



## Savoury Pancakes (min. 400g) served with a sauce of choice

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|---|---------------|
| 1. Cheese, herbes de Provence (min. 300g) <i>Vege</i>   | 9,5 zł        |
| 2. Vegetables in a pan, camembert <i>Vege</i>   | 14 zł         |
| 3. Cottage cheese, fried onions, potatoes <i>Vege</i> / becon lardons   | 13 zł / 14 zł |
| 4. Ham, champignons, cheese   | 14,5 zł       |
| 5. Pork mince, vegetables in a pan  | 16,5 zł       |
| 6. Chicken shawarma, onion, cheese  | 18,5 zł       |
| 7. Pulled pork, blue cheese, celery, barbecue sauce   | 18,5 zł       |
| 8. Pork mince ( <i>bolognese</i> ), cheese  | 17,5 zł       |
| 9. Gyros – chicken, onion, salad cheese, corn, lettuce, tomato  | 18,5 zł       |
| 10. Pork mince, cheese, herbes de Provence  | 17,5 zł       |
| 11. Kebab, cabbage, cucumber, onion, thousand island and garlic sauce   | 18,5 zł       |
| 12. Strogonow – beef, pepper, champignons, cucumber   | 20 zł         |
| 13. Ham, salami, mushrooms, cheese, ketchup   | 15,5 zł       |
| 14. Spinach, dried tomatoes, mozzarella <i>Vege</i>   | 16 zł         |
| 15. Tikka Masala chicken  | 18,5 zł       |
| 16. Goat cheese, tomato, arugula, fresh thyme <i>Vege</i>   | 18 zł         |
| 17. Chicken pesto, mozzarella, tomato   | 19,5 zł       |
| 18. Ham, cream cheese, sweet corn, arugula  | 16 zł         |
| 19. Mexican ( <i>spicy</i> ) – chicken, beans, sweet corn, chilli, onion, red pepper  | 17,5 zł       |
| 20. Salmon, dried tomatoes, spinach leaves, mozzarella  | 24 zł         |
| 21. Chicken curry ( <i>spicy</i> ) – onion, pineapple, jalapeno, coconut milk   | 18 zł         |
| 22. Camembert, mozzarella, arugula, tomato <i>Vege</i>  | 16 zł         |
| 23. Burrito ( <i>spicy</i> ) – pork mince, salsa, beans, chilli, sweet corn, pepper, cheese, spicy tomato sauce, sour cream | 18,5 zł       |
| 24. Basil chicken, blue cheese, tomato, spinach leaves  | 19,5 zł       |

## Green Pancakes (min. 400g) cake without eggs, on oat milk with dill and parsley

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|--|---------|
| 1. Vegetables in a pan, arugula <i>Vege</i>                    | 14,5 zł |
| 2. Chickpea paste, spinach leaves, tomato, arugula <i>Vege</i> | 16 zł   |
| 3. Broccoli, cream cheese, egg <i>Vege</i>                     | 13 zł   |

**Warm sauces (50ml): cheese, mild tomat, spicy tomato**  
**Cold sauces (50ml): garlic, thousand islands, yogurt-dill, sweet chillies (spicy), jalapeno (spicy)**

## Buckwheat-Flaxen Pancakes (min. 400g) cake with a low gluten content

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|--|---------|
| 1. Broccoli, champignons, cheese <i>Vege</i>     | 13,5 zł |
| 2. Spinach, salad cheese, egg <i>Vege</i>        | 13,5 zł |
| 3. Goat cheese, ham, spinach, herbes de Provence | 18 zł   |

## Oven-baked Pancakes (min. 400g) with cheese and sauce

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|---|---------|
| 1. Pancake lasagne, tomato & bechamel sauce                       | 18 zł   |
| 2. Shrimp, zucchini, camembert, cheese sauce <b>NEW</b>           | 23 zł   |
| 3. Strudel: spinach, Ricotta, tomato & bechamel sauce <i>Vege</i> | 17,5 zł |
| 4. Pulled pork, onion, cheese, tomato sauce                       | 19,5 zł |

## Tortillas Pancakes (min. 500g) iceberg lettuce, tomato, olive oil with basil

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|--|---------|
| 1. Tortilla with chicken shawarma, vegetables, cheese <b>NEW</b> | 19,5 zł |
| 2. Tortilla with baked salmon, vegetables, cheese                | 24 zł   |
| 3. Tortilla with crispy chicken, vegetables, cheese              | 20,5 zł |
| 4. Tortilla with pulled pork, cheese                             | 20 zł   |

## Pancake Tagliatelle (min. 400g) ribbons with pancake dough

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|---|---------|
| 1. Pork mince, tomato, garlic, tomato sauce   | 17,5 zł |
| 2. Grilled salmon, spinach, cream   | 24 zł   |
| 3. Bacon, red onion, spinach leaves, cream  | 20,5 zł |
| 4. Chicken curry, coconut milk, honey flakes, pomegranate   | 18,5 zł |
| 5. Shrimp, tomato, green pepper, parsley, wine  | 23 zł   |
| 6. Vegetables with chickpeas, olives and peanuts<br>in sweet and spicy sauce <i>Vege</i> <b>NEW</b> | 17 zł   |

