



## Savoury Pancakes (min. 400g)

1. Cheese, herbs, sauce (min. 300g) <i>Vege</i>	9 zł	15. Ham, salami, mushrooms, cheese, ketchup, sauce	14 zł
2. Roasted vegetables, cheddar, sauce <i>Vege</i>	12,5 zł	16. Spinach, dried tomatoes, mozzarella, sauce <i>Vege</i>	14,5 zł
3. Cottage cheese, fried onions, potatoes, sauce <i>Vege</i> /becon lardons	11 zł / 12zł	17. Pork mince (bolognese), cheese, sauce	15 zł
4. Ham, champignons, cheese, sauce	13 zł	18. Quattro cheese: cheddar, blue cheese, camembert, cheese, sauce <i>Vege</i>	16,5 zł
5. Pork mince, roasted vegetables, sauce	15 zł	19. Chicken shawarma, onion, cheese, sauce	17 zł
6. Mexican ( <i>spicy</i> ) – chicken, beans, onion, vegetables, sauce	15,5 zł	20. Chicken, red pesto, mozzarella, tomatoes, sauce	18 zł
7. Chicken curry ( <i>spicy</i> ) – onion, pineapple, jalapeno, coconut milk, sauce	16 zł	21. Thai – chicken, vegetables, rice, cashew nuts, pineapple, sweet and sour sauce ( <i>spicy</i> )	16,5 zł
8. Gyros – chicken, onion, salad cheese, corn, lettuce, tomato, sauce	16,5 zł	22. Burrito ( <i>spicy</i> ) – pork mince, salsa, sweet corn, chilli, cheese, onion, sauce	16,5 zł
9. Roast chicken, spinach, cheese, sauce	16,5 zł	23. Chilli con carne ( <i>spicy</i> ), sauce <sup>NEW</sup>	18 zł
10. Pork mince, cheese, herbs, sauce	15,5 zł	24. Oyster mushrooms, becon, onion, garlic, cream, sauce <sup>NEW</sup>	18 zł
11. Kebab - chicken, cabbage, cucumber, onion, thousand island dressing and garlic sauce	16,5 zł	25. Pulled pork, cheese, fried onion, mustard, sauce <sup>NEW</sup>	17 zł
12. Roast chicken, mushrooms, blue cheese, cream, sauce <sup>NEW</sup>	17 zł	26. Basil chicken, tomato, blue cheese, spinach leaves, sauce	18 zł
13. Beef strogonow, pepper, champignons, sour pickles, sauce	17,5 zł	27. Chicken shawarma, onion, shrimps, cheese, chilli paste, parsley, sauce ( <i>spicy</i> ) <sup>NEW</sup>	19 zł
14. Chicken with chanterelles, onion, sauce	18 zł	28. Shrimps, zucchini, camembert, arugula, sauce	19 zł

## Oven-baked Pancakes with cheese (min. 400g)

1. Pancake lasagne, minced meat, tomato & bechamel sauce	15,5 zł
2. Strudel: spinach, Ricotta, tomato & bechamel sauce <i>Vege</i>	16 zł
3. Pulled pork, cheese, red onion, tomato sauce	17,5 zł
4. Mexican ( <i>spicy</i> ) – chicken, red peppers, beans, onion chilli peppers, olives, spicy tomato sauce	16,5 zł

## Potato Pancakes (min. 400g)

1. Cottage cheese, fried onion, potatoes, sauce <i>Vege</i>	12,5 zł
2. Pulled pork, cabbage, champignons, sauce <sup>NEW</sup>	17 zł
3. Sausage, bacon, cheese, onion, sour pickles, sauce	15 zł
4. Beef stroganoff, pepper, champignons, sour pickles, sauce	18 zł

## Hemp Pancakes (min. 400g) <sup>NEW</sup>

*without eggs on oat milk with hemp flour*

1. Roasted vegetables, arugula, sauce <i>Vege</i>	14 zł
2. Chickpea pasta, spinach leaves, tomatoes, arugula, sauce <i>Vege</i>	15,5 zł
3. Goat cheese, beetroot, spinach leaves, arugula, sauce <i>Vege</i>	18,5 zł

## Multigrain Pancakes (min. 400g)

1. Camembert, mozzarella, dried tomatoes, arugula, sauce <i>Vege</i>	15,5 zł
2. Chicken shawarma, onion, spinach, dried tomatoes, sauce	18 zł
3. Roast chicken, camembert, cranberry, arugula, sauce	16,5 zł

