



## Dry Pancakes (min. 400 g)

*we serve with a choice of sauce*

|  |                  |  |         |
|--|------------------|--|---------|
| 1. Cheese  | 9,5 zł           | 15. Chicken, chanterelle, onion, sauce                   | 18,5 zł |
| 2. White cheese, onion, potatoe, sauce\crackling | 10,5 zł\ 12,5 zł | 16. Spinach, cream cheese, peanut butter                 | 16 zł   |
| 3. Mushrooms with cheese, ham                    | 13,5 zł          | 17. Roast chicken, blue cheese, mushrooms <i>new</i>     | 18,5 zł |
| 4. Spinach, cheese, fried egg                    | 14,5 zł          | 18. Baked salmon, spinach leaves, tomato                 | 21 zł   |
| 5. Mozzarella, tomato, olives, salami pepperoni  | 15,5 zł          | 19. Indian   | 16,5 zł |
| 6. Chicken shoarma, spinach                      | 15,5 zł          | 20. Four kinds of cheese                                 | 18 zł   |
| 7. Dried tomatoes, mozzarella, spinach           | 14,5 zł          | 21. Chicken, camembert, cranberry                        | 18,5 zł |
| 8. Mushrooms, salami, ham, cheese, ketchup       | 15,5 zł          | 22. Pulled pork, spinach                                 | 16,5 zł |
| 9. Chicken shoarma, cheese                       | 16 zł            | 23. Roast chicken with tomatoes and garlic               | 18,5 zł |
| 10. Pulled pork, cheese, herbs                   | 17 zł            | 24. Ricotta, roasted peppers, onion <i>new</i>           | 16 zł   |
| 11. Kebab/Kebab curry, onion, cabbage, sauces    | 16,5 zł          | 25. Chicken, basil pesto, arugula, cheddar               | 18,5 zł |
| 12. Chili con carne (spicy)                      | 17 zł            | 26. Baked salmon, cream cheese, onion, dill              | 21,5 zł |
| 13. Bacon with oyster mushrooms, onion, marjoram | 18,5 zł          | 27. Mexican (spicy)                                      | 16 zł   |
| 14. Chicken curry, coconut milk, lemongrass      | 15,5 zł          | 28. Roast chicken with roasted peppers, onion <i>new</i> | 18,5 zł |

## Pancakes Tortillas (min. 400 g)

*iceberg lettuce, tomatoes, red onion, olive oil with basil pesto*

|                                   |         |
|-----------------------------------|---------|
| 1. with crispy chicken            | 18,5 zł |
| 2. with pulled pork               | 19 zł   |
| 3. with crispy shrimps <i>new</i> | 21,5 zł |
| 4. with baked salmon              | 22 zł   |

## Hemp Pancakes (min. 400 g) *new*

*batter without milk and eggs with hemp flour and spinach*

|   |       |
|---|-------|
| 1. Cabbage with mushrooms and onions          | 14 zł |
| 2. Spinach, cheese, fried egg                 | 16 zł |
| 3. Baked salmon, cream cheese, onion, dill    | 22 zł |
| 4. Ricotta, roasted peppers, onion <i>new</i> | 17 zł |

## Potato Pancakes (min. 400 g)

*batter with the addition of potatoes*

|   |                |
|---|----------------|
| 1. White cheese, onion, potatoe, sauce\crackling      | 12 zł/ 13,5 zł |
| 2. Cabbage with mushrooms and onions                  | 14 zł          |
| 3. Bacon with oyster mushrooms, onion, marjoram       | 19 zł          |
| 4. Chicken, chanterelle, onion, sauce                 | 20 zł          |
| 5. Pulled pork, cabbage, mushrooms, onions <i>new</i> | 19,5 zł        |

## Tagliatelle Pancakes (min. 400 g)

*pancake ribbons*

|   |         |
|---|---------|
| 1. Carbonara with spinach and red onion                   | 16,5 zł |
| 2. Chicken with roasted peppers, onion (spicy) <i>new</i> | 19,5 zł |
| 3. Oyster mushrooms, vegetables, blue cheese <i>new</i>   | 19,5 zł |
| 4. Chicken, chanterelle, onion, arugula                   | 20,5 zł |
| 5. Spinach, cream, grilled salmon                         | 23,5 zł |

## Baked Pancakes (min. 450 g)

*with cheese*

|  |         |
|--|---------|
| 1. Pancake lasagne with white and tomato sauce | 15,5 zł |
| 2. Cod with spinach and cheese sauce           | 17,5 zł |
| 3. Ricotta with spinach in tomato sauce        | 17,5 zł |

