



Savoury Pancakes (min. 400g)

serve with sauce

1. Cheese, herbs de Provence (min. 300g) <i>Vege</i>	9 zł	12. Ham, salami, champignons, cheese, ketchup	14 zł
2. Vegetables in a pan, camembert <i>Vege</i> ^{NEW}	13,5 zł	13. Spinach, dried tomatoes, mozzarella <i>Vege</i>	14,5 zł
3. Cottage cheese, fried onions, potatoes <i>Vege</i> / becon lardons	11 zł / 12 zł	14. Pork mince (<i>bolognese</i>), cheese	15,5 zł
4. Ham, champignons, cheese	13 zł	15. Goat cheese, tomato, arugula, fresh thyme <i>Vege</i>	17,5 zł
5. Pork mince, vegetables in a pan ^{NEW}	15 zł	16. Chicken shawarma, onion, cheese	17,5 zł
6. Mexican (<i>spicy</i>) – chicken, beans, vegetables	16 zł	17. Chicken pesto, mozzarella, tomato	18,5 zł
7. Chicken curry (<i>spicy</i>) – onion, pineapple, jalapeno, coconut milk	16,5 zł	18. Pulled pork, blue cheese, celery, barbecue sauce	17,5 zł
8. Gyros – chicken, onion, salad cheese, corn, lettuce, tomato	16,5 zł	19. Burrito (<i>spicy</i>) – pork mince, salsa, beans, chilli, sweet corn, pepper, cheese, spicy tomato sauce, sour cream	17 zł
9. Tikka Masala chicken ^{NEW}	18 zł	20. Shrimps, zucchini, camembert, arugula	19,5 zł
10. Pork mince, cheese, herbs	16 zł	21. Ham, cream cheese, sweet corn, arugula ^{NEW}	15,5 zł
11. Kebab, cabbage, cucumber, onion, thousand island and garlic sauce	16,5 zł	22. Salmon, dried tomatoes, spinach leaves, mozzarella	22 zł



Tortillas Pancakes (min. 500g)

Iceberg lettuce, tomato, olive oil with basil

1. Tortilla with pulled pork, cheese	18,5 zł
2. Tortilla with baked salmon, vegetables, cheese	22 zł
3. Tortilla with crispy chicken, vegetables, cheese	19 zł

Oven-baked Pancakes (min. 400g)

with cheese and sauce

1. Pancake lasagne, tomato & bechamel sauce	16,5 zł
2. Strudel: spinach, Ricotta, tomato & bechamel sauce <i>Vege</i>	16 zł
3. Pulled pork, onion, cheese, tomato sauce	18 zł



Green Pancakes (min. 400g)

cake without eggs, on oat milk with dill and parsley

1. Vegetables in a pan, arugula <i>Vege</i> ^{NEW}	14 zł
2. Chickpea paste, spinach leaves, tomato, arugula <i>Vege</i>	15,5 zł
3. Broccoli, cream cheese, egg <i>Vege</i>	12,5 zł

Buckwheat-Flaxen Pancakes (min. 400g)

cake with a low gluten content

1. Broccoli, champignons, cheese <i>Vege</i>	13 zł
2. Spinach, salad cheese, egg <i>Vege</i>	13 zł
3. Goat cheese, ham, spinach, herbs de Provence ^{NEW}	17,5 zł



Pancake Tagliatelle (min. 400g)

ribbons with pancake dough

1. Pork mince, tomato, garlic, tomato sauce	15,5 zł	4. Chicken curry, coconut milk, pomegranate honey corn flakes,	16,5 zł
2. Grilled salmon, spinach, cream	22 zł	5. Shrimp, tomato, green pepper, parsley, wine	20 zł
3. Bacon, red onion, spinach leaves, cream	18,5 zł		



Warm sauces (50ml): cheese, béchamel, tomato mild, spicy tomato
Cold sauces (50ml): garlic, thousand islands, yoghurt-dill, jalapeno (spicy)

Additional ingredients only for pancakes (min):

onion, egg, sweet corn (50g) - 2 zł

olives (30 g), champignons, tomato, vegetables in a pan, salad (100g) - 2,5 zł

spinach leaves, arugula (10g), salami, ham (40g), mozzarella, cheese (80g) spinach (100g) - 3 zł

Jalapeno (20 g), dried tomatoes (30g), zucchini (70g), salad cheese, bacon lardons (80g) - 3,5 zł

blue cheese, camembert (80g), primavera (100g) - 4 zł

extra sauce (50ml) - 1 zł

extra bread (2 bread rolls) and garlic butter – 2 zł

takeaway box - 1,5 zł

paper bag - 0,5 zł

The list of allergens, the food product is available at the cash desk
 Opinions and proposal send on www.manekin.pl/torun/wysoka

Sweet Pancakes (min. 300g)

1. Banana, chocolate, whipped cream 10,5 zł
2. Rice with milk, raspberries, almonds (*baked*) 13 zł
3. Banana, strawberries, white chocolate (*baked*) 13,5 zł
4. Raffaello, mascarpone, coconut shreds, white chocolate 15,5 zł
5. Ferrero, mascarpone, nutella, nuts 16 zł
6. Gingerbread crunch, plum liqueur, white chocolate, mascarpone, cream sauce 13 zł

Pancake Triangles (min. 300g)

1. Icing sugar (min. 120g) 6,5 zł
2. Jam of your choice: cherry or strawberry & cream sauce 7,5 zł
3. Cottage cheese, strawberries, chocolate, icing sugar 12,5 zł
4. Nutella, whipped cream, icing sugar (min. 200g) 12,5 zł
5. Mascarpone, raspberries, Ruby chocolate 15 zł
6. Kinder Bueno with seasonal fruits ^{NEW} 16,5 zł

