



## Dry Pancakes (min. 400 g)

we serve with a choice of sauce

1. Cheese	9,5 zł	15. Chicken, chanterelle, onion, cream	18,5 zł
2. White cheese, onion, potatoe, sauce\crackling 11 zł\	13 zł	16. Spinach, cream cheese, peanut butter	16 zł
3. Mushrooms with cheese, ham	14,5 zł	17. Roast chicken, blue cheese, mushrooms <i>new</i>	18,5 zł
4. Spinach, cheese, fried egg	14,5 zł	18. Baked salmon, spinach leaves, tomato	21,5 zł
5. Mozzarella, tomato, olives, salami pepperoni	16 zł	19. Indian	17 zł
6. Chicken shoarma, spinach	16,5 zł	20. Four kinds of cheese	18 zł
7. Dried tomatoes, mozzarella, spinach	15,5 zł	21. Chicken, camembert, cranberry	18,5 zł
8. Mushrooms, salami, ham, cheese, ketchup	16,5 zł	22. Pulled pork, spinach	17 zł
9. Chicken shoarma, cheese	17 zł	23. Roast chicken with tomatoes and garlic	18,5 zł
10. Pulled pork, cheese, herbs	17,5 zł	24. Ricotta, roasted peppers, onion <i>new</i>	16 zł
11. Kebab/Kebab curry, onion, cabbage, sauces	17 zł	25. Chicken, basil pesto, arugula, cheddar	18,5 zł
12. Chili con carne (spicy)	17,5 zł	26. Baked salmon, cream cheese, onion, dill	22 zł
13. Bacon with oyster mushrooms, onion, marjoram	18,5 zł	27. Mexican (spicy)	16,5 zł
14. Chicken curry, coconut milk, lemongrass	16,5 zł	28. Roast chicken with roasted peppers, onion <i>new</i>	18,5 zł

## Pancakes Tortillas (min. 400 g)

iceberg lettuce, tomatoes, red onion, olive oil with basil pesto

1. with crispy chicken	18,5 zł
2. with pulled pork	19 zł
3. with crispy shrimps <i>new</i>	21,5 zł
4. with baked salmon	22,5 zł

## Hemp Pancakes (min. 400 g) *new*

batter without milk and eggs with hemp flour and spinach

1. Cabbage with mushrooms and onions	14,5 zł
2. Spinach, cheese, fried egg	16 zł
3. Baked salmon, cream cheese, onion, dill	22,5 zł
4. Ricotta, roasted peppers, onion <i>new</i>	17 zł

## Potato Pancakes (min. 400 g)

batter with the addition of potatoes

1. White cheese, onion, potatoe, sauce\crackling 12 zł/	15 zł
2. Cabbage with mushrooms and onions	15 zł
3. Bacon with oyster mushrooms, onion, marjoram	19 zł
4. Chicken, chanterelle, onion, cream	20 zł
5. Pulled pork, cabbage, mushrooms, onions <i>new</i>	19,5 zł

## Tagliatelle Pancakes (min. 400 g)

pancake ribbons

1. Carbonara with spinach and red onion	16,5 zł
2. Chicken with roasted peppers, onion (spicy) <i>new</i>	19,5 zł
3. Oyster mushrooms, vegetables, blue cheese <i>new</i>	19,5 zł
4. Chicken, chanterelle, onion, arugula	20,5 zł
5. Spinach, cream, grilled salmon	24,5 zł

## Baked Pancakes (min. 450 g)

with cheese

1. Pancake lasagne with white and tomato sauce	16,5 zł
2. Cod with spinach and cheese sauce	18 zł
3. Ricotta with spinach in tomato sauce	17,5 zł

## Crispy Roller (min. 350 g)

served with beetroot soup and garlic sauce

1. Cabbage with mushrooms and onion	16 zł
2. Chili con carne (spicy)	18,5 zł
3. Pulled pork, cheese, herbs	19,5 zł

**Warm sauces (50g): cheese sauce, white sauce, tomatoes (light or spice)**

**Cold sauces (50g): jalapenos (spicy), garlic, thousand, yoghurt-dill**

### Additional ingrediens for pancakes:

corn(50g), salami(25g), ham(80g), spinach(100g), jalapenos(30g), additional salad(80g) – 3 zł

arugula(20g), olives(50g), mushrooms(80g), crackling(50g), spinach leaves (30g), tomato(80g), – 3,5 zł

cheese(120g), camembert(90g), blue cheese(50g), mozzarella(120g), cheddar(50g), dried tomatoes(50g) – 4 zł

possible bake – 4 zł

additional sauce – 1,5 zł

wrap – 1,5 zł

paper bag – 1,5 zł

We invite you for breakfast every day from 10.00 to 12.00.