## Crispy Roller (min. 350 g)

*served with beetroot soup and garlic sauce*

|                                     |         |
|-------------------------------------|---------|
| 1. Cabbage with mushrooms and onion | 15,5 zł |
| 2. Chili con carne (spicy)          | 18,5 zł |
| 3. Pulled pork, cheese, herbs       | 19,5 zł |

**Warm sauces (50g): cheese sauce, white sauce, tomatoes (light or spice)**

**Cold sauces (50g): jalapenos (spicy), garlic, thousand, yoghurt-dill**

### Additional ingrediens for pancakes:

*corn(50g), salami(25g), ham(80g), spinach(100g), jalapenos(30g), additional salad(80g) – 3 zł*  
*arugula(20g), olives(50g), mushrooms(80g), crackling(50g), spinach leaves (30g), tomato(80g), – 3,5 zł*  
*cheese(120g), camembert(90g), blue cheese(50g), mozzarella(120g), cheddar(50g), dried tomatoes(50g) – 4 zł*  
*possible bake – 4 zł      additional sauce – 1,5 zł      wrap – 1,5 zł      paper bag – 1,5 zł*

We invite you for breakfast every day from 10.00 to 12.00.

The list of allergens and composition of the dishes is available from our staff.

Suggestions and opinions should be directed to [www.manekin.pl/lodz/6-sierpnia](http://www.manekin.pl/lodz/6-sierpnia). Thank you.



## Sweet Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 3,5 zł

1. Caster sugar (120 g) 7 zł
2. Jam:strawberry or blueberry, sour cream (230 g) 8,5 zł
3. White cheese with vanilla (230 g) 10 zł
4. Nutella (180 g) 11 zł
5. Forest fruits (raspberry,blueberry,strawberry) 12,5 zł
6. Ruby chocolate, strawberry sorbet, mascarpone 17,5 zł
7. Nutella, banana, whipped cream 13 zł
8. Raffaello, sour cream 16,5 zł  
(white chocolate, almonds, mascarpone, coconut)

## Chocolate Pancakes (min. 300 g)

sweet pancake batter with cocoa

9. Mascarpone, white chocolate, kiwi, strawberry sorbet, sour cream 16,5 zł
10. Ricotta, white chocolate, raspberry, chocolate ice cream, pomegranate, sour cream 16,5 zł
11. White cheese, raspberries, meringues, chocolate 14,5 zł
12. Biscuits, Nutella, mascarpone cheese 14 zł
13. Oreo, Milka chocolate, mascarpone 15,5 zł
14. Ferrero, chocolate sauce 17,5 zł  
(white chocolate, nutella, mascarpone, walnuts)

**Sauces(30g): raspberry, cherry, chocolate, strawberry, toffee, mango, sour cream**

**Additional ingredients for sweet pancakes:**

mint (10g), banana (80g), coconut shrimps (10g), almonds (15g), walnuts (15g), peanuts (15g), biscuits (40g) – 2,5 zł  
blueberry(80g), cranberry(80g), strawberry(80g), raspberry(80g), cherry(80g), white chocolate (50g), white cheese(100g) – 3 zł  
additional sauce – 1,5 zł

## American Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 3,5 zł

1. Raspberry, chocolate sauce and sour cream 12,5 zł
2. Nutella, chocolate M&M's and sour cream 15,5 zł
3. Knoppers, strawberry sorbet, sour cream 15,5 zł
4. Maxi King, mascarpone, peanuts, ice cream 17,5 zł

## American chocolate Pancakes (min. 300 g)

with chocolate pieces

5. Oreo, vanilla cream cheese, raspberries 15,5 zł
6. Seasonal fruit, meringues, strawberry ice cream 14,5 zł
7. Cherry, white chocolate, ice cream 14,5 zł
8. Almonds,blueberries,white chocolate, sour cream 15,5 zł

## Salads (min. 350g)

Serve with bread and garlic butter

1. Greek salad 15,5 zł
2. Cesare salad with chicken 17,5 zł
3. Cesare salad with crispy shrimps **new** 23,5 zł
4. Cesare salad with crispy chicken 19 zł
5. Salads with shrimps,vegetables and mango sauce 23,5 zł
6. Cesare salad with smoked cheep cheese 18 zł
7. Salads with grilled salmon, honey mustard sauce **new** 23,5 zł
8. Crispy chicken with vegetables 19,5 zł