### Additional ingredients only for pancakes (min):

celery (30g), onion, egg, sweet corn (50g) – 2 zł  
champignons, tomato, vegetables in a pan, salad (100g) – 2,5 zł  
spinach leaves, arugula (10g), salami, ham (40g), mozzarella, cheese (80g) – 3 zł  
cooked spinach (100g), jalapeno (20g) – 3 zł  
dried tomatoes (30g), zucchini (70g), salad cheese, bacon lardons (80g) – 3,5 zł  
blue cheese, camembert (80g), primavera (100g) – 4 zł  
extra sauce (50ml) – 1 zł extra bread (2 bread rolls) and garlic butter – 2,5 zł  
takeaway box – 1,5 zł paper bag – 1,5 zł

## Soups (min. 300 ml)

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|--|---------|
| 1. Borsch ( <i>beetroot soup</i> ) 250ml <i>Vege</i>             | 6 zł    |
| 2. Chicken noodle soup   | 8 zł    |
| 3. Creamy of porcini mushrooms soup in bread <i>Vege</i>         | 12,5 zł |
| 4. Żurek with egg ( <i>trad. Polish sour rye soup</i> ) in bread | 12,5 zł |
| 5. Cold soup / tomato cream ( <i>seasonally</i> )                | 8,5 zł  |

## Salads (min. 300g)

served with bread (2 rolls) and garlic butter

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|---|---------|
| 1. Greek salad <i>Vege</i>                                      | 15,5 zł |
| 2. Caprese with seeds and nuts <i>Vege</i>                      | 16 zł   |
| 3. Caesar with grilled chicken                                  | 19 zł   |
| 4. Chicken in crispy batter with vegetables                     | 19,5 zł |
| 5. Grilled salmon in horseradish sauce                          | 24 zł   |
| 6. Shrimp in mango sauce with vegetables                        | 23 zł   |
| 7. Grilled Haloumi cheese with vegetables and humus <i>Vege</i> | 22,5 zł |

## Home-made Drinks

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|--|-------------|
| 1. Lemonade with mint and lemon ( <i>still / sparkling</i> ) 0,3l / 0,5l | 6 zł / 7 zł |
| 2. Freshly squeezed orange or grapefruit juice 0,3l                      | 11,5 zł     |
| 3. Fresh carrot 0,3l   | 9 zł        |
| 4. Fresh apple juice 0,3l  | 8 zł        |
| 5. Fruit milkshake 0,3l  | 9 zł        |
| 6. Iced coffee with ice-cream scoop 0,25l                                | 10,5 zł     |

Sweet Pancakes, Pancake Triangles,  
Pancakes, Pancakes with Pieces of Chocolate,  
Desserts, Cold Drinkd, Hot Drinks,  
Beer, Wine, Martini



WE SERVE BREAKFAST FROM MONDAY TO SATURDAY  
IN HOURS 10:00 AM TO 12:00 PM

Tel. 56-621-05-04



## Sweet Pancakes (min. 300g)

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|---|---------|
| 1. Banana, chocolate sauce, whipped cream   | 12 zł   |
| 2. Gingerbread crunch, plum liqueur, white chocolate, mascarpone, cream sauce     | 14 zł   |
| 3. Raffaello, mascarpone, coconut shreds, white chocolate                         | 16,5 zł |
| 4. Ferrero, mascarpone, <b>Manekinella</b> , nuts                                 | 17 zł   |
| 5. <b>Manekinella</b> , nut-chocolate<br>banana, whipped cream <small>NEW</small> | 16 zł   |
| 6. Rice with milk, raspberries, almonds ( <i>baked</i> )                          | 15 zł   |
| 7. Banana, strawberries, white chocolate ( <i>baked</i> )                         | 15 zł   |

### Sauces (50ml): cherry, raspberry, strawberry, chocolate, toffee, cream

#### Additional ingredients only for Pancakes (min.):

coconut shreds (10g), white chocolate (20g), whipped cream (30g), banana, jam (50g) – 2 zł  
 almonds, hazelnut (10g), raspberries, strawberries, cherries (50g), Nutella, **Manekinella** (60g) – 3,5 zł  
 additional sauce (50ml) – 1 zł  
 one scoop of ice-cream (80g) – 4,5 zł



## Pancake Triangles

(min. 300g)

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|---|---------|
| 1. Icing sugar (min. 120g)  | 7,5 zł  |
| 2. Jam of your choice: cherry / strawberry & cream sauce                      | 8,5 zł  |
| 3. Cottage cheese, strawberries, chocolate sauce, icing sugar                 | 13 zł   |
| 4. Nutella, whipped cream, icing sugar (min. 200g)                            | 13,5 zł |
| 5. <b>Manekinella</b> nut-chocolate, sauce (min. 180g)                        | 14,5 zł |
| 6. Mascarpone, white chocolate, strawberry sorbet,<br>kiwi fruit, cream sauce | 17,5 zł |
| 7. Kinder Bueno, mascarpone, <b>Manekinella</b> , seasonal fruit              | 17 zł   |

