



Dry Pancakes (min. 350 g)

1. Cheese, sauce	8,5 zł	15. Chicken, basil pesto, arugula, Grana Padano, sauce	17 zł
2. White cheese, onion, potatoe, sauce\crackling 9 zł\	10,5 zł	16. Spinach, molle egg, cheese, sauce	14 zł
3. Mushrooms with cheese, ham, sauce	11,5 zł	17. Chicken, zucchini, celery, leek, sauce	15,5 zł
4. Beef stroganoff, sauce	16,5 zł	18. Mozzarella, tomato, olives, salami pepperoni, sauce	14,5 zł
5. Chicken, peanut butter, broccoli, sauce	15,5 zł	19. Indian, sauce	16 zł
6. Beef teriyaki, crunchy vegetables, sauce	17,5 zł	20. Baked salmon, spinach leaves, tomato, sauce	18,5 zł
7. Chicken, camembert, cranberry, sauce	17 zł	21. Shrimps with baked vegetables, sauce <i>new</i>	18,5 zł
8. Mushrooms, salami, ham, cheese, ketchup	14 zł	22. Sambal, baked sweet potatoes, broccoli, sauce <i>new</i>	14 zł
9. Chicken shoarma, spinach, sauce	14,5 zł	23. Chicken shoarma, cheese, sauce	15 zł
10. Pulled pork, cheese, herbs, sauce	16,5 zł	24. Mexican (spicy), sauce	15 zł
11. Kebab/Kebab curry, onion, cabbage, sauce	15 zł	25. Four kinds of cheese, sauce	14,5 zł
12. Dried tomatoes, mozzarella, spinach, sauce	14 zł	26. Burrito (spicy), sauce	15,5 zł
13. Chicken curry, coconut milk, lemongrass, sauce	15 zł	27. Baked: pancake lasagne with minced meat, sauce	15,5 zł
14. Chorizo with baked vegetables, sauce <i>new</i>	17,5 zł	28. Baked: cod with spinach and cheese sauce	16,5 zł



Primavera Pancakes (min. 350 g)

iceberg lettuce, tomatoes, olive oil with basil

1. Chicken shoarma, cheese, sauce	17,5 zł
2. Dried tomatoes, mozzarella, spinach, sauce	16,5 zł
3. a'la tortilla with crispy chicken, sauce <i>new</i>	17,5 zł
4. a'la tortilla with pulled pork, sauce <i>new</i>	18,5 zł
5. a'la tortilla with salmon, sauce <i>new</i>	19,5 zł

Corn Pancakes (min. 350 g)

batter with corn flour, may contain traces of gluten

1. Mozzarella with baked vegetables, sauce <i>new</i>	15,5 zł
2. Sambal, baked sweet potatoes, broccoli, sauce <i>new</i>	15,5 zł
3. Pulled pork, cheese, herbs, sauce	18 zł
4. Chorizo with baked vegetables, sauce <i>new</i>	18,5 zł
5. Mexican (spicy), sauce	16,5 zł



Green Pancakes (min. 400 g)

batter with the addition of young burley

1. Mozzarella with baked vegetables, sauce <i>new</i>	15,5 zł
2. Spinach, molle egg, cheese, sauce	16 zł
3. Chicken curry, coconut milk, lemongrass, sauce	17 zł
4. Baked salmon, spinach leaves, tomato, sauce	19,5 zł
5. Chicken, zucchini, celery, leek, sauce	17 zł

Tagliatelle Pancakes (min. 400 g)

pancake ribbons

1. Carbonara with spinach and red onion	16 zł
2. Chorizo, dried tomatoes, red onion, tomato sauce	18,5 zł
3. Chicken, Feta cheese, tomato, spinach leaves <i>new</i>	18 zł
4. Shrimps in garlic butter, tomatoes, green pepper	19 zł
5. Spinach, cream, grilled salmon	19,5 zł



Potato Pancakes (min. 350 g)

batter with the addition of potatoes

1. Sour cream, sugar	8 zł
2. White cheese, onion, potatoe, sauce\crackling 11 zł\	12,5 zł
3. Cabbage, mushrooms, onion, sauce	13,5 zł

Crispy Roller (min. 350 g)

To serve with beetroot soup and garlic sauce

1. Cabbage with mushrooms and onion	13,5 zł
2. Spinach with dried tomatoes	16,5 zł
3. Pulled pork, cheese, herbs, sauce <i>new</i>	17,5 zł



