



## Savoury Pancakes (min. 400g)

1. Cheese, sauce (min. 300g)	9,5 zł	16. Chicken curry (spicy), onion, pineapple, peppers, jalapeno, coconut milk, sauce	15,5 zł
2. Lentil curry, spinach, sauce	14,5 zł	17. Pork mince ( <i>bolognese</i> ), cheese, sauce	14 zł
3. Cottage cheese, fried onions and potatoes, bacon lardons	11 zł	18. Turkey, spinach leaves, cheese, sauce	15,5 zł
4. Pork mince, roasted vegetables, sauce	13,5 zł	19. Spinach leaves, sun-dried tomatoes, mozzarella, sauce	14 zł
5. Baked salmon, spinach, camembert, sauce	18,5 zł	20. Chicken with chanterelles, onion, cream, sauce	17,5 zł
6. Mackerel paste, egg, red onion, pickles, dill, sauce	14 zł	21. Chicken, basil pesto, tomato, blue cheese, spinach leaves	17 zł
7. Gyros, salad cheese, corn, tomato, lettuce, sauce	15,5 zł	22. Teryiaki beef, grilled vegetables, sauce	17 zł
8. Chicken pesto, mozzarella, tomato, sauce	17 zł	23. Baked salmon, sun-dried tomatoes, mozzarella, spinach, sauce	18,5 zł
9. Spicy Mexican ( <i>spicy</i> ) – chicken, bean, corn, chilli, onion, cheese, red peppers, sauce	15 zł	24. Burrito – pork mince, salsa, beans, chilli peppers, corn, onion, spicy tomato sauce, sour cream	14,5 zł
10. Pork mince, cheese, mixed herbs, sauce	14 zł	25. Turkey, pineapple, camembert, arugula, sauce	16 zł
11. Kebab, cabbage, pickles, onions, 1000 island and garlic sauce	15,5 zł	26. Beef Stroganoff, pepper, champignons, sour pickles, sauce	16,5 zł
12. Shrimps, grilled zucchini, camembert, rucoli, sauce	17,5 zł	27. Ham, salami, champignons, cheese, ketchup, sauce	14 zł
13. Ham, champignons, cheese, sauce	13 zł	28. Thai chicken - vegetables, rice, pineapple, cashew nuts, sweet and sour sauce	16 zł
14. Chicken shawarma, onion, cheese, sauce	16 zł	29. Spinach & salad cheese, sauce	12,5 zł
15. Hungarian goulash ( <i>spicy</i> ), champignons, onion, pepper, sauce	13,5 zł		



## Oven-baked Pancakes with Cheese (min. 400g)

1. Spicy Mexican ( <i>spicy</i> ) – chicken, bean, corn, chilli, onion, cheese, red peppers, olives, spicy tomato sauce	16 zł
2. Lasagne, finished with béchamel and tomato sauce	14,5 zł
3. Codfish, spinach, cheese sauce	17 zł
4. Salami, jalapeno, pepper, champignons, onion, cheese, cheese sauce and tomato sauce	16 zł

## Spelt Pancakes (min. 400g)

1. Chicken shawarma, spinach, sun-dried tomatoes, sauce	16,5 zł
2. Turkey, blue cheese, arugula, walnuts, sauce	17 zł
3. Chickpea pasta, arugula, spinach leaves, tomatoes, sauce	14,5 zł

## Primavera Pancakes (min. 500g)

Served with iceberg lettuce, tomatoes and basil olive oil dressing

1. Chicken shawarma, onion, cheese, sauce	17 zł
2. A'la tortilla with crispy chicken, vegetables, sauce	17 zł
3. Camembert, mozzarella, arugula, tomatoes, sauce	15,5 zł

## Potato Pancakes (min. 400g)

1. Beef Stroganoff, pepper, champignons, sour pickles, sauce	17 zł
2. Cottage cheese, fried onions and potatoes, sauce	12 zł
3. Mustard chicken, sour pickles, cheese, sauce	16,5 zł
4. Baked bacon, sour pickles, cheese, chives, sauce	13,5 zł

## Buckwheat - Flax Pancakes (min. 400g)

1. Spinach leaves, cheese, egg, sauce	14,5 zł
2. Zucchini, blue cheese, arugula, sunflower seed, sauce	15 zł
3. Salami, salsa, jalapeno, cheese, sauce ( <i>spicy</i> )	14,5 zł

