MANEKIN

Dry Pancakes (min. 350 g)

1. Cheese, sauce	8 zł
2. White cheese,onion,potatoe, sauce\crackling 8 zł\	10 zł
3. Mushrooms with cheese, ham, sauce	11,5 zł
4. Beef stroganoff, sauce	16 zł
5. Goat cheese, spinach leaves, green cucumber	14 zł
6. Chicken, peanut butter, broccoli, sauce	14,5 zł
7. Beef teriyaki, crunchy vegetables, sauce **new**	17 zł
8. Chicken, camembert, cranberry, sauce	16,5 zł
9. Mushrooms, salami, ham, cheese, ketchup	14 zł
10. Minced meat, cheese, herbs, sauce	11,5 zł
11. Kebab/Kebab curry, onion, cabbage, sauce	14,5 zł
12. Chicken shoarma, spinach, sauce	13,5 zł
13. Dried tomatoes, mozzarella, spinach, sauce	13 zł
14. Chicken curry, coconut milk, lemongrass, sauce	14,5 zł
15. Turkey, bacon, apricots, chive, sauce	16,5 zł
16. Chicken, zucchini, celery, leek, sauce	15 zł
17. Chicken, basil pesto, arugula, Grana Padano, sauce	16,5 zł
18. Shrimps with mango, chilli, paprika, lime, sauce	18 zł
19. White cheese, green cucumber, pickled ginger, sauce	13,5 zł
20. Mozzarella, tomato, olives, salami, sauce	14 zł
21. Lentil, curry, spinach, onion, sauce **new**	15 zł
22. Indian, sauce	15,5 zł
23. White cheese, salami, jalapenos, red onion, sauce	14,5 zł
24. Chicken with mango, chilli, paprika, lime, sauce	16,5 zł
25. Chorizo, mozzarella, tomato, sauce	15,5 zł
26. Chicken shoarma, cheese, sauce	14 zł
27. Mexican (spicy), sauce	14,5 zł
28. Four kinds of cheese, sauce	13,5 zł
29. Burrito (spicy), sauce	14,5 zł
30. Salmon,white cheese,green cucumber,pickled ginger	18,5 zł
31. **Baked:** pancake lasagne with minced meat, sauce	15 zł
32. **Baked:** cod with spinach and cheese sauce	16 zł

Primavera Pancakes (min. 350 g)

Iceberg lettuce, tomatoes, olive oil with basil

1. Chicken shoarma, sauce	16 zł
2. Dried tomatoes, mozzarella, spinach, sauce	15 zł
3. Taquito pancake (spicy)	15,5 zł
4. a'la tortilla with crispy chicken, sauce	16,5 zł
5. a'la tortilla with salmon, sauce	18,5 zł

Green Pancakes (min. 350 g)

batter with the addition of young burley

1. Goat cheese, spinach leaves, green cucumber, sauce	15,5 zł
2. Camembert, arugula, tomato, sauce	14,5 zł
3. Chicken, zucchini, celery, leek, sauce	16,5 zł
4. Spinach leaves, salmon, tomato, sauce	18,5 zł
5. Chicken, basil pesto, arugula, Grana Padano, sauce	18 zł

Red Pancakes (min. 350 g)

batter with the addition of beetroot

1. White cheese, green cucumber, pickled ginger	15,5 zł
2. Camembert, arugula, tomato, sauce	14,5 zł
3. Chicken curry, coconut milk, lemongrass, sauce	16,5 zł
4. Lentil, curry, spinach, onion, sauce **new**	16,5 zł
5. Turkey, bacon, apricots, chive, sauce	18 zł

Tagliatelle Pancakes (min. 400 g)

pancake ribbons

1. Carbonara with spinach and red onion	15,5 zł
2. Chorizo, dried tomatoes, red onion, tomato sauce	16,5 zł
3. Green with chicken, basil pesto and tomatoes **new**	16,5 zł
4. Shrimps in garlic butter, tomatoes, green pepper	19 zł
5. Spinach, cream, grilled salmon	19 zł

Potato Pancakes (min. 450 g)

batter with the addition of potatoes

1. Sour cream, sugar	7,5 zł
2. White cheese,onion,potatoe,sauce\crackling 11 zł\	12,5 zł
3. Cabbage, mushrooms, onion, sauce	13 zł
4. Beef teriyaki, crunchy vegetables, sauce **new**	18,5 zł

Crispy Roller (min. 350 g)

