



Savoury Pancakes (min. 400g)

1. Cheese, herbs, sauce (min. 300g)	9 zł	16. Hungarian goulash (spicy), champignons, onion, pepper, sauce	14 zł
2. Roasted vegetables, cheddar cheese, sauce ^{NEW}	15,5 zł	17. Turkey, sesame seeds, sweet potato, mozzarella, sauce	16 zł
3. Cottage cheese, fried onions, potatoes, con lardons	11 zł	18. Mustard chicken, sour pickles, cheese, sauce	15,5 zł
4. Indii (chicken, tomato, rice, onions, garam masala), sauce	16 zł	19. Pork mince (bolognese), cheese, sauce	13,5 zł
5. Mexican (spicy) – chicken, beans, onions, vegetables, sauce	14,5 zł	20. Chicken shawarma, onion, cheese, sauce	16 zł
6. Ham, champignons, cheese, sauce	12,5 zł	21. Chicken pesto, mozzarella, tomato, sauce	18 zł
7. Sweet potato, cheddar, chilli paste (spicy), sauce ^{NEW}	16,5 zł	22. Basil chicken, tomato, blue cheese, spinach leaves, sauce	18 zł
8. Gyros – chicken, onion, salad cheese, corn, lettuce, tomato, sauce	15,5 zł	23. Thai chicken - vegetables, rice, cashew nuts, pineapple, sweet and sour sauce (spicy)	16 zł
9. Pulled pork, blue cheese, celery, barbecue sauce ^{NEW}	17,5 zł	24. Baked salmon, spinach, camembert, sauce	19,5 zł
10. Pork mince, cheese, herbs, sauce	14 zł	25. Burrito (spicy) – pork mince, salsa, sweet corn, beans, pepper, cheese, tomato sauce, sour cream	15 zł
11. Kebab – chicken, cabbage, pickles, onion, thousand island dressing and garlic sauce	15,5 zł	26. Ham, salami, mushrooms, cheese, ketchup, sauce	13,5 zł
12. Pork mince, roasted vegetables, sauce ^{NEW}	13,5 zł	27. Beef stroganoff, pepper, champignons, sour pickles, sauce	17 zł
13. Chicken curry (spicy) – onion, pineapple, jalapeno, coconut milk, sauce	15,5 zł	28. Shrimps, zucchini, camembert, arugula, sauce	18 zł
14. Chicken, spinach, cheese, sauce	15,5 zł	29. Chicken with chanterelles, onion, sauce	17,5 zł
15. Teriyaki beef, vegetables, sauce	17,5 zł		

Oven-baked Pancakes with Cheese (min. 400g)

1. Pancake lasagne, tomato & béchamel sauce	14,5 zł
2. Codfish, spinach, cheese sauce	17,5 zł
3. Pulled pork, cheese, red onion, tomato sauce	17 zł
4. Mexican (spicy) – chicken, beans, onions, vegetables, olives, spicy tomatoes sauce	16 zł

Potato Pancakes (min. 400g)

1. Cottage cheese, fried onions, potatoes, sauce	11,5 zł
2. Pork in mushroom, sauce with vegetables, sauce ^{NEW}	17 zł
3. Beef stroganoff, pepper, champignons, sour pickles, sauce	17,5 zł
4. Baked bacon, sour pickles, cheese, chives, sauce	13,5 zł

Whole grain Pancakes (min. 400g) ^{NEW}

1. Turkey, blue cheese, arugula, walnuts, sauce	17 zł
2. Chickpeas, arugula, spinach leaves, tomato, sauce	14,5 zł
3. Quatro – cheddar, blue cheese, cheese, camembert, sauce	17 zł

Red Pancakes (min. 400g)

with addition of beetroot

1. Cod fish, camembert, zucchini, arugula	17,5 zł
2. Chicken, camembert, cranberry, arugula, sauce	15 zł
3. Goat cheese, mozzarella, tomatoes, arugula, thyme, sauce	17 zł

Primavera Pancakes (min. 500g)

Iceberg lettuce, tomatoes, basil olive dressing

1. Chicken shawarma, onion, cheese, sauce	17 zł
2. A'la tortilla with crispy chicken, vegetables, sauce	17,5 zł
3. A'la tortilla with pulled pork, vegetables, sauce	17 zł

Buckwheat-Flaxen Pancakes (min. 400g)

with addition of beetroot

1. Spinach, melted cheese, egg, garlic, sauce	14 zł
2. Ham, sun-dried tomato, mozzarella, sauce	14,5 zł
3. Zucchini, blue cheese, arugula, sunflower seeds, sauce	14 zł

