



## Dry Pancakes (min. 350 g)

1. Cheese, sauce	9 zł	15. Chicken shoarma, cheese, sauce	15,5 zł
2. White cheese, onion, potatoe, sauce\crackling 9,5 zł\	11,5 zł	16. Chorizo with baked vegetables, sauce	18,5 zł
3. Mushrooms with cheese, ham, sauce	12 zł	17. Chicken, chanterelle, onion, sauce	18 zł
4. Spinach, molle egg, cheese, sauce	14 zł	18. Cheddar, baked sweet potatoes, sambal, sauce <i>new</i>	17,5 zł
5. Mozzarella, tomato, olives, salami pepperoni, sauce	14,5 zł	19. Indian, sauce	16,5 zł
6. Mexican (spicy), sauce	15,5 zł	20. Baked salmon, spinach leaves, tomato, sauce	19 zł
7. Polish sausage, cheese, sour cucumber, onion <i>new</i>	16,5 zł	21. Chicken, camembert, cranberry, sauce	17,5 zł
8. Mushrooms, salami, ham, cheese, ketchup	14,5 zł	22. Pork in a sauce with mushrooms and onions <i>new</i>	17,5 zł
9. Chicken shoarma, spinach, sauce	15 zł	23. Chicken, basil pesto, arugula, cheddar, sauce	18 zł
10. Pulled pork, cheese, herbs, sauce	16,5 zł	24. Four kinds of cheese, sauce	17,5 zł
11. Kebab/Kebab curry, onion, cabbage, sauce	15,5 zł	25. Shrimps with baked vegetables, sauce	19 zł
12. Dried tomatoes, mozzarella, spinach, sauce	14,5 zł	26. a'la tortilla with crispy chicken, sauce	18 zł
13. Chicken curry, coconut milk, lemongrass, sauce	15,5 zł	27. a'la tortilla with salmon, sauce	20,5 zł
14. Beef stroganoff, sauce	17 zł	28. a'la tortilla with pulled pork, sauce	19 zł



## Whole-wheat Pancakes (min. 400 g)

*pancake batter made from wholemeal wheat flour*

1. Cheddar with baked vegetables, sauce <i>new</i>	18,5 zł
2. Chicken curry, coconut milk, lemongrass, sauce	17,5 zł
3. Baked salmon, spinach leaves, tomato, sauce	19,5 zł
4. Pork in a sauce with mushrooms and onions <i>new</i>	18,5 zł

## Buckwheat Pancakes (min. 350 g)

*pancake batter made of buckwheat flour, may contain traces of gluten*

1. Spinach, molle egg, cheese, sauce	16 zł
2. Cheddar, baked sweet potatoes, sambal, sauce <i>new</i>	18,5 zł
3. Pulled pork, cheese, herbs, sauce	18,5 zł
4. Chorizo with baked vegetables, sauce	19 zł



## Potato Pancakes (min. 400 g)

*batter with the addition of potatoes*

1. Sour cream, sugar	9 zł
2. White cheese, onion, potatoe, sauce\crackling 11,5 zł\	13,5 zł
3. Cabbage, mushrooms, onion, sauce	13,5 zł
4. Chicken, chanterelle, onion, sauce	19 zł
5. Polish sausage, cheese, sour cucumber, onion <i>new</i>	19 zł

## Tagliatelle Pancakes (min. 400 g)

*pancake ribbons*

1. Carbonara with spinach and red onion	16,5 zł
2. Basil pesto, pini nuts, dried tomatoes, arugula <i>new</i>	17,5 zł
3. Chicken curry, coconut milk, cornflakes, pomegranate	17 zł
4. Chicken, chanterelle, onion, arugula	19,5 zł
5. Spinach, cream, grilled salmon	20,5 zł



## Baked Pancakes (min. 450 g)

*with cheese*

1. Pancake lasagne with minced meat, sauce	15,5 zł
2. Cod with spinach and cheese sauce	17 zł
3. Ricotta with spinach in tomato sauce <i>new</i>	17,5 zł

## Crispy Roller (min. 350 g)

*To serve with beetroot soup and garlic sauce*

1. Cabbage with mushrooms and onion	14,5 zł
2. White cheese, onion, potatoe <i>new</i>	15,5 zł
3. Pulled pork, cheese, herbs, sauce	18,5 zł