## Red Pancakes

with addition of beetroot

1. Chicken, camembert, cranberry, arugula, sauce	14,5 zł
2. Cod, camembert, zucchini, arugula, sauce	17,5 zł
3. Mozzarella, salami, salsa, olives, sauce	14 zł



## Pancake Tagliatelle (min. 400g)

1. Bolognese	15 zł	4. Chicken with chanterelles, onion, rucoli, cream	17,5 zł
2. Spinach with grilled salmon	19 zł	5. Carbonara	14 zł
3. Spicy chicken, pepper, onion	15,5 zł	6. Sun-dried tomatoes, chilli peppers, cream, rucoli	16 zł



**Warm sauces** (50 ml): béchamel, mushroom, mild tomato, spicy tomato, cheese sauce

**Cold sauces** (50 ml): tzatziki, garlic, thousand island, creamy dill, jalapeno (*spicy*), sweet and sour (*spicy*)

### Additional ingredients only for pancakes: (*per portion*)

mushrooms (50g), olives (20 g), tomato (50 g), roasted vegetables (100 g), broccoli (50g) – 2,5 zł

ham (40 g), salami (20 g), spinach (100g), bacon lardons (50g), salad (100 g) – 3 zł

chilli peppers (20 g), salad cheese, soft cheese, sun-dried tomatoes (30 g), mozzarella, melted cheese (80 g), camembert (60g) – 3 zł

2 bread rolls and garlic butter – 2 zł

arugula (20g) – 3 zł

primavera (100 g), baked bacon (70g) – 4 zł

extra sauce (50ml) – 1 zł, takeaway box – 1,5 zł, primavera (100g),

The list of allergens, the food product is available at your server

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Opinions and proposal send on [www.manekin.pl/torun/rynek-staromiejski](http://www.manekin.pl/torun/rynek-staromiejski)

## Sweet Pancakes (min. 300g)

2 scoops of vanilla ice cream (100g) – 3,5 zł

1. Icing sugar (min. 120g)	5,5 zł	9. Ferrero, mascarpone, nutella, hazelnuts, sauce	14,5 zł
2. Apples, cinnamon, sauce (min. 200g)	7,5 zł	10. Pear, white chocolate, vanilla cheese, sauce	12,5 zł
3. Vanilla-flavoured cottage cheese, sauce	9 zł	11. Banana, chocolate, whipped cream, sauce	10 zł
4. Strawberries or raspberries, mascarpone, mint, sauce	13,5 zł	12. Raffaello, mascarpone, coconut shavings, white chocolate, sauce	14 zł
5. Fudge, biscuits, mascarpone, almonds, sauce	13,5 zł	13. Gingerbread, plum with liqueur, vanilla cheese, cream sauce	12 zł
6. Biscuits, nutella, mascarpone, blueberries, sauce	13 zł	14. Oreo cookies, mascarpone, cherries, sauce	13 zł
7. Cottage cheese, strawberries, whipped cream, icing sugar	11,5 zł	15. Rice pudding with almonds, raspberries (baked)	13 zł
8. Nutella, whipped cream, icing sugar (min. 200g)	11 zł	16. Banana, strawberries, white chocolate (baked)	12 zł

## Pancakes (min. 400g)

1. Raspberries, cream sauce & chocolate sauce	12,5 zł	5. Chocolate with nuts, toffee sauce and ice cream	12,5 zł
2. Bananas with nuts, salt caramel, cream sauce	12,5 zł	6. Apples with fudge, salt caramel, cream sauce	12,5 zł
3. M&M's, nutella, cream sauce	12,5 zł	7. Snickers, cream sauce, whipped cream	12,5 zł
4. Pear, honey with maple syrup, chocolate sauce	12,5 zł	8. Oreo cookies, cherries, cream sauce	12,5 zł

**Sweet sauces (50 ml):** cherry, raspberry, strawberry, chocolate, toffee, eggnog, cream sauce

**Additional ingredients only for pancakes: per portion**

pineapples, bananas, pear, apples (50 g), coconut shavings (10 g), whipped cream (30g), white chocolate (20g) – 2 zł  
walnuts/hazelnuts, almonds (10 g), raspberries, strawberries, blueberries, Nutella (60g), meringue (15 g), honey with maple syrup (50 g) – 3,5 zł  
two scoops of vanilla ice cream (100 g) – 3,5 zł  
jam, extra sauce (50 ml) – 1 zł