Pancake Tagliatelle (min. 400g)

1. Bolognese	14,5 zł	4. Carbonara	14,5 zł
2. Spinach with grilled salmon	20 zł	5. Chicken with chanterelles, onion, arugula, cream	18 zł
3. Dried tomatoes, pesto, oil, arugula, Corregio, cashew nuts, piri-piri ^{NEW}	17,5 zł	6. Basil chicken, blue cheese spinach leaves, cream ^{NEW}	18 zł

Warm sauces (50 ml): bechamel, cheese, spicy tomato, mild tomato, mushrooms ^{NEW}

Cold sauces (50ml): garlic, thousand island, creamy dill, jalapeno (spicy), horseradish, sweet and sour sauce (spicy)

Additional ingredients only for pancakes (min.):

celery (30g), onion, egg, corn (50g) – 2 zł			
olives (30g), champignons, tomato, oasted vegetables, salad (100g) – 2,5 zł			
spinach leaves, arugula (10g), salami, ham (40g), mozzarella, cheese (80g) spinach (100g), – 3 zł			
zucchini (70g), dried tomatoes (30g), salad cheese, bacon lardons (80g) – 3,5 zł			
sweet potato (50g), blue cheese, beked bacon (70g), camembert, cheddar (80g), primavera (100g) – 4 zł			
extra sauce (50ml) – 1 zł	extra bread (2 bread rolls) and garlic butter – 2 zł	takeaway box – 1,5 zł	paper bag – 0,5 zł

The list of allergens, the food product is available at the cash desk
Opinions and suggestion please send to www.manekin.pl/torun/wysoka

Sweet Pancakes (min. 300g)

1. Icing sugar (min. 120g) 6 zł
2. Jam of your choice: cherry, strawberry, creamy sauce ^{NEW} 7 zł
3. Banana, chocolate, whipped cream, sauce 10,5 zł
4. Nutella, whipped cream, icing sugar (200g) 12 zł
5. Raffaello, mascarpone, coconut shreds, sauce 14,5 zł
6. **Oven-baked** banana, strawberries, white chocolate 12,5 zł
7. **Oven-baked** rice pudding, raspberries, almonds 12,5 zł

Black Sweet Pancakes (min. 300g)

with addition of smoked cacao's grains

1. Oreo, mascarpone, cherry, sauce 13 zł
2. Mascarpone, raspberries, sauce 13,5 zł
3. Cottage cheese, strawberries, sauce 12 zł
4. Milka chocolate, Oreo, vanilla cheese, sauce ^{NEW} 13,5 zł
5. Ferrero, nutella, mascarpone, nuts, sauce 14,5 zł
6. Gingerbread, plum with liqueur, vanilla cheese 12 zł
7. Meringue, mascarpone, blueberries, almonds, sauce 13,5 zł

Sauces (50ml): cherry, chocolate, strawberry, toffee, eggnog, creamy, raspberry

Additional ingredients only for pancakes (min.):

coconut shreds (10g), white chocolate (20g), whipped cream (30g), banana, apple, jam (50g) – 2 zł

walnut, hazelnut / almonds (10g), meringue (30g), raspberries, cherries, strawberries (50g), nutella (60g) – 3,5 zł

extra sauce (50ml) – 1 zł

one scoop of ice-cream (50g) – 3,5 zł

Pancakes (min. 400g)

1. M&M's, nutella cream, creamy sauce 12 zł
2. Bounty, coconut shreds, creamy and chocolate sauce ^{NEW} 12 zł
3. Kinder Country, hazelnuts, toffee sauce ^{NEW} 12 zł

Black Pancakes (min. 400g)

with addition of smoked cacao's grains

1. White chocolate, raspberries, creamy sauce 12,5 zł
2. Meringue, strawberries, creamy sauce ^{NEW} 12,5 zł
3. Oreo, cherries, creamy sauce 12,5 zł

Salads (min. 300g)

served with 2 bread rolls and butter

1. Caesar with chicken 17 zł
2. Grilled salmon with horseradish sauce 19,5 zł
3. Crispy chicken caesar salad 17 zł
4. Prawns salad with cocktail sauce 18,5 zł
5. Lettuces, baked sweet potato, chickpea, pomegranate 17 zł
6. Caesar with grilled smoked cheese with cranberry 17 zł
7. Salad with turkey, blue cheese, walnuts, chilli 18,5 zł
8. Chicken with vegetables and balsamic sauce 16,5 zł
9. Goat cheese, spinach leaves and beetroots 17,5 zł

