



Dry Pancakes (min. 350 g)

1. Cheese, sauce	8,5 zł	17. Chicken, basil pesto, arugula, Grana Padano, sauce	17 zł
2. White cheese, onion, potatoe, sauce\crackling 9 zł\	10,5 zł	18. Shrimps with mango, chilli, paprika, lime, sauce	18,5 zł
3. Mushrooms with cheese, ham, sauce	11,5 zł	19. Mackerel, egg, onion, pickled cucumber, mayonnaise	16,5 zł
4. Beef stroganoff, sauce	16,5 zł	20. Mozzarella, tomato, olives, salami pepperoni, sauce	14,5 zł
5. Bacon, plum, paprika, onion (spicy), sauce	15,5 zł	21. Spinach, molle egg, cheese, sauce <i>new</i>	13,5 zł
6. Chicken, peanut butter, broccoli, sauce	15 zł	22. Indian, sauce	16 zł
7. Beef teriyaki, crunchy vegetables, sauce	17,5 zł	23. Baked salmon, spinach leaves, tomato, sauce <i>new</i>	18,5 zł
8. Chicken, camembert, cranberry, sauce	17 zł	24. Chicken with mango, chilli, paprika, lime, sauce	17 zł
9. Mushrooms, salami, ham, cheese, ketchup	14 zł	25. Chorizo, mozzarella, tomato, sauce	16 zł
10. Pulled pork, cheese, herbs, sauce <i>new</i>	16,5 zł	26. Chicken shoarma, cheese, sauce	15 zł
11. Kebab/Kebab curry, onion, cabbage, sauce	15 zł	27. Mexican (spicy), sauce	15 zł
12. Chicken shoarma, spinach, sauce	14,5 zł	28. Four kinds of cheese, sauce	14,5 zł
13. Dried tomatoes, mozzarella, spinach, sauce	13,5 zł	29. Burrito (spicy), sauce	15,5 zł
14. Chicken curry, coconut milk, lemongrass, sauce	15 zł	30. a'la tortilla with pulled pork, sauce <i>new</i>	18,5 zł
15. Turkey, bacon, apricots, chive, sauce	17 zł	31. a'la tortilla with crispy chicken, sauce	17,5 zł
16. Chicken, chanterelle, onion, sauce	17 zł	32. a'la tortilla with salmon, sauce	19,5 zł



Potato Pancakes (min. 450 g) *batter with the addition of potatoes*

1. Sour cream, sugar	8 zł
2. White cheese, onion, potatoe, sauce\crackling 11 zł\	12,5 zł
3. Cabbage, mushrooms, onion, sauce	13,5 zł
4. Beef stroganoff, sauce	18 zł
5. Chicken, chanterelle, onion, sauce	18,5 zł

Buckwheat-Linen Pancakes (min. 350 g) *batter with buckwheat and flax flour, may contain traces of gluten*

1. Camembert, arugula, tomato, sauce	15 zł
2. Spinach, molle egg, cheese, sauce <i>new</i>	15 zł
3. Pulled pork, cheese, herbs, sauce <i>new</i>	18 zł
4. Spinach leaves, salmon, tomato, sauce <i>new</i>	19,5 zł
5. Chicken, camembert, cranberry, sauce	18,5 zł



Red Pancakes (min. 400 g) *batter with the addition of beetroot*

1. Camembert, arugula, tomato, sauce	15 zł
2. Mackerel, egg, onion, pickled cucumber, mayonn.	18 zł
3. Chicken curry, coconut milk, lemongrass, sauce	16,5 zł
4. Bacon, plum, paprika, onion (spicy), sauce	17 zł
5. Turkey, bacon, apricots, chive, sauce	18,5 zł

Tagliatelle Pancakes (min. 400 g) *pancake ribbons*

1. Carbonara with spinach and red onion	16 zł
2. Chorizo, dried tomatoes, red onion, tomato sauce	17 zł
3. Chicken, chanterelle, onion, arugula	18,5 zł
4. Shrimps in garlic butter, tomatoes, green pepper	19,5 zł
5. Spinach, cream, grilled salmon	19,5 zł



Baked Pancakes (min. 350 g) *with cheese*

1. Strudel pepperoni, mushrooms, jalapenos, sauce	14,5 zł
2. Pancake lasagne with minced meat, sauce	15,5 zł
3. Cod with spinach and cheese sauce	16,5 zł

