



Savoury Crepes (min. 400 g)

serve with sauce

1. Cheese (300 g) <i>Vege</i>	11 zł
2. Cottage cheese, onion, potato <i>Vege</i> / cracklings	15 zł
3. Chicken Tikka Masala	20 zł
4. Spanish (mozzarella, chorizo sausage, almonds, sun-dried tomatoes, parsley) <i>new</i>	21 zł
5. Chicken, red pesto, mozzarella, tomato	20,5 zł
6. Basil chicken, tomato, blue cheese, spinach leaves	20 zł
7. Burrito (spicy), spicy tomato sauce, sour cream	19,5 zł
8. Hummus, baked beetroots, sunflower seeds and spinach <i>new Vege</i>	16 zł
9. Roasted salmon, spinach, cream cheese, onion	24 zł
10. Pulled pork, cheese, herbs	19,5 zł
11. Chicken kebab, onion, cabbage, pickles	19 zł
12. Chicken, curry, coconut milk, pineapple, piri-piri	18,5 zł
13. Chicken shoarma, cheese, onion	19,5 zł
14. Rustic (bacon, sausage, onion, pickles cucumber), cheese	17,5 zł
15. Mushrooms, salami, ham, cheese, ketchup	16,5 zł
16. Chicken, chanterelles, cream and onion	23 zł
17. Mexican chicken (spicy)	18 zł
18. Mozzarella, olives, tomatoes, red pesto, arugula <i>new Vege</i>	18,5 zł
19. Minced meat (bolognese), cheese	18 zł
20. Chicken gyros, blue cheese, mushrooms	20 zł
21. Gyros (chicken, salad cheese, corn, tomato, lettuce)	19,5 zł
22. Cheese Quattro (mozzarella, cheese, blue cheese, camembert) <i>Vege</i>	19 zł

Corn Crepes (min. 400g)

crepes cake with corn flour, may contain trace amounts of gluten

1. Spanish (mozzarella, chorizo sausage, almonds, sun-dried tomatoes, parsley) <i>new</i>	21,5 zł
2. Basil chicken, tomato, blue cheese, spinach leaves	20,5 zł
3. Burrito (spicy), spicy tomato sauce, sour cream	20 zł

Green Crepes (min. 400g)

without milk and eggs, with oat milk

1. Mozzarella, dry tomato, spinach leaves <i>Vege</i>	17 zł
2. Shrimps, zucchini, camembert, arugula	24 zł
3. Hummus, baked beetroots, sunflower seeds and spinach <i>new Vege</i>	16,5 zł

Baked Crepes with cheese (min. 400 g)

1. Lasagne bolognese, bechamel, tomato sauce	20,5 zł
2. Mexican with chicken, olives, spicy tomato sauce	23 zł
3. Shrimps with zucchini and leek, white sauce	24 zł

Potato Crepes (min. 400g)

crepes cake with the addition of potatoes

1. Cottage cheese, onion, potato <i>Vege</i> / cracklings	17 zł
2. Rustic (bacon, sausage, onion, pickles cucumber), cheese	19,5 zł
3. Chicken gyros, blue cheese, mushrooms	21,5 zł

Grilled Crepes (min. 400 g) *new!*

lettuces, arugula, carrots, peppers, onions and cherry tomatoes, cheese

1. Grilled chicken, caesar sauce	18 zł
2. Grilled shrimp, sweet sour chilli sauce	23,5 zł
3. Marinated beetroot, green pesto and sauce <i>Vege</i>	16,5 zł

Additional ingredients only for the crepes':

Red onion, eggs, corn (30g); mushrooms (50g) – 3 zł
Salami (15g); tomato, olives, spinach, spinach leaves, ham (50g) – 3,5 zł
Jalapeno, dry tomato (20g); blue cheese, mozzarella, camembert (50g);
cheese(100g) – 4 zł possibility of baking – 4 zł additional sauce – 1,5 zł
packaging – 1,5 zł paper bag – 1,5 zł

Crepes' Tagliatelle (min. 400 g)

