



Dry Pancakes (min. 400 g)

we serve with a choice of sauce

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| 1. Cheese | 9 zł | 15. Chicken shoarma, cheese | 15,5 zł |
| 2. White cheese, onion, potatoe, sauce\crackling | 9,5 zł\ 11,5 zł | 16. Chorizo with baked vegetables | 18,5 zł |
| 3. Mushrooms with cheese, ham | 12,5 zł | 17. Roast chicken, sugar peas, mozzarella, basil pesto | 18 zł |
| 4. Spinach, cheese, fried egg <i>new</i> | 14,5 zł | 18. Spinach, cream cheese, peanut butter <i>new</i> | 15,5 zł |
| 5. Mozzarella, tomato, olives, salami pepperoni | 15 zł | 19. Indian | 16,5 zł |
| 6. Mexican (spicy) | 15,5 zł | 20. Baked salmon, spinach leaves, tomato | 20,5 zł |
| 7. Cheddar with baked vegetables <i>new</i> | 14,5 zł | 21. Chicken, camembert, cranberry | 18 zł |
| 8. Mushrooms, salami, ham, cheese, ketchup | 15 zł | 22. Tomatoes, mushrooms, sunflower seeds, carrot <i>new</i> | 15 zł |
| 9. Chicken shoarma, spinach | 15 zł | 23. Roast chicken with tomatoes and garlic <i>new</i> | 18 zł |
| 10. Pulled pork, cheese, herbs | 17 zł | 24. Four kinds of cheese | 18 zł |
| 11. Kebab/Kebab curry, onion, cabbage, sauces | 15,5 zł | 25. Pulled pork, spinach <i>new</i> | 16,5 zł |
| 12. Dried tomatoes, mozzarella, spinach | 14,5 zł | 26. Chicken, basil pesto, arugula, cheddar | 18,5 zł |
| 13. Chicken curry, coconut milk, lemongrass | 15,5 zł | 27. Shrimps with baked vegetables | 20,5 zł |
| 14. Chili con carne (spicy) <i>new</i> | 17 zł | 28. Baked salmon, cream cheese, onion, dill <i>new</i> | 21 zł |

Primavera Pancakes (min. 400 g)

iceberg lettuce, tomatoes, olive oil with basil pesto

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| 1. Chicken shoarma, cheese | 17,5 zł |
| 2. a'la tortilla with crispy chicken | 18,5 zł |
| 3. a'la tortilla with salmon | 21,5 zł |
| 4. a'la tortilla with pulled pork | 19 zł |

Corn Pancakes (min. 400 g)

batter with corn flour, may contain traces of gluten

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|---------------------------------------|---------|
| 1. Mexican (spicy) | 17 zł |
| 2. Chorizo with baked vegetables | 19 zł |
| 3. Chili con carne (spicy) <i>new</i> | 18,5 zł |
| 4. Shrimps with baked vegetables | 20,5 zł |

Green Pancakes (min. 400 g) *new*

batter without milk and eggs with dill and parsley

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| 1. Baked vegetables <i>new</i> | 13 zł |
| 2. Spinach, cream cheese, peanut butter <i>new</i> | 16 zł |
| 3. Spinach, cheese, fried egg <i>new</i> | 15,5 zł |
| 4. Tomatoes, mushrooms, sunflower seeds, carrot <i>new</i> | 15,5 zł |
| 5. Baked salmon, cream cheese, onion, dill <i>new</i> | 21,5 zł |

Tagliatelle Pancakes (min. 400 g)

pancake ribbons

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| 1. Carbonara with spinach and red onion | 16,5 zł |
| 2. Basil pesto, pini nuts, dried tomatoes, arugula, chili | 17,5 zł |
| 3. Chicken, Feta cheese, tomato, spinach leaves | 18,5 zł |
| 4. Shrimps with mango sauce, sugar peas, carrot, chili <i>new</i> | 21,5 zł |
| 5. Spinach, cream, grilled salmon | 22,5 zł |

Baked Pancakes (min. 450 g)

with cheese

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| 1. Pancake lasagne with white and tomato sauce | 15,5 zł |
| 2. Cod with spinach and cheese sauce | 17 zł |
| 3. Ricotta with spinach in tomato sauce | 17,5 zł |