**Warm sauces (50g): cheese sauce, white sauce, tomatoes (light or spice)**

**Cold sauces (50g): jalapenos (spicy), garlic, thousand, yoghourt-dill**

### Additional ingrediens for pancakes:

broccoli (100 g), corn(50g), salami(25g), ham(80g), sour cucumber (50g), spinach(100g), onion(30g), jalapenos(30g) – 3 zł  
arugula(20g), olives(50g), mushrooms(80g), crackling(50g), tomato(80g), additional salad(80g) – 3,5 zł  
cheese(100g), camembert(70g), blue cheese(70g), mozzarella(100g), cheddar(50g)  
additional primavera(50g), dried tomatoes(50g) – 4 zł  
possible bake – 4 zł      additional sauce – 1,5 zł      wrap – 1,5 zł      paper bag – 1 zł



The list of allergens and composition of the dishes is available from our staff.

Suggestions and opinions should be directed to [www.manekin.pl/lodz/6-sierpnia](http://www.manekin.pl/lodz/6-sierpnia). Thank you.



## Sweet Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

1. Caster sugar (120 g) 6 zł
2. Jam: strawberry or blackberry, sour cream (230 g) 8 zł
3. White cheese with vanilla, sauce (230 g) 9,5 zł
4. Nutella, sauce (180 g) 10,5 zł
5. Forest fruits (raspberry, blackberry, strawberry) 11,5 zł
6. Fudge candy, biscuits, vanilla cream cheese, sauce 13 zł
7. Nutella, banana, whipped cream, sauce 12,5 zł
8. Raffaello, sour cream 16 zł  
(white chocolate, almonds, mascarpone, coconut)

**Sauces(30g): raspberry, cherry, chocolate, strawberry, toffee, advocaat, sour cream**

### Additional ingredients for sweet pancakes:

mint(10g), banana(80g), apple(80g), almonds(15g), nuts(15g), biscuits(20g) – 2 zł  
blackberry(80g), cranberry(80g), strawberry(80g), raspberry(80g), cherry(80g), white cheese(100g) – 2,5 zł  
additional sauce – 1,5 zł

## American Pancakes (min. 250 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

1. Raspberry, chocolate sauce and sour cream 11,5 zł
2. Nutella, chocolate M&M's and sour cream 14 zł
3. Marshmallows, Nutella and sour cream 13,5 zł
4. Pretzels, salty caramel, vanilla ice cream, sesame 13,5 zł

## Black Pancakes (min. 300 g) *new*

sweet batter with the addition of roasted cocoa beans

9. Mascarpone, white chocolate, kiwi, 16 zł  
strawberry ice cream, sour cream *new*
10. Ricotta, white chocolate, raspberry, 16 zł  
chocolate sorbet, pomegranate, sour cream *new*
11. White cheese, raspberries, meringues, chocolate 14 zł
12. Biscuits, Nutella, mascarpone cheese, sauce 13,5 zł
13. Oreo, Milka chocolate, mascarpone, sauce 15,5 zł
14. Ferrero, chocolate sauce 17 zł  
(white chocolate, nutella, mascarpone, walnuts)

## Black American Pancakes (min. 250 g)

with the addition of roasted cocoa beans

5. Oreo, vanilla cream cheese, raspberries 14 zł
6. Seasonal fruit, meringues, strawberry ice cream 13,5 zł
7. Cherry, white chocolate, ice cream 13,5 zł
8. Almonds, blueberries, white chocolate, sour cream 14 zł

## Salads (min. 350g)

Serve with bread and garlic butter

1. Greek salad 14 zł
2. Cesare salad with chicken 16 zł
3. Salad with baked sweet potato and chickpeas 16 zł
4. Cesare salad with crispy chicken 18 zł
5. Cod lettuce and caramelised vegetables *new* 18,5 zł
6. Salad with shrimps with cocktail sauce 20,5 zł
7. Cesare salad with smoked cheep cheese 17,5 zł
8. Salad with grilled salmon and horseradish sauce 20,5 zł
9. Crispy chicken with vegetables 18,5 zł

