



## Dry Pancakes (min. 400 g)

we serve with a choice of sauce

1. Cheese <i>Vege</i>	9,5 zł	13. Cream cheese, salami pepperoni, jalapenos, onion	17 zł
2. White cheese, onion, potatoe, sauce <i>Vege</i> \crackling 11zł\	13 zł	14. Spinach, cream cheese, peanut butter <i>Vege</i>	16 zł
3. Mushrooms with cheese, ham	14,5 zł	15. Mexican (spicy)	16,5 zł
4. Spinach, cheese, fried egg <i>Vege</i>	14,5 zł	16. Baked salmon, spinach leaves, tomato	21,5 zł
5. Mozzarella, tomato, olives, salami pepperoni	16 zł	17. Indian	17 zł
6. Chicken shoarma, spinach	16,5 zł	18. Four kinds of cheese <i>Vege</i>	18 zł
7. Dried tomatoes, mozzarella, spinach <i>Vege</i>	15,5 zł	19. Chicken, camembert, cranberry	18,5 zł
8. Mushrooms, salami, ham, cheese, ketchup	16,5 zł	20. Mozzarella, tomato, basil pesto, arugula <i>new Vege</i>	16,5 zł
9. Chicken shoarma, cheese	17 zł	21. Chicken curry, coconut milk, lemongrass	16,5 zł
10. Pulled pork, cheese, herbs	17,5 zł	22. Ham, sugar peas, melted cheese <i>new</i>	18,5 zł
11. Kebab/Kebab curry, onion, cabbage, sauces	17 zł	23. Chicken, basil pesto, arugula, cheddar	18,5 zł
12. Bolognese, mozzarella <i>new</i>	16,5 zł	24. Baked salmon, cream cheese, onion, dill	22 zł

## Pancakes Tortillas (min. 400 g)

iceberg lettuce, tomatoes, red onion, olive oil with basil pesto

1. with crispy chicken	18,5 zł
2. with pulled pork	19 zł
3. with crispy shrimps	21,5 zł
4. with baked salmon	22,5 zł

## Baked Pancakes (min. 400 g)

with cheese

1. Pancake lasagne with white and tomato sauce	16,5 zł
2. Cod with spinach and cheese sauce	18 zł
3. Ricotta with spinach in tomato sauce <i>Vege</i>	17,5 zł
4. Mexican (spicy)	18,5 zł

## Corn Pancakes (min. 400 g)

batter with corn flour, may contain traces of gluten

1. Bolognese, mozzarella <i>new</i>	17,5 zł
2. Cream cheese, salami pepperoni, jalapenos, onion	18 zł
3. Mozzarella, tomato, basil pesto, arugula <i>new Vege</i>	17,5 zł
4. Baked salmon, cream cheese, onion, dill	22,5 zł
5. Indian	18 zł

## Tagliatelle Pancakes (min. 400 g)

pancake ribbons

1. Carbonara with spinach and red onion	16,5 zł
2. Chicken, Feta cheese, tomato, spinach leaves	20,5 zł
3. Spinach, cream, grilled salmon	24,5 zł
4. Shrimps with mango sauce, sugar peas, carrot, chili	24,5 zł
5. Chicken curry, coconut milk, cornflakes, pomegranate	19 zł

**Warm sauces (50g): cheese sauce, tomatoes (light or spice)**

**Cold sauces (50g): jalapenos (spicy), garlic, thousand, yoghurt-dill, honey mustard, soursweet**

### Additional ingrediens for pancakes:

corn(50g), salami(25g), ham(80g), spinach(100g), jalapenos(30g), additional salad(80g) – 3 zł  
arugula(20g), olives(50g), mushrooms(80g), crackling(50g), spinach leaves (30g), tomato(80g), – 3,5 zł  
cheese(120g), camembert(90g), blue cheese(50g), mozzarella(120g), cheddar(50g), dried tomatoes(50g) – 4 zł  
possible bake – 4 zł      additional sauce – 1,5 zł      wrap – 1,5 zł      paper bag – 1,5 zł

We invite you for breakfast every day from 10.00 to 12.00.

The list of allergens and composition of the dishes is available from our staff.

Suggestions and opinions should be directed to [www.manekin.pl/lodz/6-sierpnia](http://www.manekin.pl/lodz/6-sierpnia). Thank you.



## Sweet Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 4 zł

1. Caster sugar (120 g) 7 zł
2. Jam:strawberry or blueberry, sour cream (230 g) 8,5 zł
3. White cheese with vanilla (230 g) 10 zł
4. Nutella (180 g) 11 zł
5. Manekinella – nutty, chocolate (180 g) *new* 12,5 zł
6. Forest fruits (raspberry,blueberry,strawberry) 12,5 zł
7. Nutella, banana, whipped cream 13,5 zł
8. Raffaello, sour cream 16,5 zł  
(white chocolate, almonds, mascarpone, coconut)

**Sauces(30g): raspberry, chocolate, strawberry, toffee, mango, sour cream**

### Additional ingredients for sweet pancakes:

mint (10g), banana (80g), coconut shrimps (10g), almonds (15g), walnuts (15g), peanuts (15g), biscuits (40g) – 2,5 zł  
blueberry(80g), cranberry(80g), strawberry(80g), raspberry(80g), white chocolate (50g), white cheese(100g) – 3 zł  
Manekinella, Nutella – 4 zł

## American Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 4 zł

1. Raspberry, chocolate sauce and sour cream 13 zł
2. Nutella, chocolate M&M's and sour cream 16,5 zł
3. Maxi King, mascarpone, peanuts, ice cream 18,5 zł