Crispy Roller (min. 350 g)

served with beetroot soup and garlic sauce

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|---------------------------------------|---------|
| 1. Cabbage with mushrooms and onion | 15,5 zł |
| 2. Chili con carne (spicy) <i>new</i> | 18,5 zł |
| 3. Pulled pork, cheese, herbs | 19,5 zł |

Warm sauces (50g): cheese sauce, white sauce, tomatoes (light or spice)

Cold sauces (50g): jalapenos (spicy), garlic, thousand, yoghurt-dill

Additional ingrediens for pancakes:

corn(50g), salami(25g), ham(80g), spinach(100g), onion(30g), jalapenos(30g), additional salad(80g) – 3 zł
arugula(20g), olives(50g), mushrooms(80g), crackling(50g), sugar peas (80g), spinach leaves (30g), tomato(80g), – 3,5 zł
cheese(120g), camembert(90g), blue cheese(50g), mozzarella(120g), cheddar(50g)
additional primavera(100g), dried tomatoes(50g) – 4 zł

possible bake – 4 zł

additional sauce – 1,5 zł

wrap – 1,5 zł

paper bag – 1 zł

The list of allergens and composition of the dishes is available from our staff.

Suggestions and opinions should be directed to www.manekin.pl/opole/plac-wolnosci. Thank you.



Sweet Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

1. Caster sugar (120 g) 7 zł
2. Jam:strawberry or blueberry, sour cream (230 g) 8 zł
3. White cheese with vanilla (230 g) 9,5 zł
4. Nutella (180 g) 10,5 zł
5. Forest fruits (raspberry,blueberry,strawberry) 12 zł
6. Ruby chocolate, strawberry sorbet, mascarpone 16,5 zł
7. Nutella, banana, whipped cream 12,5 zł
8. Raffaello, sour cream 16,5 zł
(white chocolate, almonds, mascarpone, coconut)

Sauces(30g): raspberry, cherry, chocolate, strawberry, toffee, mango new, sour cream

Additional ingredients for sweet pancakes:

mint (10g), banana (80g), coconut shrimps (10g), almonds (15g), walnuts (15g), peanuts (15g), biscuits (40g) – 2 zł
blueberry(80g), cranberry(80g), strawberry(80g), raspberry(80g), cherry(80g), white chocolate (50g), white cheese(100g) – 2,5 zł
additional sauce – 1,5 zł

American Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

1. Raspberry, chocolate sauce and sour cream 12 zł
2. Nutella, chocolate M&M's and sour cream 15 zł
3. Knoppers, strawberry sorbet, sour cream **new** 15,5 zł
4. Maxi King, mascarpone, peanuts, ice cream **new** 17 zł

Black Pancakes (min. 300 g)

sweet batter with the addition of roasted cocoa beans

9. Mascarpone, white chocolate, kiwi, strawberry sorbet, sour cream 16,5 zł
10. Ricotta, white chocolate, raspberry, chocolate ice cream, pomegranate, sour cream 16,5 zł
11. White cheese, raspberries, meringues, chocolate 14,5 zł
12. Biscuits, Nutella, mascarpone cheese 13,5 zł
13. Oreo, Milka chocolate, mascarpone 15,5 zł
14. Ferrero, chocolate sauce 17,5 zł
(white chocolate, nutella, mascarpone, walnuts)

American chocolate Pancakes (min. 300 g)

with chocolate pieces

5. Oreo, vanilla cream cheese, raspberries 15 zł
6. Seasonal fruit, meringues, strawberry ice cream 14,5 zł
7. Cherry, white chocolate, ice cream 14,5 zł
8. Almonds,blueberries,white chocolate, sour cream 15 zł

Salads (min. 350g)

Serve with bread and garlic butter

1. Greek salad 14,5 zł
2. Cesare salad with chicken 16,5 zł
3. Salads with vegetables, jalapeno, fried eggs **new** 16 zł
4. Cesare salad with crispy chicken 18,5 zł
5. Salads with shrimps,vegetables and mango sauce 21,5 zł
6. Cesare salad with smoked cheep cheese 18 zł
7. Salads with grilled salmon, horseradish sauce 21,5 zł
8. Crispy chicken with vegetables 19,5 zł

Soups (min. 300 ml)

1. Beetroot soup (200 ml) 5 zł
2. Chicken broth with pancake noodles and carrot 7 zł
3. Cold borsch with egg/tomatoe cream soup 8,5 zł
4. Sour rye cream with white sausage and egg 10 zł
5. Spicy soup with salmon and coriander 11 zł