## Salads (min 300g)

(served with freshly baked bread rolls and butter)

1. César with chicken	16 zł
2. Salad with blue cheese, avocado, and nuts	16,5 zł
3. César chicken in crunchy coating	16,5 zł
4. Prawns salad with garlic	18 zł
5. César with smoked mackerel	16 zł
6. Goat cheese salad, spinach leaves and beetroot	17,5 zł
7. Turkey with blue cheese, walnuts, chilli	18,5 zł
8. Grilled salmon salad with horseradish sauce	19 zł
9. César with grilled smoked cheese and cranberry	16,5 zł

## Desserts (min. 300g)

1. Apple pie served whipped cream and ice-cream 300g	9,5 zł
2. Pancakes strudel with pear, marzipan sauce	8,5 zł
3. Chocolate brownie with ice-cream 150g	7,5 zł
4. Ice cream (3 scoops) with fruit/ dried fruit 200g	10,5 zł
5. Ferrero tart	10 zł

## Soups (min. 300g)

1. Beetroot consommé 250ml	4,5 zł
2. Chicken consommé with pancake noodles	7 zł
3. Soup with chanterelles	8 zł
4. Creamy of porcini mushroom soup served in bread	9,5 zł
5. Żurek (trad. Polish sour rye soup) served in bread	9,5 zł
6. Pumpkin cream (autumn) / Potato cream (winter)	8 zł
7. Creamy tomato soup with almond flakes	8 zł

## Home-made Drinks (min. 300ml)

1. Lemonade with mint and lemon 0,3 / 0,5l	5,5 zł / 6,5 zł
2. Freshly squeezed orange or grapefruit juice	9 zł
3. Fresh apple or carrot juice	6 zł
4. Fruit milkshake	6 zł
5. Hot flavoured lemonade (orange / raspberry)	6,5 zł

## Hot Drinks

1. Tea with lemon 250ml / Tea Diamonds 250 ml	4 zł / 5 zł
2. Espresso 40ml / Espresso macchiato 50ml	5,5 zł / 6 zł
3. Coffee 150ml	5 zł
4. Coffee with milk 200ml	5,5 zł
5. Cappuccino * 200ml	6,5 zł
6. Latte macchiato * 300ml	8 zł
7. Hot Chocolate with wipped cream 200ml	6,5 zł
8. Milk / Cocoa 250ml	3,5 zł / 4 zł

\*Flavoured syrups: amaretto, cinnamon, vanilla, caramel, Irish, chocolate

## Cold drinks

1. Water 0,3l	3 zł
2. Pepsi, 7-up, Mirinda 0,3l / 0,5l	4,5 zł / 5,5 zł
3. Pepsi: Light, Max, Twist but. 0,5 l Tonic, Mountain Dew but. 0,5l	6,5 zł
4. Juice: orange, apple, grapefruit, currant,	5 zł
5. Tomato 0,2l	5 zł
6. Lipton Ice Tea (lemon, peach, green) 0,3l	5 zł
7. Rockstar energy drink 0,25l	7,5 zł

## Draught Beer

1. Perła Export 0,3l / 0,5l	5 zł / 6 zł
2. Zwierzyniec 0,3l / 0,5l	6 zł / 7 zł

## Bottle beer

1. Perła Hoppy / Unpasteurized / Strong 0,5l	7 zł
2. Perła Honey 0,5l / Zwierzyniec 0,33l	7,5 zł
3. Perła Porter/ Perła Koźlak 0,33l	8 zł
4. Bestbir regional flavoured beer 0,5l	8,5 zł
5. Mulled beer: raspberry/honey 0,5l	8,5 zł
6. Alcohol-free beer 0,33l	6,5 zł

## House Wine

white or red dry Italy

1. Manekin bottle 100ml / 250ml / 750ml	6,5 / 14,5 / 34 zł
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## Selections wine autumn - winter

white or red

1. Luciente Spain semi - dry 100ml	7 zł
2. Losar Spain semi - sweet 100ml	7,5 zł
3. Rio Alto Portugal dry 100ml	8 zł
4. Vse Chile 100ml	8 zł
5. Traditional mulled wine 200 ml	9,5 zł
6. Mulled white wine with vanilla and orange 200 ml	9,5 zł