To serve with beetroot soup and garlic sauce

1. Cabbage with mushrooms and onion	13 zł
2. Mushrooms with cheese, ketchup	13,5 zł
3. Bolognese	14,5 zł
4. Spinach with dried tomatoes	15,5 zł

Warm sauces (50g): cheese sauce, white sauce, mushrooms, tomatoes (light or spice)

Cold sauces (50g): jalapenos (spicy), garlic, thousand, yoghourt-dill

Additional ingrediens for pancakes:

broccoli (100 g), corn(50g), salami(25g), ham(80g), tomato(80g), spinach(100g), onion(30g), jalapenos(30g) – 2,5 zł

arugula(20g), olives(50g), mushrooms(80g), crackling(50g), additional salad(80g), dried tomatoes(50g) – 3 zł

cheese(100g), camembert(70g), feta cheese(70g), blue cheese(70g), mozzarella(100g), additional primavera(50g), smoked cheep cheese(50g) – 3,5 zł

possible bake – 3 zł *additional sauce – 1,5 zł* *wrap – 1,5 zł*

The list of allergens and composition of the dishes is available from our staff.

Suggestions and opinions should be directed to www.manekin.pl/opole/plac-wolnosci. Thank you.

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Instagram

Sweet Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

1. Caster sugar (120 g) 5,5 zł
2. Jam: peach, strawberry, plum (150 g) 6,5 zł
3. White cheese with vanilla, sauce (230 g) 9,5 zł
4. Nutella, sauce (180 g) 10 zł
5. Passion fruit, white chocolate, white cheese 11 zł
6. Forest fruits (raspberry,blackberry,strawberry) 11,5 zł
7. Nutella, banana, whipped cream, sauce 11,5 zł
8. Mascarpone cheese, redcurrant, sauce 11,5 zł
9. Oreo, Milka chocolate, mascarpone, sauce 14,5 zł
10. Biscuits, Nutella, mascarpone cheese, sauce 12,5 zł
11. Peanut candies, raspberries, sauce 12,5 zł
12. White cheese, raspberries, meringues, chocolate 13,5 zł
13. Green with mascarpone, white chocolate, kiwi, lemon ice cream, sour cream **new** 14,5 zł
14. Ferrero, chocolate sauce (white chocolate, nutella, mascarpone, walnuts) 15 zł
15. Raffaello, sour cream (white chocolate, almonds, mascarpone, coconut) 15 zł

Sauces(30g): raspberry, cherry, chocolate, strawberry, toffee, advocaat, sour cream

Additional ingrediens for sweet pancakes:

mint(10g), banana(80g), apple(80g), almonds(15g), nuts(15g), biscuits(20g) – 2 zł
blackberry(80g),cranberry(80g),strawberry(80g),raspberry(80g),redcurrant(80g),passion fruit(80g),cherry(80g),white cheese(100g) – 2,5 zł
additional sauce – 1,5 zł

American Pancakes (min. 250 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

1. Raspberry, chocolate sauce and sour cream 10,5 zł
2. Nutella, chocolate M&M's and sour cream 12,5 zł
3. Marshmallows, Nutella and sour cream 12 zł
4. Oreo, vanilla cream cheese, raspberries **new** 12,5 zł

Chocolate American Pancakes (min. 250 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

5. Walnuts, ice cream, toffee sauce 11 zł
6. Almonds, candy-floss, raspberry, sour cream 11,5 zł
7. Cherry, white chocolate, ice cream 11,5 zł
8. Almonds,blueberries,white chocolate, sour cream 12 zł

Salads (min. 350g)

Serve with bread and garlic butter

1. Greek salad 12,5 zł
2. Cesare salad with marinated chicken 14,5 zł
3. Salad with turkey, pomegranate and walnuts **new** 17,5 zł
4. Salad with goat cheese, zucchini, cherry tomatoes 17,5 zł
5. Cesare salad with crispy chicken 16,5 zł
6. Cesare salad with marinated salmon 17,5 zł
7. Salad with shrimps with cocktail sauce 19 zł
8. Cesare salad with smoked cheep cheese 16,5 zł
9. Salad with grilled salmon and horseradish sauce 19,5 zł
10. Crispy chicken with vegetables 17 zł