1. Carbonara, spinach leaves, red onion	19 zł
2. Chicken, chanterelles, cream and onion, arugula	23,5 zł
3. Chicken, curry, coconut milk, pomegranate	22 zł
4. Spicy chicken, pepper, onion, arugula	19,5 zł
5. Grilled salmon with spinach and cream	24 zł
6. Shrimps, sugar peas, mango and chilli sauce	25 zł

Soups (min. 300 ml)

1. Borscht (beetroots soup) min. 250ml <i>Vege</i>	6 zł
2. Chicken soup with crepes' noodles and parsley	8 zł
3. Polish Żurek in bread bowl with eggs and sausage	12 zł
4. Spicy soup with salmon and coriander	12,5 zł
5. Cream of porcini mushrooms in bread bowl <i>Vege</i>	13 zł

Salads (min. 300 g)

Served with 2 rolls and garlic butter

1. Salads with goat cheese, cranberry and balsamic sauce <i>Vege</i>	21 zł
2. Cesare salad with marinated chicken	19,5 zł
3. Cesare salad with chicken in crunchy coating	20,5 zł
4. Salads with shrimps, chili and mango sauce	24,5 zł
5. Salads with grilled salmon and honey – mustard sauce	23,5 zł

Sweet Crepes,
Crepes Thiangles Pancakes,
Pancakes with chocolate,
Desserts, Cold drinks, Hot drinks,
Beers, Wines, Martini



**Warm sauces (50g): tomato light,
tomato spicy, cheese, bechamel**

**Cold sauces (50g): jalapeno (spicy), garlic,
thousand island,
dill and yoghurt, sweet and sour chilli**

Breakfast everyday 10.00 to 12.00 am



Sweet Crepes (min. 300 g)

scoop of ice-cream (40 ml) - 4 zł whipped cream (20 ml) - 3 zł

1. Banana, raspberry, sauce 13,5 zł
2. Raspberry, white chocolate, sauce 15 zł
3. Milka chocolate, Oreo cookies, mascarpone, sauce 15,5 zł
4. Ferrero (mascarpone, Nutella/Manekinella, hazelnuts, chocolate), sauce 18 zł
5. Manekinella hazelnuts-chocolate, sauce (180 g) **new** 14 zł
6. Raffaello, (mascarpone, coconut shreds, white chocolate), sauce 17 zł

Pancakes (min. 350g)

scoop of ice-cream (40 ml) - 4 zł whipped cream (20 ml) - 3 zł

1. Nutella/Manekinella, M&M's with hazelnuts, creamy sauce 16,5 zł
2. Kinder Bueno (Nutella/Manekinella, mascarpone, fruits), sauce **new** 17,5 zł
3. Oreo, creamy sauce, cherry sauce **new** 16,5 zł

Sauces (30g): cherry, strawberries, mango, chocolate, caramel, creamy

Additional ingredients:

extra sauce - 1,5 zł banana (50g), coconut shreds(10g), hazelnuts (20g) - 2,5 zł
Raspberries, blueberries, strawberries, cherries(80g); whipped cream (20g) - 3 zł
Scoop of ice cream (40g) - 4 zł **Manekinella / Nutella (60g) - 4 zł; MANEKINELLA jar (200g) -13 zł**



Crepes Triangles (min. 300 g)

scoop of ice-cream (40 ml) - 4 zł whipped cream (20 ml) - 3 zł

1. Powdered sugar min. 120 g 6 zł
2. Candied fruits: strawberry or cherry, sauce (180 g) 7,5 zł
3. Kinder Bueno (Nutella/Manekinella, mascarpone, fruits), sauce 16,5 zł
4. Nutella/ Manekinella, banana, sauce 15,5 zł
5. Ricotta, pomegranate, white chocolate, raspberry, ice cream, sauce 17 zł
6. White cheese with a hint of vanilla, sauce min. 250g 14 zł

Pancakes with chocolate pieces (min. 350g)

scoop of ice-cream (40 ml) - 4 zł whipped cream (20 ml) - 3 zł

4. Raspberry, white chocolate, creamy sauce 15,5 zł
5. Maxi King, mascarpone, peanuts, ice cream 18 zł
6. Banana Nutella/Manekinella, creamy sauce, vanilla ice cream 16 zł

PRAWDZIVE
ŁODY

Desserts (min. 200 g)