## Soups (min. 300 ml)

1. Beetroot soup (200 ml) 5 zł
2. Chicken broth with pancake noodles and carrot 7 zł
3. Cream of baked garlic with croutons *new* 8,5 zł
4. Sour rye cream with white sausage and egg 9,5 zł
5. Boletus mushroom creamy soup 9,5 zł
6. Spicy soup with salmon and coriander 10,5 zł

## Our Drink (min. 200 ml)

- Dessert**
- PRAWDZIWE LODY
1. Apple-pie with scoop of vanilla ice cream (300 g) 9,5 zł
  2. Oreo cream with seasonal fruit (200 g) 9,5 zł
  3. Tart with Ferrero (180 g) 11 zł
  4. Chocolate sorbet with hot raspberries (250 g) *new* 9,5 zł
  5. Ice cream with seasonal fruits (200 g) 11 zł

1. Lemonade with lemon and mint 0,3l/0,5l 5,5zł/ 6,5 zł
2. Hot lemonade 0,3l – raspberry or apple with ginger 8 zł
3. Vegetable and fruit smoothies (without sugar) 8 zł
4. Yogurt, fruit cocktail 6,5 zł
5. Fresh juice from carrot or apple 6,5 zł
6. Fresh juice from orange or grapefruit 9 zł
7. Ice coffee with whipped cream and vanilla ice cream 9,5 zł



## Warm Drink



1. Tea with lemon 200 ml 4,5 zł
2. Espresso 40 ml, Espresso macchiato 50 ml 5 zł
3. Cafe 150 ml, Cafe O'le 150 ml 5,5 zł
4. Cappuccino \* 150 ml 7 zł
5. Latte macchiato \* 200 ml, Cafe latte (200 ml) 8,5 zł
6. Chocolate with whipped cream 150 ml 9 zł
7. Chocolate with mint and red pepper 150 ml 9 zł
8. Manekin mocca(chocolate and espresso)200 ml 9,5 zł
9. Cocoa 200 ml, Milk 200 ml 4,5 zł

\* syrups: chocolate cookie, caramel, french vanilla, roasted nuts



## Cold Drink



1. Sparkling water/Still water 0,3l 4 zł
2. Pepsi, Pepsi max, 7-up, Mirinda, 0,3l 5 zł
3. Pepsi, Pepsi max, 7-up, Mirinda, 0,5l 6,5 zł
4. Pepsi Cherry, Pepsi Lime, Tonic Schweppes 0,5l 7,5 zł
5. Lipton Ice Tea (lemon, peach, green) 0,3l 5,5 zł
6. Lipton Matcha (Yuzu & lime, ginger & lemongrass) 0,5l 7,5 zł
7. orange, grapefruit, apple, black currant, tomato 0,3l 5 zł
8. Aloes 0,3l/0,5l 6 zł/ 8,5 zł
9. Rockstar ENERGY DRINK 0,25l, Mountain Dew 0,5l 7,5 zł



## Beer



- barrel**
1. Perła Export 0,3 l/0,5 l 5 zł/6 zł
  2. Zwierzyniec 0,3 l/0,5 l 6 zł/7 zł
  3. Pitcher Perła 1,5 l / Pitcher Zwierzyniec 1,5 l 16 zł/19 zł
  4. Grapefruit beer or banana beer 0,5 l 8,5 zł
  5. Perła warm with honey and lemon 9,5 zł
  6. Perła warm with raspberry and vanilla 9,5 zł
- botteled**
1. Perła Export 0,5l, Perła Hop 0,5l 8,5 zł
  2. Perła Unpasteurized 0,5l, Perła Honey 0,5l 8,5 zł
  3. Perła Porter 0,33l, Perła Koźlak 0,33l 7,5 zł
  4. Zwierzyniec 0,33l, Alcohol Free Beer 0,33l 7,5 zł

## House Wine

Italy – dry

1. Glass 100 ml / Small decanter 250 ml 6,5 zł/ 14,5 zł
2. Big decanter 500 ml / Bottle 750 ml 26,5 zł/ 37 zł

## Wine selection Manekin

100 ml

1. Santa Messa, Italy, w/r - sweet 7,5 zł
2. Losar, Spain, w/r - semisweet 7,5 zł
3. Luciente, Spain, w/r - semi-dry 7,5 zł
4. Rio Alto, Chile, w/r – dry 8,5 zł
5. Mulled wine (200 ml) 10 zł
6. Heated mead (200 ml) *new* 10 zł