Soups (min. 300ml)

1. Borsch (beetroot soup) ^{250ml} 4,5 zł
2. Creamy of porcini mushrooms soup in bread 9,5 zł
3. Chicken noodle soup 7 zł
4. Żurek with egg (trad. Polish sour rye soup) in bread 9,5 zł
5. Garlic cream with chilli ^{NEW} 8 zł
6. Pumpkin cream / lentil cream (seasons) 8 zł

Home-made Drinks (min. 250ml)

1. Lemonade with mint and lemon ^{0,3l / 0,5l} 5,5 zł / 6,5 zł
2. Freshly squeezed orange or grapefruit juice 9 zł
3. Fresh carrot or apple juice 6 zł
4. Fruit milkshake 6 zł
5. Hot chocolate with whipped cream ^{200ml} 7 zł
6. Hot flavoured lemonade 6,5 zł

PRAWDZIWY
LÓDY

Desserts

PRAWDZIWY
LÓDY

1. Hot chocolate brownie with raspberries ^{150g} 8 zł
2. Apple pie with whipped cream and ice cream ^{400g} 9,5 zł
3. Ferrero tart ^{150g} 10 zł
4. Ice cream (3 scoops) with fruit / dried fruit ^{300g} 10 zł
5. Pear dessert with ginger and dark chocolate ^{150g} ^{NEW} 8,5 zł

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Hot Drinks

Alfiedo
ESPRESSO

1. Tea with lemon ^{250ml} 4 zł
Black, earl grey, green, fruit, mint
2. Tea with lemon, honey and rum ^{250ml} 6,5 zł
3. Espresso ^{40 ml} / Espresso macchiato ^{50ml} 4,5 zł / 5 zł
4. Coffee ^{150 ml} / Coffee with milk ^{200ml} 5 zł / 5,5 zł
5. Cappuccino * ^{200ml} 6,5 zł
6. Latte macchiato * ^{300ml} 7,5 zł
7. Milk * / Cocoa ^{250ml} 3,5 zł / 4 zł

* coffee flavours: amaretto, cinnamon, vanilla, chocolate, caramel

ZWIERZYNIEC

Draught Beer

PERŁA

1. Perła Export ^{0,3l / 0,5l} 5 zł / 6 zł
2. Zwierzyniec ^{0,3l / 0,5l} 5,5 zł / 6,5 zł
3. Perła Export pitcher ^{1,5l} 16 zł

Bottle beers

1. Perła Hoppy / Perła Unpasteurized / Strong ^{0,5l} 7 zł
2. Perła Honey ^{0,5l} / Zwierzyniec ^{0,33l} 7,5 zł
3. Perła Porter / Perła Koźlak ^{0,33l} 8 zł
4. Bestbir regional flavoured beer ^{0,5l} 8,5 zł
5. Alcohol-free beer ^{0,33l} 6,5 zł
6. Mulled beer raspberry / honey ^{0,5l} 8,5 zł

pepsi

Cold Drinks

pepsi

1. Water (still, sparkling) ^{0,3l} 3,5 zł
2. Pepsi, Pepsi Max, 7-up, Mirinda ^{0,3l / 0,5l} 4,5 zł / 6 zł
3. Pepsi Lime, Wild Cherry, Tonic, Mountain Dew bottle. ^{0,5l} 7 zł
4. Orange, apple ^{0,3l} 4,5 zł
grapefruit, blackcurrant ^{0,3l}
5. Lipton Ice Tea (peach, lemon, green) ^{0,3l} 5 zł
6. Lipton Matcha (yuzu&lime, ginger&lemongrass) bottle. ^{0,5l} 7,5 zł
7. Aloes ^{0,3l} 6 zł
8. Rockstar (Energy Drink) ^{0,25l} 6,5 zł

House Wine

White or red dry Italy

1. Manekin bottle ^{100 ml / 250 ml / 750ml} 6,5 zł / 14 zł / 34 zł

Selections wine

White or red

1. Luciente Spanish semi dry ^{100ml} 7 zł
2. Losar Spanish semi sweet ^{100ml} 7,5 zł
3. Santa Messa Italian sweet ^{100ml} 8,5 zł
4. Rio Alto Portuguese dry ^{100ml} 8,5 zł
5. Traditional mulled wine ^{200ml} 9 zł
6. Mulled white wine with vanilla and orange ^{200ml} 9 zł