Dessert

1. Apple-pie with scoop of vanilla ice cream (300 g) 9 zł
2. Ice cream with seasonal fruits, (200 g) 8,5 zł
3. Tarte with fruits (180 g) 7,5 zł
4. Meringue with seasonal fruits, whipped cream 6,5 zł
5. Panna Cotta with fruit and strawberry sauce (200 g) 8,5 zł
6. Tiramisu pancakes (250 g) 8,5 zł

Soups (min. 300 ml)

1. Beetroot soup (200 ml) 4,5 zł
2. Chicken broth with pancake noodles and carrot 6,5 zł
3. Cold borsch with egg, cucumber, radish and dill 7,5 zł
4. Spicy soup with prawns and coriander 9,5 zł
5. Spinach cream with cream cheese 8 zł
6. Boletus mushroom creamy soup 9,5 zł
7. Sour rye cream with white sausage and egg 9,5 zł

Our Drink (min. 200 ml)

1. Lemonade with lemon and mint 0,3l/0,5l 5zł/ 6 zł
2. Sparkling lemonade with cucumber and mint 0,5l 6,5 zł
3. Vegetable and fruit smoothies (without sugar) 7,5 zł
4. Fresh juice from carrot or apple 6 zł
5. Fresh juice from orange or grapefruit 8,5 zł
6. Leaves of fresh spinach with citrus 9,5 zł
7. Yogurt, fruit cocktail 6 zł
8. Ice coffee with whipped cream 8 zł

Warm Drink

1. Tea with lemon 200 ml 4 zł
2. Espresso 40 ml 4,5 zł
3. Espresso macchiato 50 ml 5 zł
4. Cafe 150 ml 5 zł
5. Cafe o'le 150 ml 5,5 zł
6. Cappuccino * 150 ml 6,5 zł
7. Latte macchiato * 200 ml 8 zł
8. Cafe latte (200 ml) 8 zł
9. Chocolate with whipped cream 150 ml 8,5 zł
10. Chocolate with fresh mint and red pepper 150 ml 8,5 zł
11. Manekin mocca (chocolate with espresso) 200 ml 8,5 zł
12. Cocoa 200 ml 4,5 zł
13. Milk 200 ml 3,5 zł

* syrops: amaretto, cinnamon, chocolate, vanilla, carmel, nut, pistachio

Cold Drink

1. Mineral water sparkling 0,3 l 3,5 zł
2. Mineral water still 0,3 l 3,5 zł
3. Pepsi, 7-up, Mirinda, 0,3l 4 zł
4. Pepsi, 7-up, Mirinda, 0,5l 5,5 zł
5. Pepsi max, Tonic Schweppes 0,5 l 6,5 zł
6. orange, grapefruit, apple, black currant, tomato 0,3l 4,5 zł
7. Ice tea (lemon, peach, green) 0,3 l 4,5 zł
8. Aloe 0,3 l/0,5 l 6 zł/ 8,5 zł
9. Rockstar Pepsi ENERGY DRINK 0,25 l 7,5 zł

Beer

PERŁA ZWIERZYNIEC PILS

barrel

1. Perła Export 0,3 l/0,5 l 5 zł/5,5 zł
2. Zwierzyniec 0,3 l/0,5 l 5,5 zł/6 zł
3. Pitcher Perła 1,5 l / Pitcher Zwierzyniec 1,5 l 15zł/17zł
4. Mojito beer 0,5 l 8,5 zł
5. Grapefruit beer or banana beer 0,5 l **new** 8,5 zł

botteled

1. Perła Export 0,5 l 7 zł
2. Perła Hop 0,5 l or Perła Honey 0,5 l 7,5 zł
3. Perła Unpaseurized 0,5 l 7,5 zł
4. Perła Porter 0,33 l or Perła Koźlak 0,33 l 7,5 zł
5. Zwierzyniec 0,33 l or Alcohol Free Beer 0,33 l 7,5 zł

House Wine

white or red, dry - Italy

1. Manekin bottle 100 ml/250 ml 5,5 zł/13 zł
2. Manekin bottle 500 ml/750 ml 24 zł/35 zł

Wine selection Manekin spring – summer *100 ml*

1. Losar, Spain, white/red – *semi-sweet* 6,5 zł
2. Chemin de La Serre, France, white/red - *dry* 8,5 zł
3. Luciente, Spain, white/red *semi-dry* 7,5 zł
4. Raza Vinho Verde, Portugal, white - frizzante 7,5 zł

Martini **new**

1. Martini Bianco & Tonic 200ml 10 zł
2. Martini Rosso & Tonic 200ml 10 zł