



Dry Pancakes min. 350g

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| 1. Cheese, sauce | 8,5 zł | 16. Chicken shoarma, onion, cheese, sauce | 15,0 zł |
| 2. Cheese, potatoes, onion, sauce/ scratchings | 9,5 zł/ 10,5 zł | 17. Pork in teriyaki sauce, crunchy vegetables, sauce ^{new} | 16,5 zł |
| 3. Chicken, pear, blue cheese, walnut, rocket, sauce | 17,5 zł | 18. Chicken curry, coconut milk, pineapple, jalapeno, sauce | 16,0 zł |
| 4. Chicken, broccoli, corn, peanut butter, sauce ^{new} | 16,5 zł | 19. Chicken, spinach, onion, cheese, sauce | 15,5 zł |
| 5. Mushrooms, cheese, ham, salami, tomato, basil, sauce | 15,5 zł | 20. Indian (chicken, rice, tomatoes, onion, seasonings), sauce | 16,0 zł |
| 6. Philadelphia cheese, baked salmon, spinach, dill, dry tomatoes, red onion, sauce | 18,5 zł | 21. Spinach, dry tomatoes, mozzarella, sauce | 13,5 zł |
| 7. Gyros, salad cheese, corn, lettuce, salsa, sauce | 16,0 zł | 22. Salami, mozzarella, jalapeno, sauce | 15,0 zł |
| 8. Spanish (mozzarella, chorizo, almonds, tomatoes, parsley), sauce | 17,0 zł | 23. Chicken, chanterelles in creamy sauce, sauce | 16,5 zł |
| 9. Burrito (spicy): minced meat, salsa, bean, chilli pepper, onion, cheese, corn, spicy tomato sauce, sour cream | 16,5 zł | 24. Thai (chicken, cashew nuts, vegetables, rice), sauce | 17,0 zł |
| 10. Minced meat, cheese, seasonings, sauce | 14,0 zł | 25. Mozzarella, tomatoes, olive oil with basil, rocket, sauce | 14,0 zł |
| 11. Kebab, cabbage, gherkin, onion, 1000 island dressing and garlic dressing | 15,0 zł | 26. Chicken, basil pesto, Grana Padano, rocket, sauce | 17,5 zł |
| 12. Four cheeses, sauce | 14,5 zł | 27. Chicken, mustard sauce, pickled cucumber, onion, cheese, sauce | 15,5 zł |
| 13. Turkey, tomato pesto, cheese, parsley, sauce ^{new} | 17,0 zł | 28. Chicken, spinach, blue cheese, sauce | 16,0 zł |
| 14. Baked salmon, spinach, camembert, sauce | 18,5 zł | 29. A la tortilla (chicken, vegetables, cheese, ceasar sauce), sauce | 16,5 zł |
| 15. Dry tomatoes, mozzarella, ham, sauce | 15,0 zł | 30. Hungarian (pork, mushrooms, onion), sauce | 16,5 zł |
| | | 31. Chicken in soya and honey sauce, sesame, sauce ^{new} | 17,5 zł |
| | | 32. A la tortilla (baked salmon, iceberg lettuce, tomatoes, onion, ceasar sauce), sauce | 18,5 zł |



Buckwheat and Linen Pancakes ^{new} min. 350g

May contain gluten

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| 1. Chicken, spinach, blue cheese, sauce | 17,0 zł |
| 2. Chicken, mushrooms, onion, mascarpone, parsley, sauce | 15,0 zł |
| 3. Pork in teriyaki sauce with crunchy vegetables, sauce | 17,5 zł |
| 4. Baked salmon, spinach, camembert, sauce | 19,5 zł |

Wholemeal Pancakes min. 350g

Linseed, sesame, pumpkin and sunflower seeds

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| 1. Chicken, spinach, onion, cheese, sauce | 17,0 zł |
| 2. Chicken, pear, blue cheese, walnut, rocket, sauce | 18,0 zł |
| 3. Mozzarella, tomatoes, olive oil with basil, rocket, sauce | 15,5 zł |
| 4. Chicken, broccoli, corn, peanut butter, sauce ^{new} | 17,5 zł |

Potato Pancakes min. 350g

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| 1. Cottage cheese, potatoes, onion, sauce/ scratchings | 11,5/12,5 zł |
| 2. Hungarian (pork, mushrooms, onion), sauce ^{new} | 16,5 zł |
| 3. Chicken in mustard sauce, pickled cucumber, onion, cheese, sauce | 16,5 zł |

Roasted Pancakes min. 350g

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| 1. Lasagne bolognese, cheese, tomato and béchamel sauce | 16,0 zł |
| 2. Mexican (spicy), black olives, tomato sauce | 16,5 zł |
| 3. Strudel with spinach and ricota cheese, béchamel sauce, light tomato sauce | 15,5 zł |
| 4. Strudel with jalapeno, salami, mushrooms, onion ^{new} | 15,5 zł |