Crispy Roller (min. 350 g) *To serve with beetroot soup and garlic sauce*

1. Cabbage with mushrooms and onion	13,5 zł
2. Bolognese	15 zł
3. Spinach with dried tomatoes	16 zł

Warm sauces (50g): cheese sauce, white sauce, mushrooms, tomatoes (light or spice)

Cold sauces (50g): jalapenos (spicy), garlic, thousand, yoghurt-dill

Additional ingrediens for pancakes:

broccoli (100 g), corn(50g), salami(25g), ham(80g), tomato(80g), spinach(100g), onion(30g), jalapenos(30g) – 2,5 zł

arugula(20g), olives(50g), mushrooms(80g), crackling(50g), additional salad(80g), dried tomatoes(50g) – 3 zł

cheese(100g), camembert(70g), feta cheese(70g), blue cheese(70g), mozzarella(100g),

additional primavera(50g), smoked cheep cheese(50g) – 3,5 zł

possible bake – 3 zł additional sauce – 1,5 zł wrap – 1,5 zł

The list of allergens and composition of the dishes is available from our staff.



Suggestions and opinions should be directed to www.manekin.pl/opole/plac-wolnosci. Thank you.



Sweet Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

1. Caster sugar (120 g)	5,5 zł	10. Biscuits, Nutella, mascarpone cheese, sauce	12,5 zł
2. Jam: peach, strawberry, plum (150 g)	6,5 zł	11. Peanut candies, raspberries, sauce	12,5 zł
3. White cheese with vanilla, sauce (230 g)	9,5 zł	12. White cheese, raspberries, meringues, chocolate	13,5 zł
4. Nutella, sauce (180 g)	10,5 zł	13. Gingerbreads: sour cream (plums in liqueur, gingerbreads, vanilla fromage frais)	14 zł
5. Passion fruit, white chocolate, white cheese	11 zł	14. Ferrero, chocolate sauce (white chocolate, nutella, mascarpone, walnuts)	15,5 zł
6. Forest fruits (raspberry, blackberry, strawberry)	11,5 zł	15. Raffaello, sour cream (white chocolate, almonds, mascarpone, coconut)	15,5 zł
7. Nutella, banana, whipped cream, sauce	11,5 zł		
8. Mascarpone cheese, redcurrant, sauce	11,5 zł		
9. Oreo, Milka chocolate, mascarpone, sauce	14,5 zł		

Sauces(30g): raspberry, cherry, chocolate, strawberry, toffee, advocaat, sour cream

Additional ingredients for sweet pancakes:

mint(10g), banana(80g), apple(80g), almonds(15g), nuts(15g), biscuits(20g) – 2 zł

blackberry(80g),cranberry(80g),strawberry(80g),raspberry(80g),redcurrant(80g),passion fruit(80g),cherry(80g),white cheese(100g) – 2,5 zł
additional sauce – 1,5 zł

American Pancakes (min. 250 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

1. Raspberry, chocolate sauce and sour cream	11 zł
2. Nutella, chocolate M&M's and sour cream	13 zł
3. Marshmallows, Nutella and sour cream	12,5 zł
4. Oreo, vanilla cream cheese, raspberries	13 zł

Chocolate American Pancakes (min. 250 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

5. Walnuts, ice cream, toffee sauce	11,5 zł
6. Almonds, candy-floss, raspberry, sour cream	12 zł
7. Cherry, white chocolate, ice cream	12 zł
8. Almonds, blueberries, white chocolate, sour cream	12,5 zł

Salads (min. 350g)

Serve with bread and garlic butter

1. Greek salad	13 zł
2. Cesare salad with chicken	15 zł
3. Turkey salad with blue cheese, pear and walnuts	18 zł
4. Salad with goat cheese, beetroot and balsamico sauce	18,5 zł
5. Cesare salad with crispy chicken	17 zł
6. Cesare salad with mackerel and sunflower seeds	17,5 zł
7. Salad with shrimps with cocktail sauce	19 zł
8. Cesare salad with smoked cheep cheese	17 zł
9. Salad with grilled salmon and horseradish sauce	19,5 zł
10. Crispy chicken with vegetables	18 zł

