Martini Rosso & Tonic (200 ml) | 17,5 zł |



Cold Drinks



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|---|--------|--------|
| 1. Water sparkling / still 0,3l / 0,5l | 4 zł | / 5 zł |
| 2. Bottled water Krystaliczne Źródło sparkling / still 0,3l | 5 zł | |
| 3. Pepsi, Pepsi max, 7-up, Mirinda, Tonic 0,3l / 0,5l | 6,5 zł | / 8 zł |
| 4. Pepsi Lime, Mountain Dew 0,5l | 9 zł | |
| 5. Orange, apple, grapefruit, black currant juice 0,3l | 6 zł | |
| 6. Lipton Ice Tea (lemon, peach, green) 0,3l | 7 zł | |
| 7. Aloes 0,3l | 8 zł | |
| 8. Rockstar ENERGY DRINK 0,25l | 7,5 zł | |



Hot Drinks



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| 1. Tea with lemon 300 ml | 6 zł |
| 2. Espresso / Espresso macchiato 40ml | 5 zł / 6 zł |
| 3. Espresso affogato 40 ml (with vanilla ice cream) | 8,5 zł |
| 4. Cafe 150 ml / Cafe o'le 150 ml | 6 zł / 6,5 zł |
| 5. Cappuccino * 200 ml | 8,5 zł |
| 6. Latte macchiato * 200 ml | 11 zł |
| 7. Cocoa / Milk 300 ml | 5 zł |

* syropus: vanilla, chocolate, nut, caramel, coconut



Draft Beer



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|------------------------------|-----------------|
| 1. Perła Export 0,3l / 0,5l | 6,5 zł / 7,5 zł |
| 2. Pitcher Pearl Export 1,5l | 21 zł |
| 3. Zwierzyniec 0,3l / 0,5l | 7,5 zł / 8,5 zł |
| 4. Mojito beer 0,5l | 11 zł |
| 5. Grejpfruit beer 0,5l | 11 zł |

Bottled beer

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| 1. Perła Export 0,5l | 9 zł |
| 2. Perła Chmielowa 0,5l | 9 zł |
| 3. Honey beer of Perła 0,5l | 10 zł |
| 4. Perła Kozłak 0,33l | 9,5 zł |
| 5. Zwierzyniec 0,33l | 8,5 zł |
| 6. Perła Porter 0,33l | 9,5 zł |
| 7. Alcohol free beer 0,5l | 10 zł |
| 8. Bytów Regional flavoured beer / Wheat beer 0,5l | 12 zł |

Dear Customers, the list of the allergens and ingredients you can find in our service 15/05/2021
Suggestions and opinions should be directed to: www.manekin.pl/79/gdynia phone: +48 58 620 41 03