Tagliatelle Pancakes min. 400g

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| 1. Chicken, mushrooms, mascarpone, onion, parsley | 16,5 zł | 5. Flavour of Tuscany (dry tomatoes, red onion,, piri piri, grana padano, rocket) | 15,5 zł |
| 2. Spinach with grilled salmon | 19,5 zł | 6. Chicken with chanterelles, sour cream, rocket | 18,5 zł |
| 3. Pesto from dry tomatoes, chicken, rocket, Corregio cheese | 17,5 zł | 7. Chicken, shrimps, pepper, parmesan, chives | 19,5 zł |
| 4. Bacon, spinach, red onion ^{new} | 16,5 zł | | |



Warm dressings: béchamel, tomato light, tomato spicy, cheese (50 ml)
Cold dressings: garlic, 1000 island, creamy with fennel, jalapeno (spicy) (50 ml)

Additional ingredients:

onion, egg, corn, pepper (fresh), melted cheese, pineapple (50 g), ham (40 g), tomato, (50 g), jalapeno (30g), honey (30 ml) – 2,5 zł
salami (15 g), olives (20 g), scratchings, mushrooms, dry tomatoes (50 g), salads, spinach (100 g), rocket (20 g) – 3 zł
salad cheese, blue cheese, camembert (50g), cheese, mozzarella (100g), primavera (120 g) – 4 zł

additional sauce (50 ml) – 1,5 zł

baking- 3 zł

wrap – 1,5 zł

Dear guests, please, ask our staff members to provide you with a list of all allergens and ingredients of our dishes
Please, share with us your suggestions and remarks on www.manekin.pl/poznan/kwiatowa



Sweet Pancakes min.350g

2 scoops of vanilla ice cream (120 g) - 4,0 zł

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| 1. Custer sugar (120 g) | 4,5 zł | 9. Biscuits, mascarpone, raspberries, dark chocolate, sauce | 13,5 zł |
| 2. Jam: cherry, strawberry, plum (150 g) | 6,0 zł | 10. Meringue, mascarpone, almonds, berries, sauce | 13,5 zł |
| 3. Apple, cinamon, sauce (200 g) | 7,0 zł | 11. Ferrero (Nutella, mascarpone, hazelnuts), sauce | 15,5 zł |
| 4. Banana, Nutella, whipped cream | 11,5 zł | 12. Pear, white chocolate, vanilla cheese, sauce ^{new} | 12,5 zł |
| 5. Biscuits, Nutella, mascarpone, cherries or berries, sauce | 13,5 zł | 13. Mascarpone, white chocolate, strawberries, sauce | 13,5 zł |
| 6. Nutella, whipped cream, custer sugar | 10,5 zł | 14. Raffaello (mascarpone, white chocolate, desiccated coconut), sauce | 14,0 zł |
| 7. Mascarpone, almonds, sauce | 12,5 zł | 15. Fudge, biscuits, chocolate, hazelnuts, mascarpone ^{new} | 14,5 zł |
| 8. Oreo, Milka chocolate, mascarpone, sauce ^{new} | 14,5 zł | | |

Dressings: cherry, raspberry, strawberry, chocolate, toffee, advocate, creamy (50 ml)

Additional ingredients: apple, banana, raspberry, strawberry, berry (50 g), almonds, desiccated coconut (10 g), whipped cream (20 g)- 3,0 zł

Pancakes min.350 g

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| 1. Hot raspberries, white chocolate, creamy sauce | 11,5 zł | 4. Gingerbread (plum, gingerbread crisps, creamy sauce) | 11,5 zł |
| 2. M&M's, Nutella, creamy sauce | 11,5 zł | 5. Chocolate with raspberries, almonds, sauce | 11,5 zł |
| 3. Pear, maple syrup, creamy sauce ^{new} | 11,5 zł | 6. Kinder country, creamy sauce, toffee sauce ^{new} | 11,5 zł |



Salads min.350g

Served with 2 rolls and garlic butter

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| 1. Salads with breaded camembert and cranberry | 15,5 zł |
| 2. Salads with shrimps and cocktail sauce | 18,0 zł |
| 3. Chicken with vegetables and balsamic sauce | 16,0 zł |
| 4. Salads with grilled salmon and horseradish sauce | 18,0 zł |
| 5. Cesare with pickled chicken | 15,5 zł |
| 6. Cesare with chicken fingers | 15,5 zł |
| 7. Salads with turkey, tangerine, carrot sauce | 17,5 zł |