## Pancakes

(min. 400g)

- |   |         |
|---|---------|
| 1. Kinder Country, hazelnuts, toffee sauce          | 14,5 zł |
| 2. Maxi King, mascarpone, salted peanuts, ice cream | 18 zł   |
| 3. M&M's, Nutella cream, cream sauce                | 15 zł   |

## Pancakes with Pieces of Chocolate

(min. 400g)

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|--|-------|
| 1. Oreo, cherries, cream sauce                               | 14 zł |
| 2. Knoppers, strawberry sorbet, cream sauce, raspberry sauce | 16 zł |
| 3. Raspberries, white chocolate, cream sauce                 | 15 zł |



## Desserts



- |   |         |
|---|---------|
| 1. Apple pie with whipped cream and ice cream 400g    | 12 zł   |
| 2. Creamy oreo with seasonal fruits min. 250g         | 12,5 zł |
| 3. Brownie with seasonal fruit min. 250g              | 11,5 zł |
| 4. Ice cream (3 scoops) with fruit / dried fruit 300g | 15 zł   |



## Cold Drinks



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|--|---------------|
| 1. Water ( <i>still / sparkling</i> ) 0,3l             | 4,5 zł        |
| 2. Pepsi, Max, 7-up, Mirinda, Lipton Lemon 0,3l / 0,5l | 5,5 zł / 7 zł |
| 3. Pepsi Lime, Tonic, Lipton Peach bottle 0,2l         | 6,5 zł        |
| 4. Orange, apple, grejpfruit, blackcurrant 0,3l        | 5,5 zł        |
| 5. Rockstar ( <i>Energy Drink</i> ) 0,25l              | 7,5 zł        |
| 6. Mountain Dew / Aloes 0,3l                           | 6 zł / 7 zł   |



## Hot Drinks



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|---|---------------|
| 1. Tea with lemon 250ml black, earl grey, green, fruit, mint            | 5,5 zł        |
| 2. Espresso 40ml / Espresso macchiato 50ml                              | 5,5 zł / 6 zł |
| 3. Espresso affogato ( <i>with ice-cream scoop</i> ) <small>NEW</small> | 9 zł          |
| 4. Coffee 150ml / Coffee with milk 200ml                                | 5,5 zł / 6 zł |
| 5. Cappuccino * 200ml   | 7 zł          |
| 6. Latte macchiato * 300ml  | 8 zł          |
| 7. Milk / Cocoa 250ml   | 4 zł          |
| 8. Cocoa 250ml  | 4,5 zł        |

\* coffee flavours: amaretto, cinnamon, vanilla, chocolate, caramel



## Draught Beer



- |                                |                 |
|--------------------------------|-----------------|
| 1. Perła Export 0,3l / 0,5l    | 5,5 zł / 6,5 zł |
| 2. Zwierzyniec 0,3l / 0,5l     | 6 zł / 7 zł     |
| 3. Beer mojito 0,3l / 0,5l     | 7 zł / 8,5 zł   |
| 4. Grapefruit beer 0,3l / 0,5l | 7 zł / 8,5 zł   |

## Bottle beers

- |                                  |        |
|----------------------------------|--------|
| 1. Perła Hoppy 0,5l              | 7,5 zł |
| 2. Perła Export 0,5l             | 7,5 zł |
| 3. Perła Honey 0,5l              | 8 zł   |
| 4. Perła Strong 0,5l             | 8,5 zł |
| 5. Zwierzyniec 0,33l             | 8 zł   |
| 6. Perła Porter 0,33l            | 8,5 zł |
| 7. Perła Kozłak 0,33l            | 8,5 zł |
| 8. Alcohol-free beer Okocim 0,5l | 7,5 zł |

The menu card's valid from 19.08.2020

The list of allergens, the food product is available at the cash desk

## House Wine

white or red dry Italy

- |                       |        |
|-----------------------|--------|
| Manekin glass 125 ml  | 8,5 zł |
| Manekin carafe 250 ml | 16 zł  |
| Manekin bottle 750ml  | 39 zł  |

## Selections wine

white or red

- |  |                |
|--|----------------|
| 1. Luciente Spanish <i>semi dry</i> 125ml / bottle | 9,5 zł / 49 zł |
| 2. Losar Spanish <i>semi sweet</i> 125ml / bottle  | 10 zł / 51 zł  |
| 3. Santa Messa Italian <i>sweet</i> 125ml / bottle | 11 zł / 66 zł  |
| 4. Balbo Argentina <i>dry</i> 125ml / bottle       | 12 zł / 59 zł  |



## Martini

- |   |         |
|---|---------|
| 1. Martini Fiero & Tonic 200 ml                         | 15,5 zł |
| 2. Martini Bianco & Tonic 200 ml                        | 15,5 zł |
| 3. Martini Rosso & Tonic 200 ml                         | 15,5 zł |
| 4. Sorbet prosecco with lemonade and raspberries 200 ml | 15,5 zł |



Opinions and proposal send on [www.manekin.pl/torun/rynek-staromiejski](http://www.manekin.pl/torun/rynek-staromiejski)