Sauces (50ml): cherry, raspberry, strawberry, chocolate, toffee, cream

Additional ingredients only for pancakes (min):

- coconut flakes (10g), white chocolate (20g), whipped cream (30g), banana, apple, jam (50g) – 2 zł
almonds, hazelnut (10g), raspberries, strawberries, cherries (50g), nutella (60g) – 3,5 zł
additional sauce (50ml) – 1 zł
one scoop of ice-cream (80g) – 4 zł

Pancakes (min. 400g)

1. Kinder Country, hazelnuts, toffee sauce 13 zł
2. M&M's, nutella cream, cream sauce 13 zł
3. Maxi King, mascarpone, salted peanuts ice cream 17 zł

Pancakes with pieces of chocolate (min. 400g) ^{NEW}

1. Oreo, cherries, cream sauce 12,5 zł
2. Ruby chocolate, raspberries, cream sauce 13,5 zł
3. Knoppers, strawberry sorbet, cream sauce, raspberry sauce 14,5 zł

Salads (min. 300g)

served with bread (2 rolls) and garlic butter

1. Greek salad *Vege* 13,5 zł
2. Caesar with grilled chicken 17,5 zł
3. Chicken in crispy batter with vegetables 17,5 zł
4. Grilled salmon in horseradish sauce 21,5 zł
5. Shrimp in mango sauce with vegetables 20,5 zł
6. Grilled Haloumi cheese with vegetables and humus *Vege* ^{NEW} 21,5 zł

Soups (min. 300ml)

1. Borsch (*beetroot soup*) 250ml 5 zł
2. Chicken noodle soup 7,5 zł
3. Creamy of porcini mushrooms soup in bread *Vege* 10,5 zł
4. Żurek with egg (*trad. Polish sour rye soup*) in bread 10,5 zł
5. Cold soup/ tomato cream (*seasonally*) 7,5 zł

Home-made Drinks (min. 250ml)

1. Lemonade with mint and lemon (still / sparkling) 0,3l / 0,5l 5,5 zł / 6,5 zł
2. Freshly squeezed orange or grapefruit juice 9,5 zł
3. Fresh carrot or apple juice 7 zł
4. Fruit milkshake 7 zł
5. Iced coffee with ice-cream scoop 8,5 zł

PRAWDZIWY
LÓDY

Desserts

PRAWDZIWY
LÓDY

1. Apple pie with whipped cream and ice cream 400g 11 zł
2. Vanilla cake with passion fruit caviar 12,5 zł
3. Ice cream (3 scoops) with fruit / dried fruit 300g 12 zł
4. Creamy oreo with seasonal fruits min. 250g 10,5 zł

Ciltes

Hot Drinks

Alfredo
ESPRESSO

1. Tea with lemon 250ml black, earl grey, green, fruit, mint 4,5 zł
2. Espresso 40ml / Espresso macchiato 50ml 5 zł / 5,5 zł
3. Coffee 150ml / Coffee with milk 200ml 5 zł / 5,5 zł
4. Cappuccino * 200ml 6,5 zł
5. Latte macchiato * 300ml 7,5 zł
6. Milk / Cocoa 250ml 3,5 zł / 4 zł

* coffee flavours: amaretto, cinnamon, vanilla, chocolate, nut, caramel

pepsi

Cold Drinks

pepsi

1. Water (*still, sparkling*) 0,3l 3,5 zł
2. Pepsi, Max, 7-up, Mirinda, Lipton Lemon 0,3l / 0,5l 4,5 zł / 6 zł
3. Pepsi Lime, Tonic, Lipton Peach bottle 0,5l 5,5 zł
4. Orange, apple, grapefruit, blackcurrant 0,3l 4,5 zł
5. Rockstar (*Energy Drink*) 0,25l 6,5 zł
6. Mountain Dew 0,3l 5 zł
7. Aloes 0,3l 6 zł

ZWIERZYNIEC

Draught Beer

PERŁA

1. Perła Export 0,3l / 0,5l 5 zł / 6 zł
2. Zwierzyniec 0,3l / 0,5l 5,5 zł / 6,5 zł
3. Perła Export pitcher 1,5l 16 zł
4. Beer mojito 0,3l / 0,5l 6,5 zł / 7,5 zł
5. Grapefruit beer 0,3l / 0,5l 6,5 zł / 7,5 zł

Bottle beers

1. Perła Hoppy / Strong 0,5l 7 zł
2. Perła Honey 0,5l / Zwierzyniec 0,33l 7,5 zł
3. Perła Porter 0,33l / Perła Koźlak 0,33l 8 zł
4. Alcohol-free beer 0,33l 6,5 zł

House Wine

White or red dry Italy

1. Manekin bottle 125ml / 250ml / 750ml 7,5 zł / 14 zł / 36 zł

Selections wine

White or red

1. Luciente Spanish *semi dry* 125ml / bottle 8,5 zł / 42 zł
2. Losar Spanish *semi sweet* 125ml / bottle 9 zł / 44 zł
3. Santa Messa Italian *sweet* 125ml / bottle 10 zł / 50 zł
4. Balbo Argentina *dry* 125ml / bottle 10,5 zł / 52 zł

MARTINI

Martini

MARTINI

1. Martini Bianco / Rosso & Tonic 200ml 11 zł
2. Martini Fiero 200 ml 11 zł