Warm sauces (50g): cheese sauce, white sauce, tomatoes (light or spice)

Cold sauces (50g): jalapenos (spicy), garlic, thousand, yoghurt-dill

Additional ingrediens for pancakes:

broccoli (100 g), corn(50g), salami(25g), ham(80g), tomato(80g), spinach(100g), onion(30g), jalapenos(30g) – 2,5 zł

arugula(20g), olives(50g), mushrooms(80g), crackling(50g), additional salad(80g), dried tomatoes(50g) – 3 zł

cheese(100g), camembert(70g), feta cheese(70g), blue cheese(70g), mozzarella(100g),

additional primavera(50g), smoked cheep cheese(50g) – 3,5 zł

possible bake – 3 zł

additional sauce – 1,5 zł

wrap – 1,5 zł

paper bag – 0,5 zł

The list of allergens and composition of the dishes is available from our staff.



Suggestions and opinions should be directed to www.manekin.pl/opole/plac-wolnosci. Thank you.



Instagram

Sweet Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

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|---|---------|
| 1. Caster sugar (120 g) | 5,5 zł |
| 2. Jam: peach, strawberry, plum (150 g) | 6,5 zł |
| 3. White cheese with vanilla, sauce (230 g) | 9,5 zł |
| 4. Nutella, sauce (180 g) | 10,5 zł |
| 5. Forest fruits (raspberry,blackberry,strawberry) | 11,5 zł |
| 6. Green with mascarpone, white chocolate, kiwi,
lemon ice cream, sour cream | 15,5 zł |
| 7. Raffaello, sour cream
(white chocolate, almonds, mascarpone, coconut) | 15,5 zł |

Sauces(30g): raspberry, cherry, chocolate, strawberry, toffee, advocaat, sour cream

Additional ingredients for sweet pancakes:

mint(10g), banana(80g), apple(80g), almonds(15g), nuts(15g), biscuits(20g) – 2 zł
blackberry(80g), cranberry(80g), strawberry(80g), raspberry(80g), cherry(80g), white cheese(100g) – 2,5 zł
additional sauce – 1,5 zł

American Pancakes (min. 250 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

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|---|---------|
| 1. Raspberry, chocolate sauce and sour cream | 11,5 zł |
| 2. Nutella, chocolate M&M's and sour cream | 13,5 zł |
| 3. Marshmallows, Nutella and sour cream | 12,5 zł |
| 4. Pretzels, salty caramel, vanilla ice cream, sesame | 13 zł |

Black American Pancakes (min. 250 g)

with the addition of roasted cocoa beans

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| 5. Oreo, vanilla cream cheese, raspberries | 13,5 zł |
| 6. Seasonal fruit, meringues, strawberry ice cream | 13 zł |
| 7. Cherry, white chocolate, ice cream | 13 zł |
| 8. Almonds,blueberries,white chocolate, sour cream | 13,5 zł |

Salads (min. 350g)

Serve with bread and garlic butter

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|---|---------|
| 1. Greek salad | 13 zł |
| 2. Cesare salad with chicken | 15 zł |
| 3. Salad with baked sweet potato and chickpeas new | 15 zł |
| 4. Cesare salad with crispy chicken | 17 zł |
| 5. Marinated chicken with spinach and fruits | 17,5 zł |
| 6. Salad with shrimps with cocktail sauce | 19,5 zł |
| 7. Cesare salad with smoked cheep cheese | 17 zł |
| 8. Salad with grilled salmon and horseradish sauce | 19,5 zł |
| 9. Crispy chicken with vegetables | 18,5 zł |

Dessert

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| 1. Apple-pie with scoop of vanilla ice cream (300 g) | 9,5 zł |
| 2. Oreo cream with seasonal fruit (200 g) | 9 zł |
| 3. Tart with Raffaello (180 g) new | 9,5 zł |
| 4. Tart with fruits (180 g) | 8,5 zł |
| 5. Ice cream with seasonal fruits (200 g) | 9,5 zł |

Soups (min. 300 ml)

