



## Dry Pancakes (min. 400 g)

*we serve with a choice of sauce*

1. Cheese	9 zł	15. Chicken shoarma, cheese	15,5 zł
2. White cheese, onion, potatoe, sauce\crackling	9,5 zł\ 11,5 zł	16. Chorizo with baked vegetables	18,5 zł
3. Mushrooms with cheese, ham	12 zł	17. Roast chicken, sugar peas, mozzarella, basil pesto <b>new</b>	18 zł
4. Spinach, cheese, fried egg <b>new</b>	14 zł	18. Spinach, cream cheese, peanut butter <b>new</b>	15 zł
5. Mozzarella, tomato, olives, salami pepperoni	14,5 zł	19. Indian	16,5 zł
6. Mexican (spicy)	15,5 zł	20. Baked salmon, spinach leaves, tomato	20 zł
7. Cheddar with baked vegetables	14,5 zł	21. Chicken, camembert, cranberry	17,5 zł
8. Mushrooms, salami, ham, cheese, ketchup	14,5 zł	22. Tomatoes, mushrooms, sunflower seeds, carrot <b>new</b>	15 zł
9. Chicken shoarma, spinach	15 zł	23. Roast chicken with tomatoes and garlic <b>new</b>	17 zł
10. Pulled pork, cheese, herbs	16,5 zł	24. Four kinds of cheese	17,5 zł
11. Kebab/Kebab curry, onion, cabbage, sauces	15,5 zł	25. Pulled pork, spinach <b>new</b>	16 zł
12. Dried tomatoes, mozzarella, spinach	14,5 zł	26. Chicken, basil pesto, arugula, cheddar	18 zł
13. Chicken curry, coconut milk, lemongrass	15,5 zł	27. Shrimps with baked vegetables	20 zł
14. Chili con carne (spicy) <b>new</b>	16,5 zł	28. Baked salmon, cream cheese, onion, dill <b>new</b>	20,5 zł

## Primavera Pancakes (min. 400 g)

*iceberg lettuce, tomatoes, olive oil with basil*

1. Chicken shoarma, cheese	17,5 zł
2. a'la tortilla with crispy chicken	18,5 zł
3. a'la tortilla with salmon	20,5 zł
4. a'la tortilla with pulled pork	19 zł

## Corn Pancakes (min. 400 g)

*batter with corn flour, may contain traces of gluten*

1. Mexican (spicy)	16,5 zł
2. Chorizo with baked vegetables	19 zł
3. Chili con carne (spicy) <b>new</b>	18,5 zł
4. Shrimps with baked vegetables	20,5 zł

## Green Pancakes (min. 400 g) **new**

*batter without milk and eggs with dill and parsley*

1. Baked vegetables <b>new</b>	13 zł
2. Spinach, cream cheese, peanut butter <b>new</b>	15,5 zł
3. Spinach, cheese, fried egg <b>new</b>	15 zł
4. Tomatoes, mushrooms, sunflower seeds, carrot <b>new</b>	15,5 zł
5. Baked salmon, cream cheese, onion, dill <b>new</b>	20,5 zł

## Tagliatelle Pancakes (min. 400 g)

*pancake ribbons*

1. Carbonara with spinach and red onion	16,5 zł
2. Basil pesto, pini nuts, dried tomatoes, arugula, chili	17,5 zł
3. Chicken, Feta cheese, tomato, spinach leaves	18,5 zł
4. Shrimps with mango sauce, sugar peas, carrot, chili <b>new</b>	21 zł
5. Spinach, cream, grilled salmon	21 zł

## Baked Pancakes (min. 450 g)

*with cheese*

1. Pancake lasagne with white and tomato sauce	15,5 zł
2. Cod with spinach and cheese sauce	17 zł
3. Ricotta with spinach in tomato sauce	17,5 zł

## Crispy Roller (min. 350 g)

*served with beetroot soup and garlic sauce*

1. Cabbage with mushrooms and onion	14,5 zł
2. Chili con carne (spicy) <b>new</b>	17,5 zł
3. Pulled pork, cheese, herbs	18,5 zł