Our Drinks 250 ml

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|---|-----------------|
| 1. Fresh juice from grapefruits or oranges | 9,5 zł |
| 2. Fresh juice from apples or carrot | 8,0 zł |
| 3. Fruit cocktail (every day a different flavour) | 8,0 zł |
| 4. Fresh juice from apple, parsley and spinach | 8,5 zł |
| 5. Lemonade 300 ml / 500 ml | 5,0 zł / 7,5 zł |
| 6. Hot lemonade with raspberries and mint or with ginger, orange and honey ^{new} | 7,5 zł |



Soups min. 300 ml

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| 1. Beetroot soup 250 ml (pure) | 4,0 zł |
| 2. Broth with pancake noodles | 6,0 zł |
| 3. Sour rye soup in bread with egg and sausage | 10,0 zł |
| 4. Mushrooms cream in bread | 10,0 zł |
| 5. Lentils cream (spicy) | 8,5 zł |
| 6. Tomato cream | 8,5 zł |
| 7. Thai soup with shrimps | 9,5 zł |

Desserts

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| 1. Apple pie with whipped cream and vanilla ice cream 300g | 9,0 zł |
| 2. Creamy Oreo pie with sauce 200g | 9,0 zł |
| 3. Chocolate soufflé 150g | 8,5 zł |
| 4. Ferrero tart ^{new} 200g | 9,5 zł |
| 5. Raspberry tart 200g | 7,0 zł |
| 6. Ice cream (3 scoops) with dried fruits and nuts 200g | 9,0 zł |

Warm Drinks

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|---|--------|
| 1. Tea with lemon 250 ml | 4,0 zł |
| 2. Espresso 40 ml | 4,5 zł |
| 3. Espresso macchiato 50 ml | 5,0 zł |
| 4. Coffee 150 ml | 5,0 zł |
| 5. Coffee with milk 150 ml | 6,0 zł |
| 6. Cappuccino * 150 ml | 6,5 zł |
| 7. Latte * 200 ml | 7,0 zł |
| 8. Milk * 200 ml | 3,0 zł |
| 9. Cocoa 200 ml | 4,0 zł |
| 10. Chocolate with whipped cream | 7,5 zł |
| * syrups : amaretto, cinnamon, caramel, pistachio, vanilla, chocolate | 1,5 zł |

Beer

Barril

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| 1. Carlsberg 300 ml/500 ml | 6,0 zł / 8,0 zł |
| 2. Kasztelan non pasteurized 300 ml/500 ml | 5,5 zł / 6,0 zł |
| 3. Jag of Kasztelan or Carlsberg 1500 ml | 15,0 zł / 22,0 zł |

Bottle

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| 5. Okocim 500 ml | 7,0 zł |
| 6. Okocim Mocne 500 ml | 7,0 zł |
| 7. Okocim Pszeniczne / Okocim Porter 500 ml | 8,0 zł |
| 8. Kasztelan non pasteurized 500 ml | 9,5 zł |
| 9. Carlsberg 500 ml | 8,0 zł |
| 10. Carlsberg B/A 330 ml | 9,5 zł |
| 11. Somersby 400 ml | 8,0 zł |
| 12. Mulled beer with raspberries or lemon and honey 500 ml | 9,0 zł |

Cold Drinks

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|---|-----------------|
| 1. Sparkling/ still water 300 ml | 4,0 zł |
| 2. Pepsi, 7-up, Mirinda 300 ml / 500 ml | 4,5 zł / 5,5 zł |
| 3. Pepsi : Light, Max, Tonic, Mountain Dew 500 ml | 6,5 zł |
| 4. Orange, apple, grapefruit, black currant, tomato juice | 4,5 zł |
| 5. Lipton Ice Tea 300 ml/500 ml | 4,5 zł / 5,5 zł |
| 6. Rock Star Energy drink 250 ml | 6,0 zł |
| 7. Aloe vera 300 ml | 5,0 zł |
| 8. Ice coffee with ice cream and whipped cream 250ml | 9,5 zł |

Table Wine

dry, white and red

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|-----------------------------------|-------------------|
| 1. Manekin bottle 100 ml / 250 ml | 6,0 zł / 12,0 zł |
| 500 ml / 750 ml | 22,0 zł / 38,0 zł |

Klasztorne Beer AD 1128

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|--------------------------------|---------|
| 1. Grimbergen Blanche 330 ml | 12,0 zł |
| 2. Grimbergen Blonde 330 ml | 12,0 zł |
| 3. Grimbergen Doble 330 ml | 12,0 zł |
| 4. Trial Grimbergen 3 x 150 ml | 15,0 zł |

Wine Selection autumn-winter 2017

white and red 100 ml

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| 1. Losar, Spain, semisweet | 7,0 zł |
| 2. Rio Alto, Portugal, dry | 7,5 zł |
| 3. Luciente, Spain, semidry | 7,5 zł |
| 4. Vina San Esteban, Chile, dry | 7,0 zł |
| 5. Mulled wine 200 ml | 8,5 zł |
| 6. White mulled wine with vanilla and orange 200 ml | 8,5 zł |