The list of allergens and composition of the dishes is available from our staff.

Suggestions and opinions should be directed to [www.manekin.pl/lodz/6-sierpnia](http://www.manekin.pl/lodz/6-sierpnia). Thank you.



## Sweet Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 4 zł

1. Caster sugar (120 g) 7 zł
2. Jam:strawberry or blueberry, sour cream (230 g) 8,5 zł
3. White cheese with vanilla (230 g) 10 zł
4. Nutella (180 g) 11 zł
5. Forest fruits (raspberry,blueberry,strawberry) 12,5 zł
6. Ruby chocolate, strawberry sorbet, mascarpone 17,5 zł
7. Nutella, banana, whipped cream 13,5 zł
8. Raffaello, sour cream 16,5 zł  
(white chocolate, almonds, mascarpone, coconut)

## Chocolate Pancakes (min. 300 g)

sweet pancake batter with cocoa

9. Mascarpone, white chocolate, kiwi, strawberry sorbet, sour cream 17 zł
10. Ricotta, white chocolate, raspberry, chocolate ice cream, pomegranate, sour cream 16,5 zł
11. White cheese, raspberries, meringues, chocolate 14,5 zł
12. Biscuits, Nutella, mascarpone cheese 14 zł
13. Oreo, Milka chocolate, mascarpone 15,5 zł
14. Ferrero, chocolate sauce 17,5 zł  
(white chocolate, nutella, mascarpone, walnuts)

**Sauces(30g): raspberry, cherry, chocolate, strawberry, toffee, mango, sour cream**

**Additional ingredients for sweet pancakes:**

mint (10g), banana (80g), coconut shrimps (10g), almonds (15g), walnuts (15g), peanuts (15g), biscuits (40g) – 2,5 zł  
blueberry(80g), cranberry(80g), strawberry(80g), raspberry(80g), cherry(80g), white chocolate (50g), white cheese(100g) – 3 zł  
additional sauce – 1,5 zł

## American Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 4 zł

1. Raspberry, chocolate sauce and sour cream 13 zł
2. Nutella, chocolate M&M's and sour cream 16,5 zł
3. Knoppers, strawberry sorbet, sour cream 15,5 zł
4. Maxi King, mascarpone, peanuts, ice cream 18,5 zł

## American chocolate Pancakes (min. 300 g)

with chocolate pieces

5. Oreo, vanilla cream cheese, raspberries 15,5 zł
6. Seasonal fruit, meringues, strawberry ice cream 14,5 zł
7. Cherry, white chocolate, ice cream 14,5 zł
8. Almonds,blueberries,white chocolate, sour cream 15,5 zł

## Salads (min. 350g)

Serve with bread and garlic butter

1. Greek salad 16,5 zł
2. Cesare salad with chicken 18,5 zł
3. Cesare salad with crispy shrimps **new** 24,5 zł
4. Cesare salad with crispy chicken 19 zł
5. Salads with shrimps,vegetables and mango sauce 24,5 zł
6. Cesare salad with smoked cheep cheese 18 zł
7. Salads with grilled salmon, honey mustard sauce **new** 24,5 zł
8. Crispy chicken with vegetables 19,5 zł

## Soups (min. 300 ml)

1. Beetroot soup (200 ml) 5,5 zł
2. Chicken broth with pancake noodles and carrot 7,5 zł
3. Spicy soup with salmon and coriander 11,5 zł
4. Sour rye cream with white sausage and egg 11 zł
5. Boletus mushroom creamy soup with truffle oil 11 zł
6. Sweet potato cream with roasted leek **new** 9,5 zł