## Primavera Pancakes (min. 500g)

*Iceberg lettuce, tomatoes, basil olive oil dressing*

1. Chicken shawarma, onion, cheese, sauce	17,5 zł
2. A'la tortilla with baked salmon, vegetables, cheese, sauce	21 zł
3. A'la tortilla with crispy chicken, vegetables, cheese, sauce	18,5 zł

## Buckwheat-Flaxen Pancakes (min. 400g)

1. Zucchini, blue cheese, arugula, sunflower seed, sauce <i>Vege</i>	14 zł
2. Baked salmon, camembert, spinach, sauce	21 zł
3. Spinach, cheddar, egg, sauce <i>Vege</i>	14,5 zł

## Pancakes Tagliatelle (min. 400g)

1. Bolognese	15,5 zł	4. Carbonara	16 zł
2. Grilled salmon, spinach, cream	21 zł	5. Chicken with chanterelles, onion, arugula, cream	19 zł
3. Oyster mushrooms, dried tomatoes, blue cheese, cream, arugula <sup>NEW</sup> <i>Vege</i>	18,5 zł	6. Basil chicken, blue cheese, spinach leaves, cream	18,5 zł

**Warm sauces (50ml): béchamel, cheese, tomato mild, spicy tomato, mushrooms**

**Cold sauces (50ml): garlic, thousand islands, yogurt-dill, jalapeno (spicy), sweet and sour (spicy)**

**Additional ingredients only for pancakes (min.):**

*onion, egg, corn (50g) - 2 zł*

*olives (30g), mushrooms, tomato, baked vegetables, salad (100g) - 2,5 zł*

*spinach leaves, arugula (10g), salami, ham (40g), mozzarella, cheese (80g) spinach (100g) - 3 zł*

*jalapeno (20g), dried tomatoes (30g), zucchini (70g), salad cheese, bacon lardons (80g) - 3,5 zł*

*blue cheese, camembert, cheddar (80g), primavera (100g) - 4 zł*

*extra sauce (50ml) - 1 zł*

*extra bread (2 bread rolls) and garlic butter - 2 zł*

*takeaway box - 1,5 zł*

*paper bag - 0,5 zł*

*The list of allergens, the food product is available at the cash desk  
Opinions and suggestion please send to [www.manekin.pl/torun/wysoka](http://www.manekin.pl/torun/wysoka)*

## Sweet Pancakes (min. 300g)

- Banana, chocolate, whipped cream, sauce 10,5 zł
- Snickers, cherries, icing sugar 13 zł
- Ferrero, mascarpone, nutella, nuts, sauce 15,5 zł
- Raffaello, mascarpone, coconut shreds, sauce 15 zł
- Banana, strawberries, white chocolate (baked) 13,5 zł
- Rice with milk, raspberries, almonds (baked) 13 zł
- Gingerbread, plum with liqueur, white chocolate, mascarpone, creamy sauce <sup>NEW</sup> 13 zł

## Pancakes Triangles (min. 300g)

- Icing sugar (min 120g) 6,5 zł
- Jam of your choice: cherry, strawberry, cream sauce (min. 200g) 7,5 zł
- White cheese, strawberries, chocolate, sauce 12,5 zł
- Nutella, whipped cream, icing sugar (min. 200g) 12 zł
- Milka chocolate, oreo, creamy sauce, sauce <sup>NEW</sup> 14 zł
- Mascarpone, raspberries, Ruby chocolate, sauce 14,5 zł
- Ricotta, grenade, white chocolate, raspberries, sorbet, sauce <sup>NEW</sup> 15 zł

### Sauces (50ml): cherry, raspberry, strawberry, chocolate, toffee, cream

#### Additional ingredients only for pancakes (min.):

coconut flakes (10g), white chocolate (20g), whipped cream (30g), banana, apple, jam (50g) - 2 zł  
almonds, walnut / hazelnut (10g), raspberries, strawberries, cherries (50g), nutella (60g) - 3,5 zł  
additional sauce (50ml) - 1 zł one scoop of ice-cream (80g) - 4 zł

## Pancakes (min. 400g)

- Kinder Country, nuts, toffee sauce 12,5 zł
- Maxi king, mascarpone, salted peanuts, vanilla ice cream, sauce 16,5 zł
- M&M's, nutella, creamy sauce 13 zł

## Pancakes with pieces of chocolate (min. 400g)

- Oreo, cherries, creamy sauce 12 zł
- Knoppers, creamy sauce, sorbet, raspberries sauce 14,5 zł
- Ruby chocolate, raspberries, creamy sauce 13 zł