**Warm sauces (50g): cheese sauce, white sauce, tomatoes (light or spice)**

**Cold sauces (50g): jalapenos (spicy), garlic, thousand, yoghurt-dill**

### Additional ingrediens for pancakes:

corn(50g), salami(25g), ham(80g), spinach(100g), onion(30g), jalapenos(30g), additional salad(80g) – 3 zł  
arugula(20g), olives(50g), mushrooms(80g), crackling(50g), sugar peas (80g), spinach leaves (30g), tomato(80g), – 3,5 zł

cheese(120g), camembert(90g), blue cheese(50g), mozzarella(120g), cheddar(50g)

additional primavera(100g), dried tomatoes(50g) – 4 zł

possible bake – 4 zł

additional sauce – 1,5 zł

wrap – 1,5 zł

paper bag – 1 zł

The list of allergens and composition of the dishes is available from our staff.

Suggestions and opinions should be directed to [www.manekin.pl/opole/plac-wolnosci](http://www.manekin.pl/opole/plac-wolnosci). Thank you.



## Sweet Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

1. Caster sugar (120 g) 7 zł
2. Jam:strawberry or blueberry, sour cream (230 g) 8 zł
3. White cheese with vanilla (230 g) 9,5 zł
4. Nutella (180 g) 10,5 zł
5. Forest fruits (raspberry,blueberry,strawberry) 11,5 zł
6. Ruby chocolate, strawberry sorbet, mascarpone 16 zł
7. Nutella, banana, whipped cream 12,5 zł
8. Raffaello, sour cream 16 zł  
(white chocolate, almonds, mascarpone, coconut)

**Sauces(30g): raspberry, cherry, chocolate, strawberry, toffee, mango new, sour cream**

### Additional ingredients for sweet pancakes:

mint (10g), banana (80g), coconut shrimps (10g), almonds (15g), walnuts (15g), peanuts (15g), biscuits (40g) – 2 zł  
blueberry(80g), cranberry(80g), strawberry(80g), raspberry(80g), cherry(80g), white chocolate (50g), white cheese(100g) – 2,5 zł  
additional sauce – 1,5 zł

## American Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

1. Raspberry, chocolate sauce and sour cream 12 zł
2. Nutella, chocolate M&M's and sour cream 14,5 zł
3. Knoppers, strawberry sorbet, sour cream new 14,5 zł
4. Maxi King, mascarpone, peanuts, ice cream new 16 zł

## Black Pancakes (min. 300 g)

sweet batter with the addition of roasted cocoa beans

9. Mascarpone, white chocolate, kiwi, strawberry sorbet, sour cream 16zł
10. Ricotta, white chocolate, raspberry, chocolate ice cream, pomegranate, sour cream 16 zł
11. White cheese, raspberries, meringues, chocolate 14 zł
12. Biscuits, Nutella, mascarpone cheese 13,5 zł
13. Oreo, Milka chocolate, mascarpone 15,5 zł
14. Ferrero, chocolate sauce 17 zł  
(white chocolate, nutella, mascarpone, walnuts)

## American chocolate Pancakes (min. 300 g)

with chocolate pieces

5. Oreo, vanilla cream cheese, raspberries 14,5 zł
6. Seasonal fruit, meringues, strawberry ice cream 14 zł
7. Cherry, white chocolate, ice cream 14 zł
8. Almonds,blueberries,white chocolate, sour cream 14,5 zł

## Salads (min. 350g)

Serve with bread and garlic butter

1. Greek salad 14,5 zł
2. Cesare salad with chicken 16,5 zł
3. Salads with vegetables, jalapeno, fried eggs new 16 zł
4. Cesare salad with crispy chicken 18,5 zł
5. Salads with shrimps,vegetables and mango sauce 21 zł
6. Cesare salad with smoked cheep cheese 18 zł
7. Salads with grilled salmon, horseradish sauce 21 zł
8. Crispy chicken with vegetables 18,5 zł

## Soups (min. 300 ml)

1. Beetroot soup (200 ml) 5 zł
2. Chicken broth with pancake noodles and carrot 7 zł
3. Cold borsch with egg/tomatoe cream soup 8,5 zł
4. Sour rye cream with white sausage and egg 9,5 zł
5. Spicy soup with salmon and coriander 10,5 zł