## Our Drink (min. 200 ml)

1. Lemonade with lemon and mint 0,3l/0,5l 5,5 zł/ 7 zł
2. Hot lemonade 0,3l – raspberry or apple with ginger 8 zł
3. Yogurt, fruit cocktail 6,5 zł
4. Fresh juice from carrot or apple 6,5 zł
5. Fresh juice from orange or grapefruit 9 zł
6. Hot chocolate with whipped cream 9 zł
7. Ice coffee with whipped cream and vanilla ice cream 11 zł

PRAWDZIWE  
LÖDY

## Dessert

PRAWDZIWE  
LÖDY

1. Apple-pie with scoop of vanilla ice cream (300 g) 11 zł
2. Oreo cream with seasonal fruit (200 g) 10,5 zł
3. Chocolate souffle with raspberries (200g) **new** 11,5 zł
4. Vanilla ice cream with hot raspberries (250 g) 10,5 zł
5. Ice cream with seasonal fruits or nuts and raisins 13,5 zł



## Warm Drink



1. Tea with lemon 200 ml 5 zł
2. Espresso 40 ml, Espresso macchiato 50 ml 5,5 zł
3. Cafe 150 ml 6 zł
4. Cafe O'le 150 ml 6,5 zł
5. Cappuccino \* 150 ml 7,5 zł
6. Cafe latte (200 ml), Latte macchiato \* 200 ml 9 zł
7. Milk 200 ml 5 zł
8. Cocoa 200 ml, 5,5 zł

\* syrups: chocolate cookie, caramel, french vanilla, roasted nuts



## Cold Drink



1. Sparkling water/Still water 0,3l 4,5 zł
2. Pepsi, Pepsi max, 7-up, Mirinda, 0,3l 5,5 zł
3. Pepsi, Pepsi max, 7-up, Mirinda, 0,5l 7 zł
4. Pepsi Cherry, Pepsi Lime, Tonic Schweppes 0,5l 8 zł
5. Lipton Ice Tea (lemon, peach, green) 0,3l 6,5 zł
6. orange, grapefruit, apple, black currant, tomato 0,3l 5,5 zł
7. Aloes 0,3l/0,5l 6,5 zł/ 9 zł
8. Rockstar ENERGY DRINK 0,25l, Mountain Dew 0,5l 8,5 zł



## Beer



**barrel**

1. Perła Export 0,3 l/0,5 l 5,5 zł/6,5 zł
2. Zwierzyniec 0,3 l/0,5 l 6,5 zł/7,5 zł
3. Pitcher Perła 1,5 l / Pitcher Zwierzyniec 1,5 l 17 zł/20 zł
4. Grapefruit beer or banana beer 0,5 l 8,5 zł
5. Perła warm with honey and lemon 9,5 zł
6. Perła warm with raspberry and vanilla 9,5 zł

**bottled**

1. Perła Export 0,5l 9 zł
2. Perła Hop 0,5l 9 zł
3. Perła Honey 0,5l 9,5 zł
4. Perła Porter 0,33l 8 zł
5. Perła Kozłak 0,33l 8 zł
6. Zwierzyniec 0,33l 7,5 zł
7. Alcohol Free Beer 0,5l 8,5 zł

## House Wine

Italy – dry

1. Glass 100 ml / Small decanter 250 ml 7,5 zł/ 16 zł
2. Big decanter 500 ml / Bottle 750 ml 29 zł/ 39 zł

## Wine selection Manekin

1. Santa Messa, Italy, w/r - sweet 8,5 zł
2. Losar, Spain, w/r - semisweet 8,5 zł
3. Luciente, Spain, w/r - semi-dry 8,5 zł
4. Rio Alto, Chile, w/r – dry 9,5 zł
5. Mulled wine (200 ml) 10 zł
6. White mulled wine (200 ml) 10 zł



## Martini



3. Martini Fiero & Tonic (200 ml) 13,5 zł
4. Martini Bianco or Rosso & Tonic (200 ml) 13,5 zł
5. Frozen prosecco with lemonade (200 ml) 14,5 zł

Telephone number: +48 42 671 07 84

menu card is valid from 3.02.2020

[www.manekin.pl](http://www.manekin.pl)