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| 1. Beetroot soup (200 ml) | 4,5 zł |
| 2. Chicken broth with pancake noodles and carrot | 6,5 zł |
| 3. Spicy soup with prawns, salmon and coriander | 9,5 zł |
| 4. Cold borsch with egg, cucumber, radish and dill | 8 zł |
| 5. Boletus mushroom creamy soup | 9,5 zł |
| 6. Sour rye cream with white sausage and egg | 9,5 zł |

Our Drink (min. 200 ml)

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| 1. Lemonade with lemon and mint 0,3l/0,5l | 5,5zł/ | 6,5 zł |
| 2. Vegetable and fruit smoothies (without sugar) | | 8 zł |
| 3. Yogurt, fruit cocktail | | 6 zł |
| 4. Fresh juice from carrot or apple | | 6 zł |
| 5. Fresh juice from orange or grapefruit | | 8,5 zł |
| 6. Milkshake with whipped cream and vanilla ice cream | | 9,5 zł |
| 7. Ice coffee with whipped cream and vanilla ice cream | | 9,5 zł |



Warm Drink



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| 1. Tea with lemon 200 ml | 4 zł |
| 2. Espresso 40 ml, Espresso macchiato 50 ml | 4,5 zł |
| 3. Cafe 150 ml, Cafe o'le 150 ml | 5 zł |
| 4. Cappuccino * 150 ml | 6,5 zł |
| 5. Latte macchiato * 200 ml, Cafe latte (200 ml) | 8 zł |
| 6. Chocolate with whipped cream 150 ml | 8,5 zł |
| 7. Chocolate with mint and red pepper 150 ml | 8,5 zł |
| 8. Manekin mocca(chocolate and espresso)200 ml | 8,5 zł |
| 9. Cocoa 200 ml, Milk 200 ml | 4 zł |

* syrups: chocolate cookie, caramel, french vanilla, roasted nuts



Cold Drink



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| 1. Sparkling water/Still water 0,3l | 4 zł |
| 2. Pepsi, Pepsi max, 7-up, Mirinda, 0,3l | 5 zł |
| 3. Pepsi, Pepsi max, 7-up, Mirinda, 0,5l | 6,5 zł |
| 4. Pepsi Wild Cherry,Pepsi Lime,Tonic Schweppes 0,5l | 7,5 zł |
| 5. Lipton Ice Tea (lemon, peach, green) 0,3l | 5,5 zł |
| 6. Lipton Matcha (Yuzu & lime, ginger & lemongrass) 0,5l | 7,5 zł |
| 7. orange, grapefruit, apple, black currant, tomato 0,3l | 5 zł |
| 8. Aloes 0,3l/0,5l | 6 zł/ 8,5 zł |
| 9. Rockstar ENERGY DRINK 0,25l, Mountain Dew 0,5l | 7,5 zł |



Beer



barrel

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| 1. Perła Export 0,3 l/0,5 l | 5 zł/6 zł |
| 2. Zwierzyniec 0,3 l/0,5 l | 5,5 zł/6,5 zł |
| 3. Pitcher Perła 1,5 l / Pitcher Zwierzyniec 1,5 l | 16 zł/18 zł |
| 4. Grapefruit beer 0,5 l | 8,5 zł |
| 5. Banana beer 0,5 l | 8,5 zł |
| 6. Mojito beer 0,5 l | 8,5 zł |

bottled

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|---|--------|
| 1. Perła Export 0,5l, Perła Hop 0,5l | 8 zł |
| 2. Perła Unpasteurized 0,5l, Perła Honey 0,5l | 8 zł |
| 3. Perła Porter 0,33l, Perła Kozłak 0,33l | 7,5 zł |
| 4. Zwierzyniec 0,33l, Alcohol Free Beer 0,33l | 7,5 zł |

House Wine

Italy – dry

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| 1. Glass 100 ml / Small decanter 250 ml | 6 zł/ | 14 zł |
| 2. Big decanter 500 ml / Bottle 750 ml | 26 zł/ | 37 zł |

Wine selection Manekin

spring - summer 100 ml

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| 1. Santa Messa, Italy, w/r - sweet | 7 zł |
| 2. Losar, Spain, w/r - semisweet | 7,5 zł |
| 3. Luciente, Spain, w/r - semi-dry | 7,5 zł |
| 4. Rio Alto, Chile, w/r – dry | 8 zł |
| 5. Martini Bianco & Tonic (200 ml) | 11 zł |
| 6. Martini Rosso & Tonic (200 ml) | 11 zł |