Our Drink (min. 200 ml)

1. Lemonade with lemon and mint 0,3l/0,5l 5,5 zł/ 7 zł
2. Homemade green ice tea 0,3l/0,5l **new** 6 zł/ 8 zł
3. Yogurt, fruit cocktail 6,5 zł
4. Fresh juice from carrot or apple 6,5 zł
5. Fresh juice from orange or grapefruit 9 zł
6. Vegetable and fruit smoothies (without sugar) 9 zł
7. Ice coffee with whipped cream and vanilla ice cream 10,5 zł

PRAWDZIWE
LÖDY

Dessert

PRAWDZIWE
LÖDY

1. Apple-pie with scoop of vanilla ice cream (300 g) 10,5 zł
2. Oreo cream with seasonal fruit (200 g) 10,5 zł
3. Creamy salty caramel with peanuts **new** 11,5 zł
4. Vanilla ice cream with hot raspberries (250 g) **new** 9,5 zł
5. Ice cream with seasonal fruits or nuts and raisins 12 zł



Warm Drink



1. Tea with lemon 200 ml 4,5 zł
2. Espresso 40 ml, Espresso macchiato 50 ml 5 zł
3. Cafe 150 ml 5,5 zł
4. Cafe O'le 150 ml 6 zł
5. Cappuccino * 150 ml 7 zł
6. Cafe latte (200 ml) 8,5 zł
7. Latte macchiato * 200 ml 8,5 zł
8. Milk 200 ml 4,5 zł
9. Cocoa 200 ml, 5 zł

* syrups: chocolate cookie, caramel, french vanilla, roasted nuts



Cold Drink



1. Sparkling water/Still water 0,3l 4,5 zł
2. Pepsi, Pepsi max, 7-up, Mirinda, 0,3l 5 zł
3. Pepsi, Pepsi max, 7-up, Mirinda, 0,5l 6,5 zł
4. Pepsi Cherry, Pepsi Lime, Tonic Schweppes 0,5l 8 zł
5. Lipton Ice Tea (lemon, peach, green) 0,3l 6,5 zł
6. Lipton Matcha (Yuzu & lime, ginger & lemongrass) 0,5l 8 zł
7. orange, grapefruit, apple, black currant, tomato 0,3l 5,5 zł
8. Aloes 0,3l/0,5l 6,5 zł/ 9 zł
9. Rockstar ENERGY DRINK 0,25l, Mountain Dew 0,5l 8,5 zł



Beer



barrel

1. Perła Export 0,3 l/0,5 l 5,5 zł/6,5 zł
2. Zwierzyniec 0,3 l/0,5 l 6,5 zł/7,5 zł
3. Pitcher Perła 1,5 l / Pitcher Zwierzyniec 1,5 l 17 zł/20 zł
4. Grapefruit beer 0,5 l 8,5 zł
5. Banana beer 0,5 l 8,5 zł
6. Mojito beer 0,5 l 8,5 zł

bottled

1. Perła Export 0,5l, Perła Hop 0,5l 9 zł
2. Perła Unpasteurized 0,5l 9 zł
3. Perła Honey 0,5l 9 zł
4. Perła Porter 0,33l 8 zł
5. Perła Koźlak 0,33l 8 zł
6. Zwierzyniec 0,33l 8 zł
7. Alcohol Free Beer 0,33l 8 zł

House Wine

Italy – dry

1. Glass 100 ml / Small decanter 250 ml 6,5 zł/ 14,5 zł
2. Big decanter 500 ml / Bottle 750 ml 26,5 zł/ 37 zł

Wine selection Manekin

1. Santa Messa, Italy, w/r - sweet 7,5 zł
2. Losar, Spain, w/r - semisweet 7,5 zł
3. Luciente, Spain, w/r - semi-dry 7,5 zł
4. Rio Alto, Chile, w/r – dry 8,5 zł



Martini



1. Martini Fiero & Tonic (200 ml) **nowość** 12 zł
2. Martini Bianco or Rosso & Tonic (200 ml) 12 zł
3. Martini prosecco glass 150 ml / bottle 750 ml 12 zł/ 57 zł
4. Martini prosecco with fruit and lemonade (200 ml) 13,5 zł
5. Frozen prosecco with lemonade (200 ml) 13,5 zł