## Our Drink (min. 200 ml)

1. Lemonade with lemon and mint 0,3l/0,5l 5,5 zł/ 6,5 zł
2. Homemade green ice tea 0,3l/0,5l new 6 zł/ 7 zł
3. Yogurt, fruit cocktail 6,5 zł
4. Fresh juice from carrot or apple 6,5 zł
5. Fresh juice from orange or grapefruit 9 zł
6. Vegetable and fruit smoothies (without sugar) 8,5 zł
7. Ice coffee with whipped cream and vanilla ice cream 9,5 zł

PRAWOZIWIE  
LODY

## Dessert

PRAWOZIWIE  
LODY

1. Apple-pie with scoop of vanilla ice cream (300 g) 9,5 zł
2. Oreo cream with seasonal fruit (200 g) 9,5 zł
3. Creamy salty caramel with peanuts new 11 zł
4. Vanilla ice cream with hot raspberries (250 g) new 9,5 zł
5. Ice cream with seasonal fruits or nuts and raisins 11 zł



## Warm Drink



1. Tea with lemon 200 ml 4,5 zł
2. Espresso 40 ml, Espresso macchiato 50 ml 5 zł
3. Cafe 150 ml 5,5 zł
4. Cafe o'le 150 ml 6 zł
5. Cappuccino \* 150 ml 7 zł
6. Cafe latte (200 ml) 8,5 zł
7. Latte macchiato \* 200 ml 8,5 zł
8. Milk 200 ml 4,5 zł
9. Cocoa 200 ml, 5 zł

\* syrups: chocolate cookie, caramel, french vanilla, roasted nuts



## Cold Drink



1. Sparkling water/Still water 0,3l 4 zł
2. Pepsi, Pepsi max, 7-up, Mirinda, 0,3l 5 zł
3. Pepsi, Pepsi max, 7-up, Mirinda, 0,5l 6,5 zł
4. Pepsi Cherry, Pepsi Lime, Tonic Schweppes 0,5l 7,5 zł
5. Lipton Ice Tea (lemon, peach, green) 0,3l 5,5 zł
6. Lipton Matcha (Yuzu & lime, ginger & lemongrass) 0,5l 7,5 zł
7. orange, grapefruit, apple, black currant, tomato 0,3l 5 zł
8. Aloes 0,3l/0,5l 6 zł/ 8,5 zł
9. Rockstar ENERGY DRINK 0,25l, Mountain Dew 0,5l 7,5 zł



## Beer



### barrel

1. Perła Export 0,3 l/0,5 l 5 zł/6 zł
2. Zwierzyniec 0,3 l/0,5 l 6 zł/7 zł
3. Pitcher Perła 1,5 l / Pitcher Zwierzyniec 1,5 l 16 zł/19 zł
4. Grapefruit beer 0,5 l 8,5 zł
5. Banana beer 0,5 l 8,5 zł
6. Mojito beer 0,5 l 8,5 zł

### bottled

1. Perła Export 0,5l, Perła Hop 0,5l 8,5 zł
2. Perła Unpasteurized 0,5l, Perła Honey 0,5l 8,5 zł
3. Perła Porter 0,33l, Perła Kozłak 0,33l 7,5 zł
4. Zwierzyniec 0,33l, Alcohol Free Beer 0,33l 7,5 zł

## House Wine

Italy – dry

1. Glass 100 ml / Small decanter 250 ml 6,5 zł/ 14,5 zł
2. Big decanter 500 ml / Bottle 750 ml 26,5 zł/ 37 zł

## Wine selection Manekin

100 ml

1. Santa Messa, Italy, w/r - sweet 7,5 zł
2. Losar, Spain, w/r - semisweet 7,5 zł
3. Luciente, Spain, w/r - semi-dry 7,5 zł
4. Rio Alto, Chile, w/r – dry 8,5 zł
5. Frozen prosecco with lemonade new 12 zł
6. Martini Bianco or Rosso & Tonic (200 ml) 11 zł