## Chocolate Pancakes (min. 300 g)

sweet pancake batter with cocoa

9. Mascarpone, white chocolate, kiwi, strawberry sorbet, sour cream 17 zł
10. Ricotta, white chocolate, raspberry, chocolate ice cream, pomegranate, sour cream 16,5 zł
11. Kinder Bueno, mascarpone, Nutella, Seasonal fruit 17 zł
12. Biscuits, Nutella, mascarpone cheese 14 zł
13. Oreo, Milka chocolate, mascarpone 15,5 zł
14. Ferrero, chocolate sauce 17,5 zł  
(white chocolate, nutella, mascarpone, walnuts)

## American chocolate Pancakes (min. 300 g)

with chocolate pieces

4. Oreo, vanilla cream cheese, raspberries 15,5 zł
5. Banana, peanuts, toffee sauce, ice cream *new* 16,5 zł
6. Almonds,blueberries,white chocolate, sour cream 15,5 zł

## Salads (min. 350g)

Serve with bread and garlic butter

1. Greek salad *Vege* 16,5 zł
2. Cesare salad with chicken 18,5 zł
3. Cesare salad with crispy shrimps 24,5 zł
4. Cesare salad with crispy chicken 19 zł
5. Salads with shrimps,vegetables and mango sauce 24,5 zł
6. Salads with grilled salmon, honey mustard sauce *new* 24,5 zł
7. Crispy chicken with vegetables 19,5 zł

PRAWDZIWE  
LÖDY

## Dessert

PRAWDZIWE  
LÖDY

1. Apple-pie with scoop of vanilla ice cream (300 g) 11 zł
2. Oreo cream with seasonal fruit (200 g) 10,5 zł
3. Vanilla ice cream with hot raspberries (250 g) 10,5 zł
4. Ice cream with seasonal fruits or nuts and raisins 13,5 zł

## Soups (min. 300 ml)

1. Beetroot soup (200 ml) *Vege* 5,5 zł
2. Chicken broth with pancake noodles and carrot 7,5 zł
3. Sour rye cream with white sausage and egg 11,5 zł
4. Cold borsch with egg/Boletus mushroom creamy soup 8,5zł/ 11 zł

## Our Drink (min. 200 ml)

1. Lemonade with lemon and mint 0,3l/0,5l 5,5 zł/ 7 zł
2. Yogurt, fruit cocktail 6,5 zł
3. Fresh juice from carrot or apple 6,5 zł
4. Fresh juice from orange or grapefruit 9 zł
5. Iced chocolate with whipped cream and ice cream 0,4l 12 zł
6. Ice coffee with whipped cream and ice cream 0,4l 12 zł

Cilles  
TEE

## Warm Drink

Alfredo  
ESPRESSO

1. Tea with lemon 200 ml 5 zł
2. Espresso 40 ml, Espresso macchiato 50 ml 5,5 zł
3. Cafe 150 ml 6 zł
4. Cafe o'le 150 ml 6,5 zł
5. Cappuccino \* 150 ml 7,5 zł
6. Cafe latte (200 ml), Latte macchiato \* 200 ml 9 zł
7. Milk 200 ml 5 zł
8. Cocoa 200 ml, 5,5 zł  
\* syrups: chocolate cookie, caramel, french vanilla, roasted nuts

pepsi

## Cold Drink

pepsi

1. Sparkling water/Still water 0,3l 5 zł
2. Pepsi, Pepsi max, 7-up, Mirinda, 0,3l 5,5 zł
3. Pepsi, Pepsi max, 7-up, Mirinda, 0,5l 7 zł
4. Pepsi Cherry, Pepsi Lime, Tonic Schweppes 0,5l 8 zł
5. Lipton Ice Tea (lemon, peach, green) 0,3l 6,5 zł
6. orange, grapefruit, apple, black currant, tomato 0,3l 5,5 zł
7. Aloes 0,3l/0,5l 7 zł/ 9,5 zł
8. Rockstar ENERGY DRINK 0,25l, Mountain Dew 0,5l 8,5 zł

PERŁA

## Beer

ZWIERYZYNIEC

### barrel

1. Perła Export 0,3 l/0,5 l 5,5 zł/6,5 zł
2. Zwierzyniec 0,3 l/0,5 l 6,5 zł/7,5 zł
3. Pitcher Perła 1,5 l / Pitcher Zwierzyniec 1,5 l 17 zł/20 zł
4. Grapefruit beer or banana beer 0,5 l 9 zł
5. Mojito beer 0,5 l 9 zł

### bottled

1. Perła Export 0,5l, Perła Hop 0,5l 9 zł
2. Perła Unpasteurized 0,5l 9 zł
3. Perła Honey 0,5l 9,5 zł
4. Perła Porter 0,33l 8 zł
5. Perła Koźlak 0,33l 8 zł
6. Zwierzyniec 0,33l 7,5 zł
7. Alcohol Free Beer 0,5l 8,5 zł

## House Wine

Italy – dry

1. White or red 100 ml/250 ml/750ml 8,5 zł/16 zł/ 39 zł

## Wine selection Manekin

spring – summer, white or red

1. Santa Messa, Italy, sweet 125ml/1000ml 9,5 zł/ 69 zł
2. Losar, Spain, semisweet 125ml/750ml 9 zł/ 51 zł
3. Luciente, Spain, semi-dry 125ml/750ml 9 zł/ 49 zł
4. Balbo, Argentina, dry 125ml/750ml 9,5 zł/ 59 zł

MARTINI

## Martini

MARTINI

1. Martini Fiero & Tonic (200 ml) 13,5 zł
2. Martini Bianco or Rosso & Tonic (200 ml) 13,5 zł
3. Frozen prosecco with lemonade (200 ml) 14,5 zł