## Salads (min. 300g)

served with bread (2 rolls) and garlic butter

- Caesar with chicken 17 zł
- Chicken with vegetables and balsamic sauce 17 zł
- Caesar with chicken sticks 17,5 zł
- Caesar with grilled smoked cheese and cranberry <sup>Vege</sup> 17 zł
- Grilled salmon and honey mustard sauce <sup>NEW</sup> 20,5 zł
- Lettuces with shrimps, mango sauce and vegetables 19,5 zł
- Goat cheese, spinach leaves, beetroots and red onion <sup>Vege</sup> 18 zł

## Soups (min. 300ml)

- Borsch (beetroot soup) (250 ml) <sup>Vege</sup> 4,5 zł
- Creamy of porcini mushrooms soup in bread <sup>NEW</sup> <sup>Vege</sup> 10 zł
- Chicken noodle soup 7,5 zł
- Żurek with egg (trad. Polish sour rye soup) in bread 10 zł
- Sweet potato cream (spicy, seasonal) <sup>NEW</sup> <sup>Vege</sup> 9 zł
- Lentil cream (spicy, seasonal) <sup>Vege</sup> 9 zł

## Home-made Drinks

- Lemonade with mint and lemon 0,3l / 0,5l 5,5 zł / 6,5 zł
- Freshly squeezed orange or grapefruit juice 0,3l 9,5 zł
- Fresh carrot or apple juice 0,3l 7 zł
- Fruit milkshake 0,3l 7 zł
- Hot chocolate with whipped cream 0,2l 8,5 zł
- Hot flavoured lemonade raspberry / apple and ginger 0,3l 7,5 zł

PRAWDZIWIE  
LÓDY

## Desserts

PRAWDZIWIE  
LÓDY

- Apple pie with whipped cream and ice cream 400g 10,5 zł
- Chocolate soufflé with gingerbread crunchy and orange mousse min. 250g <sup>NEW</sup> 10 zł
- Ice-cream with fruit or dried fruit 300g 12 zł
- Oreo cream with seasonal fruits min. 250g 10,5 zł

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## Hot Drinks

Alfredo  
ESPRESSO

- Tea with lemon 250ml 4 zł  
Black, earl grey, green, fruit, mint
- Tea with lemon, honey and rum 250ml 6,5 zł
- Espresso 40 ml / Espresso macchiato 50ml 5 zł / 5,5 zł
- Coffee 150 ml / Coffee with milk 200ml 5 zł / 5,5 zł
- Cappuccino \* 200ml 6,5 zł
- Latte macchiato \* 300ml 7,5 zł
- Milk \* 3,5 zł
- Cocoa 250ml 4 zł

ZWIERYZNIĘC

## Draught Beer

PERŁA

- Perła Export 0,3l / 0,5l 5 zł / 6 zł
- Zwierzyniec 0,3l / 0,5l 5,5 zł / 6,5 zł
- Perła Export pitcher 1,5l 16 zł
- Grapefruit beer 0,3l / 0,5l 6,5 zł / 7,5 zł

### Bottle beers

- Perła Hoppy / Perła Unpasteurized / Strong 0,5l 7 zł
- Perła Honey 0,5l / Zwierzyniec 0,33l 7,5 zł
- Perła Porter 0,33l / Perła Koźlak 0,33l 8 zł
- Bestbir regional flavoured beer 0,5l 8,5 zł
- Alcohol-free beer 0,33l 6,5 zł
- Mulled beer raspberry / honey 0,5l 8,5 zł

pepsi

## Cold Drinks

pepsi

- Water (still, sparkling) 0,3l 3,5 zł
- Pepsi, Pepsi Max, 7-up, Mirinda 0,3l / 0,5l 4,5 zł / 6 zł
- Pepsi: Lime, Ginger, Tonic, Mountain Dew bottled. 0,5l 7 zł
- Orange, apple 0,3l 4,5 zł  
grejppfruit, blackcurrant 0,3l
- Lipton Ice Tea (peach, lemon, green) 0,3l 5 zł
- Aloes 0,3l 6 zł
- Rockstar (Energy Drink) 0,25l 6,5 zł

## House Wine

white or red dry Italy

- Manekin bottle 100 ml / 250 ml / 750ml 6,5 zł / 14 zł / 34 zł

## Selections wine autumn - winter

white or red

- Luciente Spanish semi dry 100ml 7 zł
- Losar Spanish semi sweet 100ml 7,5 zł
- Santa Messa Italian sweet 100ml 8,5 zł
- Rio Alto Portuguese dry 100ml 9 zł
- Traditional mulled wine 200ml 9,5 zł
- Mulled white wine with vanilla and orange 200ml 9,5 zł

MARTINI

## Martini

MARTINI

- Martini Bianco / Martini Rosso & Tonic 200 ml 10 zł
- Martini Fiero 200 ml 10 zł