Dessert

1. Apple-pie with scoop of vanilla ice cream (300 g)	9 zł
2. Oreo cream with seasonal fruit (200 g) <i>new</i>	9 zł
3. Tart with Ferrero (180 g) <i>new</i>	10 zł
4. Tart with raspberries (180 g)	8,5 zł
5. Ice cream with seasonal fruits (200 g)	8,5 zł

Soups (min. 300 ml)

1. Beetroot soup (200 ml)	4,5 zł
2. Chicken broth with pancake noodles and carrot	6,5 zł
3. Pumpkin creamy soup	7,5 zł
4. Spicy soup with prawns, salmon and coriander	9,5 zł
5. Cream soup with roasted beets and baked spelled	8 zł
6. Boletus mushroom creamy soup	9,5 zł
7. Sour rye cream with white sausage and egg	9,5 zł

Our Drink (min. 200 ml)

1. Lemonade with lemon and mint 0,3l/0,5l	5zł/	6 zł
2. Hot lemonade 0,3l		7,5 zł
3. Vegetable and fruit smoothies (without sugar)		7,5 zł
4. Fresh juice from carrot or apple		6 zł
5. Fresh juice from orange or grapefruit		8,5 zł
6. Yogurt, fruit cocktail		6 zł
7. Ice coffee with whipped cream		8 zł



Warm Drink



1. Tea with lemon 200 ml	4 zł
2. Espresso 40 ml, Espresso macchiato 50 ml	4,5 zł
3. Cafe 150 ml, Cafe o'le 150 ml	5 zł
4. Cappuccino * 150 ml	6,5 zł
5. Latte macchiato * 200 ml, Cafe latte (200 ml)	8 zł
6. Chocolate with whipped cream 150 ml	8,5 zł
7. Chocolate with mint and red pepper 150 ml	8,5 zł
8. Manekin mocca(chocolate and espresso) 200 ml	8,5 zł
9. Cocoa 200 ml, Milk 200 ml	4 zł

* syrups: amaretto, cinnamon, chocolate, vanilla, carmel, nut, pistachio



Cold Drink



1. Mineral water sparkling 0,3 l	4 zł
2. Mineral water still 0,3 l	4 zł
3. Pepsi, Pepsi Max, 7-up, Mirinda, 0,3l	4,5 zł
4. Pepsi, Pepsi Max, 7-up, Mirinda, 0,5l	6 zł
5. Pepsi Wild Cherry 0,5l, Tonic Schweppes 0,5l	7 zł
6. orange, grapefruit, apple, black currant, tomato 0,3l	4,5 zł
7. Ice tea (lemon, peach, green) 0,3 l	5,5 zł
8. Aloe 0,3 l/0,5l	6 zł/ 8,5 zł
9. Rockstar Pepsi ENERGY DRINK 0,25l	7,5 zł



Beer



barrel	
1. Perła Export 0,3 l/0,5 l	5 zł/5,5 zł
2. Zwierzyniec 0,3 l/0,5 l	5,5 zł/6 zł
3. Pitcher Perła 1,5 l / Pitcher Zwierzyniec 1,5 l	15 zł/17zł
4. Grapefruit beer or banana beer 0,5 l	8,5 zł
5. Perła warm 0,5l (ginger and cinnamon) (lemon and honey), (raspberries and vanilla)	8,5 zł
botteled	
1. Perła Export 0,5l, Perła Hop 0,5l	8 zł
2. Perła Unpasteurized 0,5l, Perła Honey 0,5l	8 zł
3. Perła Porter 0,33l, Perła Koźlak 0,33l	7,5 zł
4. Zwierzyniec 0,33l, Alcohol Free Beer 0,33l	7,5 zł

House Wine

Italy – dry

white Trebbiano, Cataratto or red Sangiovese, Merlot

1. Glass 100 ml / Small decanter 250 ml	5,5 zł/	13 zł
2. Big decanter 500 ml / Bottle 750 ml	24 zł/	35 zł

Wine selection Manekin

autumn - winter 100 ml

1. Losar, Hiszpania, w/r - semisweet	6,5 zł
2. Vse, Chile, w/r - semi-dry	8,5 zł
3. Luciente, Hiszpania, w/r - semi-dry	7,5 zł
4. Rio Alto, Chile, w/r – dry <i>new</i>	7,5 zł
5. Mulled wine (200 ml)	9 zł
6. Warm Martini Bianco (200 ml) <i>new</i>	10 zł