PRAWDZIVE
ŁODY

1. Apple pie with ice cream and whipped cream 11,5 zł
2. Cream biscuit Oreo with cherry 12 zł
3. Ice cream (3 scoops) with dried fruit and whipped cream 12 zł
4. Chocolate cake with Manekinella **new** 11 zł

Our Drinks (min. 250ml)

1. Homemade lemonade with citrus 0,4l 7,5 zł
2. Hot homemade lemonade with raspberry and orange 0,4l 9,5 zł
3. Hot chocolate with whipped cream 150ml 10 zł
4. Fruit cocktail 7,5 zł
5. Fresh juice of apples or carrots 7,5 zł
6. Fresh juice of orange or grapefruit 10,5 zł

House Wine of Manekin

Italy - dry; white (Trebbiano-Cataratto); red (Sangiovese - Merlot)

1. Glass 125 ml 8,5 zł
2. Carafe Small 250 ml/ Carafe Big 500 ml 16 zł / 25 zł
3. Bottle 750 ml 34 zł

Mulled wine

1. White, with vanilla and orange 200 ml 11 zł
2. Old Toruń mulled wine 200 ml 10 zł

Wine selection

white or red

1. Santa Messa, Italy sweet 125ml/bottle 750ml 9,5 zł / 65 zł
2. Losar, Spain, semi - sweet 125ml/bottle 750 ml 9 zł / 45 zł
3. Luciente, Spain semi-dry 125ml/bottle 750ml 9 zł / 45 zł
4. Primitivo Diade, Italy dry 125ml/bottle 750ml 9,5 zł / 70 zł

MARTINI

Martini

1. Martini Fiero & Tonic (200 ml) 16 zł
2. Martini Bianco & Tonic (200 ml) 16 zł
3. Martini Rosso & Tonic (200 ml) 16 zł



Cold Drinks



1. Water sparkling/still 0,3l/0,5l 4 zł / 5 zł
2. Bottled water Krystaliczne Źródło sparkling/ still 0,3l 5 zł
3. Pepsi, Pepsi max, 7-up, Mirinda 0,3l / 0,5l 5,5 zł 6,5 zł
4. Pepsi Lime, Mountain Dew 0,5 l 8 zł
5. Orange, apple, grapefruit, blackcurrant juice 0,3l 5 zł
6. Lipton Ice Tea (lemon, peach, green) 0,3l 6 zł
7. Rockstar 0,25 l 7 zł
8. Aloes 0,3l 6,5 zł



Hot Drinks



1. Tea with lemon 250 ml / with jam 30 ml **new** 5 zł / 6,5 zł
2. Espresso /Espresso macchiato 40ml 5 zł / 6 zł
3. Espresso affogato 40 ml (with vanilla ice cream) 8,5 zł
4. Cafe 150 ml, Cafe o'le 150 ml 6 zł / 6,5 zł
5. Cappuccino * 200 ml 7,5 zł
6. Latte macchiato * 200 ml 10 zł
7. Cocoa / Milk 300 ml 4 zł

* syropus: vanilla, chocolate, nut, caramel, coconut, cinnamon, gingerbread



Draft Beer



1. Perła Export 0,3l/0,5l, 5,5 zł / 6,5 zł
2. Jug of Perła Export 1, 5 l 17,5 zł
3. Zwierzyniec 0,3l/0,5l 6,5 zł / 7,5 zł
4. Mojito beer 0,5l/ grapefruit beer 0,5l 10 zł
5. Mulled beer with raspberries / with honey and lemon **new** 10 zł

Bottled beer

1. Perła Export 0,5l 8,5 zł
2. Perła Chmielowa 0,5 8,5 zł
3. Honey beer of Perła 0,5l 9 zł
4. Perła Kozłak 0,33l 9,5 zł
5. Zwierzyniec 0,33l 8,5 zł
6. Perła Porter 0,33l 9,5 zł
7. Alcohol free beer 0,5l 9 zł
8. Bytów regional flavoured beer 11 zł
9. Bytów Wheat beer 0,5l 11 zł

Dear customers, the list of the allergens and ingredients you can find in our service 19.10.2020
Suggestion and opinions should be directed to: www.manekin.pl/79/gdynia Phone numer 58 620 41 03