## Soups (min. 300 ml)

1. Beetroot soup (200 ml) 5,5 zł
2. Chicken broth with pancake noodles and carrot 7,5 zł
3. Spicy soup with salmon and coriander 11,5 zł
4. Sour rye cream with white sausage and egg 11 zł
5. Boletus mushroom creamy soup with truffle oil 11 zł
6. Sweet potato cream with roasted leek **new** 9,5 zł

## Our Drink (min. 200 ml)

1. Lemonade with lemon and mint 0,3l/0,5l 5,5 zł/ 7 zł
2. Hot lemonade 0,3l – raspberry or apple with ginger 8 zł
3. Yogurt, fruit cocktail 6,5 zł
4. Fresh juice from carrot or apple 6,5 zł
5. Fresh juice from orange or grapefruit 9 zł
6. Hot chocolate with whipped cream 9 zł
7. Ice coffee with whipped cream and vanilla ice cream 11 zł

PRAWDZIWE  
LÖDY

## Dessert

PRAWDZIWE  
LÖDY

1. Apple-pie with scoop of vanilla ice cream (300 g) 11 zł
2. Oreo cream with seasonal fruit (200 g) 10,5 zł
3. Chocolate souffle with raspberries (200g) **new** 11,5 zł
4. Vanilla ice cream with hot raspberries (250 g) 9,5 zł
5. Ice cream with seasonal fruits or nuts and raisins 12,5 zł



## Warm Drink



1. Tea with lemon 200 ml 5 zł
2. Espresso 40 ml, Espresso macchiato 50 ml 5,5 zł
3. Cafe 150 ml 6 zł
4. Cafe O'le 150 ml 6,5 zł
5. Cappuccino \* 150 ml 7,5 zł
6. Cafe latte (200 ml), Latte macchiato \* 200 ml 9 zł
7. Milk 200 ml 5 zł
8. Cocoa 200 ml, 5,5 zł

\* syrups: chocolate cookie, caramel, french vanilla, roasted nuts



## Cold Drink



1. Sparkling water/Still water 0,3l 4,5 zł
2. Pepsi, Pepsi max, 7-up, Mirinda, 0,3l 5 zł
3. Pepsi, Pepsi max, 7-up, Mirinda, 0,5l 6,5 zł
4. Pepsi Cherry, Pepsi Lime, Tonic Schweppes 0,5l 8 zł
5. Lipton Ice Tea (lemon, peach, green) 0,3l 6,5 zł
6. orange, grapefruit, apple, black currant, tomato 0,3l 5,5 zł
7. Aloes 0,3l/0,5l 6,5 zł/ 9 zł
8. Rockstar ENERGY DRINK 0,25l, Mountain Dew 0,5l 8,5 zł



## Beer



### barrel

1. Perła Export 0,3 l/0,5 l 5,5 zł/6,5 zł
2. Zwierzyniec 0,3 l/0,5 l 6,5 zł/7,5 zł
3. Pitcher Perła 1,5 l / Pitcher Zwierzyniec 1,5 l 17 zł/20 zł
4. Grapefruit beer or banana beer 0,5 l 8,5 zł
5. Perła warm with honey and lemon 9,5 zł
6. Perła warm with raspberry and vanilla 9,5 zł

### bottled

1. Perła Export 0,5l, Perła Hop 0,5l 9 zł
2. Perła Unpasteurized 0,5l 9 zł
3. Perła Honey 0,5l 9,5 zł
4. Perła Porter 0,33l 8 zł
5. Perła Kozłak 0,33l 8 zł
6. Zwierzyniec 0,33l 7,5 zł
7. Alcohol Free Beer 0,33l 8,5 zł

## House Wine

Italy – dry

1. Glass 100 ml / Small decanter 250 ml 7,5 zł/ 16 zł
2. Big decanter 500 ml / Bottle 750 ml 29 zł/ 39 zł

## Wine selection Manekin

1. Santa Messa, Italy, w/r - sweet 8,5 zł
2. Losar, Spain, w/r - semisweet 8,5 zł
3. Luciente, Spain, w/r - semi-dry 8,5 zł
4. Rio Alto, Chile, w/r – dry 9,5 zł
5. Mulled wine (200 ml) 10 zł
6. White mulled wine (200 ml) 10 zł



## Martini



3. Martini Fiero & Tonic (200 ml) 13,5 zł
4. Martini Bianco or Rosso & Tonic (200 ml) 13,5 zł
5. Frozen prosecco with lemonade (200 ml) 13,5 zł

Telephone number: +48 42 671 07 84

menu card is valid from 15.10.2019

[www.manekin.pl](http://www.manekin.pl)